# **FALL 2025 TRYOUTS**

# **Registration Begins July 14th Registration Ends August 6th**

- All tryouts are mandatory
- You are not permitted to try out until the Saint Anthony's School Nurses clear you
- All Athletes are expected to have water and any equipment needed. (Football candidates will receive a helmet and shoulder pads)
- Please reach out to head coaches with any questions or concerns

## **BOYS CROSS COUNTRY -**

TRY OUTS ALL GRADES @Sunken Meadow State Park

Monday, August 18th - Friday 22nd 8:00 AM XC Starting Line Head Coach Tim Dearie tdearie@stanthonyshs.org

## **GIRLS CROSS COUNTRY** - no tryouts, walk on

ALL GRADES @Sunken Meadow State Park

Monday, August 18th - Friday 22nd 5:00 PM Park in Lot 1
Head Coach Olivier St. Aude ostaude@stanthonyshs.org

Google Classroom code b2kmmky

## **CREW:**

Both Varsity and Novice = All Grades
Tuesday, August 19 - 20th @St. Anthony's 6:00 PM - 7:30 PM
Thursday, August 21st @Timber Point 6:00 PM - 7:00 PM
Monday, August 25th @Timber Point 7:30 AM - 9:30 AM
Tuesday, August 26th @Timber Point 7:30 AM - 9:30 AM

Please make sure you wear sneakers every day and have croc type shoes for Timberpoint. Bring sunscreen and bug spray for Timberpoint.

Head Coach Jaclyn Weber-Cantrell <u>jweber-cantrell@stanthonyshs.org</u>

Google Classroom Code fngx4tc

## **CHEERLEADING - Student Center**

Follow our Instagram for all season updates: @st.anthonyscheer

Cheerleaders are athletes who perform cheers, stunts, tumbling, and dances at games and can be seen practicing diligently throughout the year, including the Summer months. Cheerleading is both a Fall and Winter sport with tryouts for each season. We cheer at all home football and basketball games, some away games, and championship games. Attendance at all games is mandatory! In addition, all three teams attend Catholic league competitions; varsity also attends UCA regionals and nationals.

#### St. Anthony's cheer program has three teams:

- Freshman–grade 9 only; dance/jump skills required. Cheer/stunt/tumbling recommended. Beginner level stunts.
- Junior Varsity–grades 9-11; dance/jump/cheer/advanced stunt skills required. Tumbling is preferred and highly recommended.
- Varsity–grades 9-12; double jumps/elite stunts/sharp motions and dancing required. Tumbling required to be on a varsity competition mat.

**ALL TRYOUT DAYS ARE MANDATORY.** At the time of tryouts, each group of 4-5 athletes will show their skills (dance, cheer, jumps, stunts & tumbling). Placement on a team is based on score as well as cheer position needed. For each tryout day...

- Wear a white t-shirt (no tank tops), black shorts, socks and sneakers/cheer sneakers.
- Hair MUST be pulled back in a high ponytail.
- Nails must be cut short.
- NO JEWELRY!
- NO GUM CHEWING!

In preparation for the tryout and potentially making the team, running, stretching, and conditioning should be the norm throughout the Summer months. Friar Sports Cheerleading Camp held July 21 - 24 (3-8pm) is a great opportunity to learn St. Anthony's cheers and prepare for the tryout in advance! It also gives incoming Freshmen an opportunity to meet other Freshmen and build lasting friendships before the school year begins.

#### MONDAY, AUGUST 18:

(2:00 PM - 6:00 PM) ALL GRADES

Learn a cheer and dance, practice stunting, jumps, and tumbling skills.

#### TUESDAY, AUGUST 19:

(2:00 PM - 4:00 PM) ALL GRADES - Review what was learned the previous day. (4:30 PM - Until) Varsity team tryouts. If not trying out for varsity, you can leave at 4pm. \*\*Athletes will be informed via email Tuesday evening if they make Varsity

### WEDNESDAY, AUGUST 20:

\*\*Varsity day off!\*\*

(1:00 PM - 4:00 PM) JV team tryouts

(4:00 PM - Until) Freshman team tryouts

\*\*Athletes will be informed via email Wednesday evening if they make JV or Freshman teams.

## THURSDAY, AUGUST 21:

2:00 PM - 5:00 PM ALL 3 TEAMS PRACTICE

#### FRIDAY, AUGUST 22:

2:00 PM - 5:00 PM VARSITY PRACTICE

Contact Coach LoPresti with questions at alopresti@stanthonyshs.org

## **FOOTBALL**

## JV and Varsity

Wednesday, August 13th @ Saint Anthony's Auditorium 8:00 AM Our Google Classroom contains the schedule for the entire preseason.

#### Varsity/JV Google Classroom Code: q6t52t5

Head Coach Joseph Minucci

JV Head Coach Keith Maurino

jminucci@stanthonyshs.org
kmaurino@stanthonyshs.org

**Freshmen** 

Monday 8/18 Meet in the auditorium 8:00 AM

Practice Front Field 9:00-11:00 AM

Tuesday 8/20 - Saturday 8/24 8:00 AM -10:00 AM

Head Coach Matt Boffoli mboffoli@stanthonyshs.org

Google Classroom Code: 77jcgnjp

# **GIRLS SOCCER** Google classroom code pqn5sql

Tryouts will take place from 8/18 - 8/20.

All selected players are expected to attend practice every day starting August 21.

Monday, August 18th

**VARSITY** 10:30 - 12:30 PM (Back Field) **FRESHMEN AND SOPHOMORES** 2:30 - 4:00 PM (Front Field)

<sup>\*\*</sup>Emails will also be sent to those that do not make a team for the Fall season.

Tuesday, August 19th

VARSITY 10:30 - 12:30 PM (Back Field) FRESHMEN AND SOPHOMORES 2:30 - 4:00 PM (Front Field)

Wednesday, August 20th

**VARSITY** 10:30 - 12:30 PM (Back Field) **FRESHMEN AND SOPHOMORES** 3:30 - 5:00 PM (Front Field)

Thursday, August 21st Practice Begins

**VARSITY** 10:30 - 12:30 PM (Back Field) **FRESHMEN AND SOPHOMORES** 3:30 - 5:00 PM (Front Field)

For tryouts please wear a white T-shirt with your name printed on the back. Please bring shin guards, cleats, running shoes, water, and a ball.

Head Varsity Coach Scott Carey scarey@stanthonyshs.org

### **BOYS SOCCER**

Please wear a white T-shirt with your name printed on the back. Have shin guards, cleats, running shoes, water, and a ball each day.

Monday, August 18th	Back Field
FRESHMEN	3:00 - 4:30 PM
SOPHOMORES	4:30 - 6:00 PM
VARSITY	6:00 - 7:30 PM

Tuesday, August 19th	Back Field
FRESHMEN	3:00 - 4:30 PM
SOPHOMORES	4:30 - 6:00 PM
VARSITY	6:00 - 7:30 PM

Wednesday, August 20th	Back Field
FRESHMEN	3:00 - 4:30 PM
SOPHOMORES	4:30 - 6:00 PM
VARSITY	6:00 - 7:30 PM

The Boys Soccer Program has a long and proud tradition of excellence. We seek student athletes with character, determination, and the heart and desire to be the best on and off the pitch.

Our coaching staff is committed and dedicated to fielding teams that will go on to compete at the highest levels. We are very excited about the upcoming 2025 Fall Season and urge you all to be prepared for tryouts – physically and mentally.

To wear the Black & Gold and compete at this highest level requires you to report to tryouts game fit. By now, each player should be working out with and without the ball. You must be present for tryouts to be eligible to participate on our soccer teams.

Please be prepared, and report 30 minutes before your actual tryout time. Please wear a white t-shirt with your name printed on the back. Please bring shin guards, soccer shoes, running shoes, and water to last you for each tryout session.

\*Please note: If you make one of our teams, preseason training sessions will begin on August 21st and continue until the start of school. Good luck to all of you, and I look forward to seeing you on August 18,19, and 20.

Head Varsity Coach Don Corrao

dcorrao@stanthonyshs.org

## **GIRLS VARSITY SWIMMING TRYOUTS**

All Tryouts take place at Half Hollow Hills Natatorium 1/2 mile east of St. Anthony's on Wolf Hill Road.

The Natatorium is the stand alone building at the back of the parking lot next to the red track.

## **Returning Varsity Swimmers** (last year's 2024 team)

Tuesday, August 26th 6:00 - 7:00 AM

### All new swimmers in all grades

\*\*Tuesday, September 2nd 6:00 - 7:00 AM

Head Coach Dan McBride dmcbride@stanthonyshs.org

# **GIRLS TENNIS** @Terry Farrell Park

All grades

Dates are Mandatory -

Tuesday, August 25th -28th

3:00 - 5:00 PM

# GIRLS VOLLEYBALL TRYOUTS - Google Classroom Code: ztb6ogx

You MUST attend all dates in order to be considered

Please check out the google classroom for additional information.

Head Coach Donna Newman dnewman@stanthonyshs.org

#### Monday, August 18th

10th, 11th and 12th graders 9:00 -11:00 AM arrive by 8:30 AM

9th Graders 11:30 - 1:30 PM Arrive in the gym by 11 AM

Tuesday, August 19th

10th, 11th and 12th graders 9:00 -11:00 AM arrive by 8:30 AM 9th graders (Some Sophomores will be in this group) 4:30 - 6:30 PM arrive by 4 PM

Wednesday, August 20th

9th graders and some of the sophomores 4:30 - 6:30 PM arrive by 4 PM