

FALL 2022 TRYOUTS
Registration Begins July 18th
Registration Dead Line August 18th
<https://www.planeths.com/>

**You are not allowed to tryout until you are cleared by the
Saint Anthony's School Nurse**

BOYS CROSS COUNTRY

ALL GRADES @Sunken Meadow State Park
Monday August 22nd - Friday 26th
Head Coach Tim Dearie

8:00 AM XC Starting Line
tdearie@stanthonyshs.org

GIRLS CROSS COUNTRY

ALL GRADES @Sunken Meadow State Park
Monday August 22nd - Friday 26th
Head Coach Olivier St. Aude

5:00 PM Park in Lot 1
ostaude@stanthonyshs.org

CHEERLEADING - <https://friarathletics.org/admin/headlines> (click link for full details)

Attendance at tryouts is mandatory!

Cheerleaders are athletes that perform cheers, stunts, tumbling, and dances at games and can be seen practicing diligently throughout the year, including Summer months. Cheerleading is both a Fall and Winter sport with tryouts for each season.

- Wear a white t-shirt, (no tank tops), black shorts, socks and sneakers/cheer sneakers.
- Hair **MUST** be pulled back in a high ponytail.
- Nails must be cut short.
- **NO JEWELRY!**
- **NO GUM CHEWING!**

MONDAY, AUGUST 22 IN THE STUDENT CENTER

3:00PM - 7:00PM ALL GRADES

ALL prospective cheerleaders will learn a cheer and a dance, practice stunting, jumps, and tumbling skills.

TUESDAY, AUGUST 23 IN THE STUDENT CENTER

3:00PM - 5:00PM ALL GRADES - Review what was learned the previous day.

5:00PM - 7:00PM - Varsity Tryouts (if not trying out for varsity, you may go home at 5pm for the day)

WEDNESDAY, AUGUST 24 IN THE STUDENT CENTER

3:00PM - 7:00PM JV and Freshman tryouts

Head Varsity Cheer Coach Alysse LoPresti

alopresti@stanthonyshs.org

CREW updated:

Both Varsity and Novice = All Grades

Monday August 22 - 25th at St. Anthony's 6 -7:30 PM

Monday August 29th - 31st (tentatively at Timber Point) 5-6:30 PM

(conformation of this will be found in the google classroom)

New Head Coach Jaclyn Weber-Cantrell

jweber-cantrell@stanthonyshs.org

Google Classroom Code [fngx4tc](#) - for more details

FOOTBALL

JV and Varsity

Wednesday August 17th.

8:00 AM

Please meet in the Saint Anthony's Auditorium

JV Google Classroom Code 6hx2ofa

Head Coach Pete Rizzo

prizzo@stanthonyshs.org

Varsity Google Classroom Code: q6t52t5

Head Coach Joseph Minucci

jminucci@stanthonyshs.org

Freshmen

Monday August 22nd

2:15 PM

Meet in the auditorium

Practice Front field

3 - 5:30 PM

Google Classroom Code [r5rzizv](#) for additional information

Head Coach Brendan Schroeder

bschroeder@stanthonyshs.org

GIRLS SOCCER

Please wear a white T-shirt each day with name printed on back. Have shin guards, cleats, running shoes, water and a ball each day.

Monday Auguts 22nd

@Metzger Field

Varsity

10:00 - 11:30 AM

FRESHMEN AND SOPHOMORES

12:00 - 1:30 PM

Tuesday August 23rd

@Cy Donnelly

Varsity

12:30 - 2:00 PM

FRESHMEN AND SOPHOMORES

2:00 - 3:30 PM

Wednesday August 24th

@Cy Donnelly

FRESHMEN AND SOPHOMORES

5:00 - 6:30 PM

Varsity Wednesday August 24th

6:30 - 8:00 PM

ALL Thursday August 25th

Time TBD @Metzger Field

Head Varsity Coach Sue Alber

salber@stanthonyshs.org

BOYS SOCCER

Please wear a white T-shirt each day with name printed on back. Have shin guards, cleats, running shoes, water and a ball each day.

Monday August 22nd

FRESHMEN

SOPHOMORES

VARSITY

@Cy Donnelly

3:30 - 5:00 PM

5:00 - 6:30 PM

6:30 - 8:00 PM

Tuesday August 23rd

FRESHMEN

SOPHOMORES

VARSITY

@Cy Donnelly

3:30 - 5:00 PM

5:00 - 6:30 PM

6:30 - 8:00 PM

Wednesday August 24th

VARSITY

SOPHOMORES

FRESHMEN

@Cy Donnelly

10:00 - 11:30 AM

12:45 - 2:15 PM

2:15 - 3:45 PM

Gentlemen,

The Boys Soccer Program has a long and proud tradition of excellence. We seek student athletes with character, determination, and the heart and desire to be the best on and off the pitch.

Our coaching staff is committed and dedicated to fielding teams that will go on to compete at the highest levels. We are very excited about the upcoming 2022 Fall Season, and urge you all to be prepared for tryouts – physically and mentally.

To wear the Black & Gold, and to compete at this highest level requires that you report to tryouts game fit. By now, each player should be working out with and without the ball. If you are not present for tryouts, you will not be eligible to participate on our soccer teams. Please be prepared, report 30 minutes before your actual tryout time. Please wear a white t-shirt with your name printed on the back. Please bring shin guards, soccer shoes, running shoes, and water to last you for each tryout session.

Please note: If you make one of our teams, preseason training sessions will start on August 25th and continues to the start of school.

Good luck to all of you and I look forward to seeing you on August 22, 23, 24.

Head Varsity Coach Don Corrao

dcorrao@stanthonyshs.org

GIRLS SWIMMING **updated info

All Tryouts take place at Half Hollow Hills Natatorium

Returning Varsity Swimmers

Tuesday August 30th 6:00 AM

All new swimmer in all grades

**Tuesday September 6th 6:00 AM

Head Coach Dan McBride

dmcbride@stanthonyschools.org

GIRLS TENNIS

****GIRLS TENNIS TRYOUTS ARE SUBJECT TO CHANGE****

All Grades @Terry Farrell Park

Monday August 29th - Wednesday August 31st

3:00 - 5:00 PM

Head Coach Curtis Mccalla

cmccalla@stanthonyschools.org

VOLLEYBALL

All tryouts take place in St. Anthony's Gymnasium

Freshman

Monday August 22nd and Tuesday 23rd

9:00 AM - 11:00 AM

Final cut on Wednesday August 24th Practice to follow

Time TBD

Sophomores, Juniors and Seniors

Monday August 22nd

11:45 AM - 2:00 PM

Tuesday August 23rd

11:00 AM - 1:00 PM

Final cuts will be made on Tuesday

Mandatory team practice Wednesday 24th

3:00 - 6:00 PM

Head Coach Donna Newman

dnewman@stanthonyschools.org

Google Classroom code - Ztb6ogx

- **All Athletes are expected to have their own water and any equipment needed. (Football candidates will receive a helmet and shoulder pads)**
- **All tryouts are mandatory**
- **Please reach out to head coaches with any questions and concerns**
- **You are not permitted to try out until you are cleared by the Saint Anthony's School Nurse**