

FALL 2024 TRYOUTS
Registration Begins July 15th
Registration Ends August 4th
<https://studentcentral.bigteams.com/>

- **All tryouts are mandatory**
- **You are not permitted to try out until the Saint Anthony's School Nurses clear you**
- **All Athletes are expected to have water and any equipment needed. (Football candidates will receive a helmet and shoulder pads)**
- **Please reach out to head coaches with any questions or concerns**
- **Future updates and team schedules can be found at Friarathletics.org**

BOYS CROSS COUNTRY - no tryouts, walk on
ALL GRADES @Sunken Meadow State Park
Monday, August 19th - Friday 23rd
Head Coach Tim Dearie

8:00 AM XC Starting Line
tdearie@stanthonyshs.org

GIRLS CROSS COUNTRY - no tryouts, walk on
ALL GRADES @Sunken Meadow State Park
Monday, August 19th - Friday 23rd
Head Coach Olivier St. Aude
Google Classroom code b2kmmky

5:00 PM Park in Lot 1
ostaude@stanthonyshs.org

CREW:

Both Varsity and Novice = All Grades
Monday, August 19 - 21st @St. Anthony's
Thursday, August 22nd @Timber Point
Monday, August 26th - 27th @Timber Point

6:00 PM - 7:30 PM
8:00 AM - 9:30 AM
7:30 AM - 9:30 AM

Please make sure you wear sneakers every day and have croc type shoes for Timberpoint.
Bring sunscreen and bug spray for Timberpoint.

Head Coach Jaclyn Weber-Cantrell jweber-cantrell@stanthonyshs.org

Google Classroom Code fngx4tc

CHEERLEADING: Google Classroom Code prx455a

Cheerleaders are athletes who perform cheers, stunts, tumbling, and dances at games and can be seen practicing diligently throughout the year, including the Summer months.

Cheerleading is both a Fall and Winter sport with tryouts for each season. St. Anthony's cheer program has three teams: Freshman, Junior Varsity, and Varsity. Each team cheers at home (and some away) football games, home basketball games, and championship games. Attendance at all games is mandatory! In addition, all three teams attend competitions against other Catholic school cheer teams!

Open to all grade levels and attendance at tryouts is mandatory! Freshman team is only freshman students; JV can be freshman, sophomores, and juniors; Varsity can be made up of all grade levels.

At tryouts...

- Wear a white t-shirt, (no tank tops), black shorts, socks and sneakers/cheer sneakers.
- Hair **MUST** be pulled back in a high ponytail.
- Nails must be cut short.
- **NO JEWELRY!**
- **NO GUM CHEWING!**

MONDAY, AUGUST 19:

2:00PM - 6:00PM ALL GRADES

Learn a cheer and a dance, practice stunting, jumps, and tumbling skills.

TUESDAY, AUGUST 20:

2:00PM - 4:00PM ALL GRADES - Review what was learned the previous day.

4:30PM ~ 6:30PM - Varsity team tryouts. (If not trying out for varsity, you may go home at 4pm for the day)

***Athletes will be informed via email Tuesday evening if they make Varsity*

WEDNESDAY, AUGUST 21:- Updated

Varsity day off!

1:00PM ~ 4:00PM JV team tryouts

4:00PM ~ 6:30PM Freshman team tryouts

***Athletes will be informed via email Wednesday evening if they make JV or Freshman teams.*

***Emails will also be sent to those that do not make a team for the Fall season.*

THURSDAY, AUGUST 22:

2:00PM - 5:00PM ALL 3 TEAMS PRACTICE

At the time of tryouts, each group of 4-5 athletes will show what they learned (dance, cheer, jumps, stunts & tumbling). Cheerleaders will be scored by the judges/coaches on their skills, and based on score as well as cheer position needed, they will be chosen for teams. Prior cheer and stunting experience are highly recommended (but not required to make it onto the freshman team).

Athletes will be informed via email Tuesday night 8/20 if they made the varsity team and Wednesday night 8/21 if they made the JV or freshman teams. Emails will also be sent to athletes that do not

make a team for the Fall season. All Varsity athletes must attend a UCA camp on Saturday 8/24 and Sunday 8/25. Freshman/JV athletes that make a team are required to attend a cheer clinic/practice on Thursday 8/22 and Friday 8/23. Location and times TBD.

In preparation for the tryout and potentially making the team, running, stretching, and conditioning should be the norm throughout the Summer months. Friar Sports Cheerleading Camp held July 29 - Aug 1 is a great opportunity to learn St. Anthony's cheers and prepare for the tryout in advance! It also gives incoming Freshman an opportunity to meet other Freshman and build lasting friendships before the school year begins.

Contact Coach LoPresti for questions at alopresti@stanthonyshs.org

FOOTBALL

JV and Varsity

Wednesday, August 14th @ Saint Anthony's Auditorium 8:00 AM

Our Google Classroom contains the schedule for the entire preseason.

Varsity/JV Google Classroom Code: q6t52t5

Head Coach Joseph Minucci

jminucci@stanthonyshs.org

Freshmen

Monday 8/19

Meet in the auditorium
Practice Front Field

2:00 PM - 4:30 PM

Tuesday 8/20 - Saturday 8/24

8:00 AM - 10:00 AM

Freshmen Football Google Classroom Code: c4avzse

Head Coach Brendan Schroeder

bschroeder@stanthonyshs.org

GIRLS SOCCER

Google classroom code pqn5sql

Tryouts will take place from 8/19 - 8/21.

All players selected are expected to be at practice every day starting 8/22.

Monday, August 19th

Varsity

10:30 - 12:30 PM (Back Field)

FRESHMEN AND SOPHOMORES

2:30 - 4:00 PM (Front Field)

Tuesday, August 20th

Varsity

10:30 - 12:30 PM (Back Field)

FRESHMEN AND SOPHOMORES

2:30 - 4:00 PM (Front Field)

Wednesday, August 21st

Varsity

10:30 - 12:30 PM (Back Field)

FRESHMEN AND SOPHOMORES

3:30 - 5:00 PM (Front Field)

Thursday, August 22nd Practice Begins

Varsity

10:30 - 12:30 PM (Back Field)

Freshmen and Sophomores

3:30 - 5:00 PM (Front Field)

For tryouts please wear a white T-shirt with your name printed on the back.

Please bring shin guards, cleats, running shoes, water, and a ball.

Head Varsity Coach Scott Carey

scarey@stanthonyshs.org

Boys Soccer

Please wear a white T-shirt with your name printed on the back.

Have shin guards, cleats, running shoes, water, and a ball each day.

Monday, August 19th

Freshmen

Back Field

3:00 - 4:30 PM

Sophomores

4:30 - 6:00 PM

Varsity

6:00 - 7:30 PM

Tuesday, August 20th

Freshmen

Back Field

3:00 - 4:30 PM

Sophomores

4:30 - 6:00 PM

Varsity

6:00 - 7:30 PM

Wednesday, August 21st

Freshmen

Back Field

3:00 - 4:30 PM

Sophomores

4:30 - 6:00 PM

Varsity

6:00 - 7:30 PM

Gentlemen,

The Boys Soccer Program has a long and proud tradition of excellence. We seek student athletes with character, determination, and the heart and desire to be the best on and off the pitch.

Our coaching staff is committed and dedicated to fielding teams that will go on to compete at the highest levels. We are very excited about the upcoming 2024 Fall Season and urge you all to be prepared for tryouts – physically and mentally.

To wear the Black & Gold and compete at this highest level requires you to report to tryouts game fit. By now, each player should be working out with and without the ball.

You must be present for tryouts to be eligible to participate on our soccer teams.

Please be prepared, and report 30 minutes before your actual tryout time. Please wear a white t-shirt with your name printed on the back. Please bring shin guards, soccer shoes, running shoes, and water to last you for each tryout session.

*Please note: If you make one of our teams, preseason training sessions will start on August 22nd and continue until school starts.

Good luck to all of you, and I look forward to seeing you on August 19, 20, 21.

Head Varsity Coach Don Corrao

dcorrao@stanthonyshs.org

GIRLS VARSITY SWIMMING TRYOUTS 2024

All Tryouts take place at Half Hollow Hills Natatorium,
1/2 mile east of St. Anthony's on Wolf Hill Road.

The Natatorium is the stand alone building at the back of the parking lot next to the red track.

Returning Varsity Swimmers (last year's 2023 team)

Tuesday, August 27th

6:00 - 7:00 AM

All new swimmers in all grades

**Tuesday, September 3rd

6:00 - 7:00 AM

Head Coach Dan McBride dmcbride@stanthonyshs.org

GIRLS TENNIS @Terry Farrell Park

All grades

Dates are Mandatory - **updated**

Tuesday, August 20th, 21, 22, & 23rd

3:00 - 5:00 PM

GIRLS VOLLEYBALL TRYOUTS

You MUST attend all dates in order to be considered

All tryout information will be posted on Google Classroom

Code: ztb6ogx

Head Coach Donna Newman dnewman@stanthonyshs.org

Monday, August 19th

10th, 11th and 12th graders

9:00 -11:00 AM arrive by 8:30 AM

Monday, August 19th

9th graders

4:30 - 6:30 PM arrive by 4 PM

Tuesday, August 20th (first round of cuts will be made that evening)

10, 11th and 12th

9:00 -11:00 AM

9th graders and some of the sophomores

4:30 -6:30 PM

Wednesday, August 21st

Varsity practice will be

8:30 - 3:00 PM

JV Final tryouts

4:00 - 6:00 PM

Thursday, August 22nd

First practice for JV & Varsity practice

8:30 - 3:00 PM