

2022-23 WINTER TRYOUTS

Registration will begin Oct. 11th for Winter Sports
Students must have everything completed by Nov. 7th

<https://studentcentral.bigteams.com/>

Girls Basketball in the SA Gymnasium

Friday Nov 11: Varsity 2:00 - 4:00 PM
JVA/JVB: 4:00 - 6:00 PM

Saturday Nov 12: Varsity 8:00 - 10:00 AM
JVA/JVB 10:00 - 12:00 PM

Monday Nov 14: Varsity 5:00 - 7:00 PM
JVA/JVB 3:00 - 5:00 PM

Head Coach Hugh Flaherty hflaherty@stanthonyschools.org

Boys Basketball: in SA Gymnasium

Friday Nov 11: Varsity 8:00 - 10:15 AM
JV 10:00 - 12:00 PM
Frosh 12:00 - 2:00 PM

Saturday Nov 12: Varsity 12:00 - 2:15 PM
JV 2:15 - 4:00 PM
Frosh 4:00 - 6:00 PM

Monday Nov 14: JV 3:00 - 5:00 PM
Frosh 3:00 - 5:00 PM

***All athletes arrive 20 minutes before your 1st tryout time to register**

***All Fall athletes may tryout AFTER their seasons have ended**

*First Varsity Practice Sunday Nov 13th 12:00 PM

Head Coach Sal Lagano slagano@stanthonyschools.org

Bowling Girls and Boys - at Bowlero (Melville)

Wednesday November 16th - Friday Nov. 18 3:00 - 5:00 PM

Monday November 21st 3:00 - 5:00 PM

Transportation will be provided to and from the school if needed

Boys Head Coach Chuck Menzer cmenzer@stanthonyschools.org

Girls Head Coach Deborah Fahey dfahey@stanthonyschools.org

Cheerleading Competition Team - Student Center

Monday, October 17th 3:00 PM- 5:00 PM (learn cheer and stunts)

Tuesday, October 18th 3:00 PM - Until Finished (Tryouts)

Head Coach Alysse LoPresti Alopresti@stanthonyschools.org

Boys Swimming - Half Hollow Hill Natatorium West

SpringBoard Friday Oct. 21st 8:00 PM

Swimming Thursday Oct. 27th 6:00 AM

Head Coach Dan McBride dmcbride@stanthonyschools.org

[Google Classroom code gfm2dkh](#)

Boys Winter Track - Student Center

****INFORMATIONAL MEETING - THURSDAY NOV. 10th (updated)**

Practice begins Nov 14th at 2:50 PM.

Head Coach Tim Dearie tdearie@stanthonyschools.org

Girls Winter Track - Student Center

Practice begins Nov. 14th 2:50 PM Student Center bleachers

Head Coach Olivier St. Aude ostaude@stanthonyschools.org

[Google classroom code b2kmmky](#)

WRESTLING - Wrestling room in the Student Center

Informational meeting Thursday Oct. 13th 4:00 PM in the wrestling room.

First Practice Friday Nov. 11, 10:00 AM - Bring running shoes

Head Coach Tony Walters twalters@stanthonyschools.org