



JOSEPH MINUCCI
Director of Athletics

Saint Anthony's High School

275 Wolf Hill Road, South Huntington, New York 11747-1394
631-271-2020 • Fax 631-547-6820 • stanthonyshs.org

Dear Track and Field Coaches and Athletic Directors,

The St. Anthony's High School Developmental Meets have been scheduled and are open for registration. If you are interested in entering your team, please submit/update your roster on Milesplit. Entries will be very limited and are arranged on a first come, first served basis. **Boys and girls will compete at the same time.**

Your athletes will not be permitted to compete if we do not have a PO on file or if the entry fee is not paid. The Entry Fee is \$375/gender/team/meet.

Please email POs to brcthurneau@stanthonyshs.org.

The dates of the Meets are **December 13, January 10, and February 5.**
Additional information can be found below.

Questions can be directed to Mr. Tim Dearie at tdearie@stanthonyshs.org.

Your cooperation is much appreciated. We are grateful for your continued interest in the Developmental Meets and for your support as we attempt to improve and refine the procedures.

Mr. Joseph Minucci

Director of Athletics

Saint Anthony's High School

jminucci@stanthonyshs.org



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Developmental Meet #3 Thursday, February 5, 2026

Doors Open at 3:30 P.M.

Meet rules:

- NO spikes or plastic bottoms (STRICTLY ENFORCED)
- NO Blocks
- NO food or drink in field house or track area
- Plain Water (H₂O) ONLY
- TWO EVENTS PER ATHLETE
- Batons will not be provided (Bring your own)
- Frosh heats follow varsity in all events except relays and WT
- No Chairs on Turf

Track events, first event begins promptly at 4:30 P.M. (final on time)

1. 55m High Hurdles -6FAT NO spikes *frosh boys 36"
2. 3000m/3200m —1section each NO spikes
3. 55m Dash -6sections FAT NO spikes
4. 1000m Run -1 section FAT NO spikes
5. 300m Dash -6FAT in lanes NO spikes
6. 600m Run -3FAT in lanes NO spikes
7. 1500m/1600m - 1section each NO spikes
8. SMR -2sections lanes NO spikes

Field events

NO spikes



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No Weight Throw.

Long Jump (no triple). Three attempts, no final

High Jump, opening height 3'9" girls—4', 4'3", 4'6", 4'8", 4'10" . . .

High Jump, opening height 4'6" boys—4'9", 5', 5'3", 5'6", 5'8" . . .

Pole Vault, opening height 7' for girls and 8' for boys

Shot Put. Three attempts, no final

Entry Fee: \$375/gender/Team/meet

Developmental Meet #3

Thursday, February 5, 2026

Entry Form

Please include with payment.

Entry Fee: \$375/gender/Team/meet

School Name _____

Gender (choose ONLY one): ☐ **Boys** ☐ **Girls**

Coach's Name _____

Check/PO # _____
