



01 | 2022

FriarFocus

SAINT ANTHONY'S HIGH SCHOOL DEVELOPMENTAL ALUMNI MAGAZINE



The best way to predict the future is to create it.

The New Business & Entrepreneurship Center

ADMISSIONS ISSUE



Cover Story

The new Saint Anthony's Business & Entrepreneurship Center opened its doors in September 2021. A unique business program with a rigorous curriculum is now in motion, and its goal is to develop future business leaders of tomorrow. Our faculty is dedicated to creating career momentum for students through real-world, applicable education focused on preparing them for college and the workforce. In addition to the curriculum, the cornerstones of the Center will be its dynamic collaborations and partnerships with leading programs, companies, institutions of higher learning, and our alumni; who are deeply committed

and dedicated to make industry connectivity a distinguishing characteristic of the Business & Entrepreneurship Center.

Dates to Remember

January 7, 2022 – National Honor Society Variety Show

January 7 – 8, 2022 – Winter Art Show

March 11, 2022 – Junior Ring Day

March 16, 2022 – Mothers' Guild Fashion Show

March 31 – April 2, 2022 – Spring Musical

April 9, 2022 – Fathers' Guild Father/Daughter Mass and Dance

April 29 – 30, 2022 – Spring Concert

April 29 – 30, 2022 – Spring Art Show

May 2, 2022 – 32nd Annual Saint Anthony's Golf Classic

May 7, 2022 – 50th Annual Saint Anthony's Track & Field Invitational

June 3, 2022 – Graduation Mass

June 4, 2022 – Commencement Exercises

June 13, 2022 – Feast of Saint Anthony

Administration

Brother David Anthony Migliorino, O.S.F.
Principal

Mr. Paul Washington
Dean of Faculty
Director of Studies

Brother Joshua DiMauro, O.S.F.
Assistant Principal
Dean of Student Activities
Prefect of Discipline for Freshmen

Mr. Robert Arrigo
Assistant Principal
Dean of Men

Dr. Christina D. Buehler '90
Assistant Principal
Dean of Women

Friar Focus Publication Team

Mr. Don A. Corrao
Director of Development

Ms. Denise Creighton
Director of Alumni

Mrs. Anne McShane
Assistant to the Principal

Ms. Ann Lucido
Assistant to the Director of Development

Mr. Ray O'Connor '70
Ray O'Connor Photography
Contributing Photographer

Lucido+Koulian+Schmitt
Design and Production

2021 – 2022 Board of Trustees

Very Reverend Brother Gabriel O'Brien, O.S.F.
Superior General of the Franciscan
Brothers of Brooklyn
Chairman

Brother Damian Novello, O.S.F.
Assistant Superior General

Hon. W. Gerard Asher

Ms. Judith Burke-Berhannan

Brother Richard Contino, O.S.F.

Brother Leonard Conway, O.S.F.

Mr. Robert Coughlan

Mrs. Jenise Craig

Brother Joshua DiMauro, O.S.F.

Dr. John Folan '75

Mrs. Gigi Lamens

Terence Meyer, Esq. '74

Brother David Anthony Migliorino, O.S.F.

Mrs. Susan O'Shea

Mr. Richard Pelosi



From the Desk of Brother David

Dear Families, Alumni, Friends, Students but most of all, the Class of 2026,

Greetings, it is so wonderful to Welcome all of you to another wonderful edition of our FRIAR FOCUS. I am very happy to share this edition with you and give a FRIAR WELCOME TO THE MEMBERS OF THE CLASS OF 2026.

As our newest Friars, you have entered a School where Faith, Family, Fundamentals, Fun and your Future will all play an important part of your life here at Saint Anthony's High School.

Last year at this time, our school was fully opened and we met every challenge that was placed before us with Pride, Grace and Dignity. This past September we opened our doors to over 2300 students who were excited and happy to come home and make the school year special for everyone.

Here at Saint Anthony's, the tradition of Spirituality rooted in Franciscan Values has afforded us so many wonderful opportunities to express our Faith in prayer with special retreats, liturgies and service to one another along with our local and global communities.

Our Academic success has at its core the Fundamentals of a Sound Catholic Educational Curriculum. This year we not only enhanced all of our subject matter but also opened our New Business and Entrepreneur Center. In addition, we have enhanced our Academic Empowerment Program by offering a Mentorship program to the students.

The school's athletic and extracurricular program continue to grow and we show our Friar Pride and Spirit in every Sport, the Arts, and clubs all designed to provide a well-rounded education for every student.

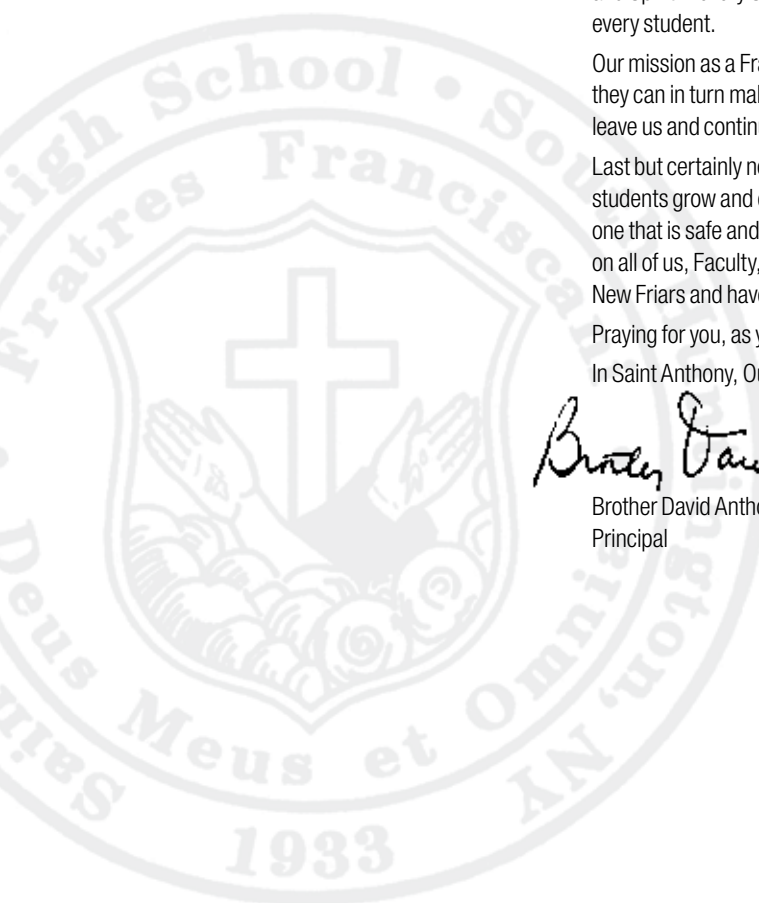
Our mission as a Franciscan Catholic School is to provide our students with a solid foundation so that they can in turn make the Future a better place. I am so proud to say that our graduates excel after they leave us and continue to spread the Mission of Saint Anthony's High School to the world.

Last but certainly not least, this is a FUN PLACE. It is a place where we have the privilege of seeing students grow and enjoy their years here at school; it is a place where every child can find a home: one that is safe and most welcoming. As Principal, I thank God each day for the grace He has bestowed on all of us, Faculty, Staff, Students, Parents, Alumni and Benefactors. I cannot wait to meet YOU my New Friars and have you leave your mark here in Friarland.

Praying for you, as you for me,

In Saint Anthony, Our Patron

Brother David Anthony Migliorino, OSF
Principal



WELCOME

Saint Anthony's High School Campus

- 1 Grotto
- 2 9/11 Memorial
- 3 The William & Christine Entenmann Science Center
- 4 St. Francis Hospital Medical Education Laboratory
- 5 Innovation Center
- 6 Academic Wing
- 7 Chapel of Our Lady of the Angels
- 8 Auditorium
- 9 Student Center
- 10 Sports Medicine Center
- 11 Archie DeMarco Baseball Field
- 12 Cy Donnelly Field
- 13 Richie Reichert Athletic Complex
- 14 Charlie McLaughlin Field
- 15 James C. Metzger Stadium
- 16 Brother James McVeigh, O.S.F. Retreat & Kolbe Center
- 17 New Business & Entrepreneurship Center



FRIAR

CLASS 2026





The health care ministry of the
Diocese of Rockville Centre

Catholic Health

is a proud sponsor of

Saint Anthony's High School

As Long Island's Catholic health care system we have a special relationship with Saint Anthony's High School.

Not only because of our shared sense of mission, but because Saint Anthony's is the only high school in our region with a medical education laboratory.

In fact, it is named after our flagship hospital, St. Francis Hospital & Heart Center®.

Thank you, Saint Anthony's for exposing students to the wonders and immense possibilities of medicine and surgery.

Together, we are shaping the doctors of tomorrow.

Mission

We, at Catholic Health, humbly join together to bring Christ's healing mission and the mission of mercy of the Catholic Church expressed in Catholic health care to our communities.



A Message from the Director of Development

Dear Friar Nation,

I recently attended a Retreat that provided me with the inspiration to write this message to all of you: alumni, current parents, past parents, grandparents and friends of Saint Anthony's High School.

The presentation at the Retreat focused on several ways that Jesus, Himself, lived His life, some of His teachings and some things that He imparted to us by example with the hope we would follow.

1. Jesus was passionate about his calling – as Director of Development I believe that I am very passionate about my duties, and responsibilities in furthering the mission of Saint Anthony's High School. It is my fervent hope that you all will be passionate about ***your Saint Anthony's experience, your involvement, and your financial support of our extraordinary school.***

2. Jesus gave people a vision – at Saint Anthony's we are committed to delivering a vision that presents new and exciting opportunities for our students in order to maintain a robust enrollment and distinguish Saint Anthony's from all others. I sincerely hope that ***you share in our vision and are committed to making Saint Anthony's the best Catholic and Franciscan High School it can be.***

3. Jesus loved the seed rather than the bouquet – what a wonderful way to sum up the essence of giving to Saint Anthony's. Mother Teresa took it a step further when she said: "Not all of us can do great things. But we can do small things with great love." I sincerely ***hope that this will resonate with you as we, as a school, need to increase the percentage of participation from our alumni, parents, past parents, grandparents, and friends.***

4. Jesus gave everyone something to remember – on behalf of the administration, faculty, staff and coaches, ***we hope that your time at Saint Anthony's was/is filled with wonderful moments, and cherished memories.***

May God bless you and your family, and may He keep you all in the palm of His hand.

Sincerely,

Don Corrao



A Message from the Alumni Director

Dear Friars,

Happy 2022! I am overjoyed that 2021 is here and gone! We are thrilled to welcome our incoming Freshmen - the Class of 2026! Great things lie ahead, freshmen, and I hope you are open to experiencing every single aspect of this great school.

Although it was a rough year, it was also filled with many joyous and memorable moments. Covid had nothing on our Friars! We are truly blessed by a Student Activities team that was determined to adapt all of our usual events. Thank you especially to Brother Joshua DiMauro and Mr. Christopher Farrell for maintaining some sense of normalcy amid the chaos of the year! Proms, graduation, drive-in movies, Chorus and Band concerts, Lockeration, Powder Puff, Senior T Shirt Day and class photo all went on as planned and the kids had the time of their lives.

We were very happy to stay in touch with our Alumni even at the peak of the pandemic. We held Alumni Zoom Book Talks. My favorite was *Catcher in the Rye*! It is amazing to hear how different the adult perspective is from the student perspective. We held Open and Honest Conversations with our Alumni of Color and our Faculty and Administration each month. We maintained communication through social media and I even got to meet a few of our Future Friars via Zoom. In November, we were finally able to gather for reunions from last year and this year which made for a great party! Breakfast with Santa was as fun-filled as usual and the young children of our Alumni were adorable!

Time to move forward now with 2022. 2021 taught us a lot – how much daily interaction means to us, how much we appreciate time with our loved ones, the need for occasional hugs from a friend, the simple joy of sitting and sharing a cup of coffee in a diner, the importance of a strong reliance on God. For me, I learned many lessons and will keep them at the forefront of this year. It is sure to be a fabulous year ahead.

I want to wish you all a Happy New Year and remind you that if there's ever a need I am always available in the Alumni Office. You can always connect with me through phone (631-271-2020 ext. 310), email (dcreighton@stanthonyshs.org) or through social media (Friar Alumni on Facebook). I would love to hear of our Alumni's successes, marriages, job promotions and, of course, about all Future Friars who come into this world! Please keep us updated as to your current physical address and email so that we can be certain you are aware of all the good things happening here at school.

Looking forward to seeing you soon! God Bless!

Friars Forever

Denise Creighton

Our Newest Asset

We are pleased to announce that the Saint Anthony's Business & Entrepreneurship Center opened its doors on Monday, September 13, 2021. The inaugural curriculum for the 2021-2022 academic year includes: Introduction to Business, Marketing, Business and Personal Finance/Financial Literacy, Business Law, AP Macroeconomics, and AP Microeconomics. Planning is underway to introduce two new courses in September 2022 – Data Analytics and Entrepreneurship.

Our Vision: To develop a unique business program that will begin to develop future business leaders of tomorrow. The Saint Anthony's High School Business & Entrepreneurship Center will be dedicated to creating career momentum through real-world, applicable education designed to prepare our students for college and the workforce.

Our Mission: The mission of the Saint Anthony's High School Business & Entrepreneurship Center will be to inspire students who have an expressed interest in business and to empower them to pursue a business discipline in college.

Providing Franciscan Education: As part of a Franciscan, Catholic college preparatory school, the Saint Anthony's High School Business & Entrepreneurship Center will educate each student to realize that God is first, then Faith and Service, and then Academics. In this way, students are challenged to grow spiritually, personally and academically while developing their own core values that will enable them to become responsible people for themselves, their communities and our Nation.

Entrepreneurship: Designed to be an interdisciplinary program, it will present the fundamental concepts of economics necessary to understand the theory and practice of entrepreneurship. The goal is to introduce students to building the foundation skills to identify and develop innovative entrepreneurial mindsets that will help them in organizations they join or start as well as in their personal lives.

Collaborations & Partnerships: The Saint Anthony's High School Business & Entrepreneurship Center has already established relationships with the Barron's in Education Program and the WISE Program Financial Literacy Certification Program.

Saint Anthony's has just partnered with Refinitiv, one of the world's leading sources of intelligent information for business. This dynamic partnership with Refinitiv will allow our Faculty and Students to access broad and differentiated data sets to help them navigate the rapidly changing financial markets, providing the latest insights on global trends, news and events.

Connectivity: One of the most important components of the Saint Anthony's Business & Entrepreneurship Center will be its dynamic collaborations and partnerships with leading programs, companies, institutions of higher learning, and our Alumni; who are deeply committed and dedicated to make industry connectivity a distinguishing characteristic of the Center beginning with an Alumni Mentoring/Network Group. ■

To make a gift online, please visit:
<https://saintanthonysdevelopment.org/make-a-gift/> or please call the Development Office at 631.271.2020 ext. 284. Please make check payable to: Saint Anthony's High School.

The Saint Anthony's High School Business & Entrepreneurship Center

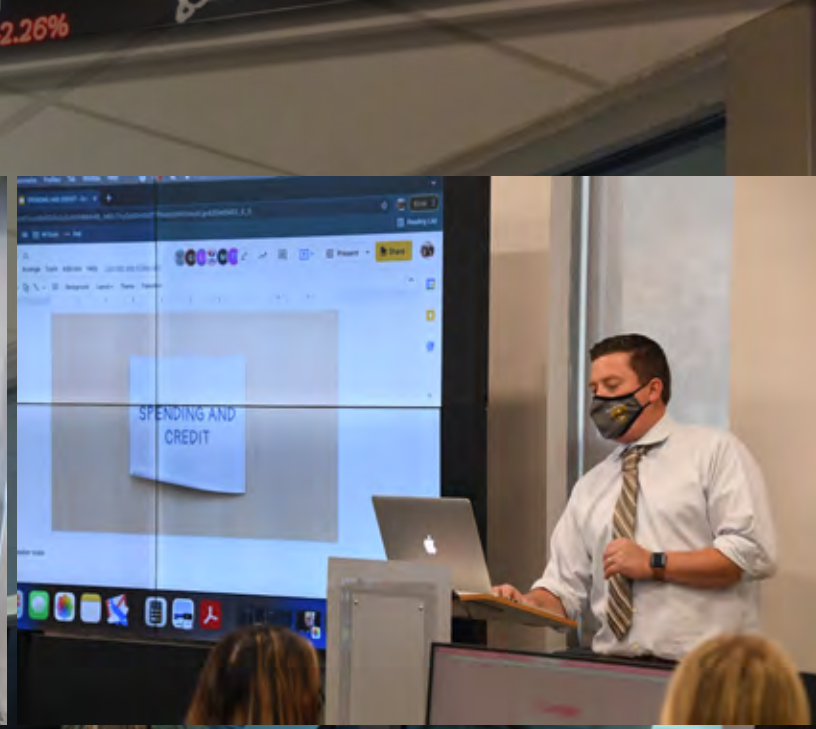
Project Goal: **\$1,000,000**

Total Amount Raised To Date: **\$685,000**

Balance To Be Raised: **\$315,000**

Table of Gifts

Gift/Pledge Level	# of Gifts/Pledges Needed	# of Gifts/Pledges Received
\$100,000	1	1
\$50,000	10	7
\$25,000	4	
\$10,000	9	3
\$5,000	19	2
\$2,500	40	
\$1,000	100	
\$500	100	
\$250	100	





Friars Doing What They Do Best

On November 19th, our Campus Ministry Department and Seniors packed up their cars with food which had been collected by the school for the Annual Food Drive. The food, which was collected throughout the month of November, was distributed to Pronto which services the Brentwood, Bay Shore and Central Islip areas and the St. Hugh of Lincoln's Food Pantry which services the Huntington Station area. Our students did a tremendous job and filled over 40 cars for distribution. Additionally, we were able to restock our own pantry which is used throughout the year for emergency purposes. Our Friars never hesitate to give back to those less fortunate. ■



"Glory to god in the highest, and on earth peace, good will towards men."

Christmas Concert

T If you needed "a little Christmas," and frankly who didn't, then the Saint Anthony's Christmas Concert was the place to be to bring in the holiday season. Sold out performances were treated to such classics as "A Charlie Brown Christmas, White Christmas, Sleigh Ride, I Believe/Ave Maria, Take the "A" Train, Silent Night, O Come All Ye Faithful, Let it Snow, and the Hallelujah Chorus as performed by the Concert Band, Chorus, Orchestra, Symphonic Band, Jazz Band, and the Celtic Friars Bagpipe Band.

Special thanks to Brother Joshua DiMauro, OSF, Mr. Christopher Farrell, Dr. Joshua Perry, Mr. Matthew Oden, Mr. Bruce Engel, Brother Mark Waldmann, OSF, Mr. Michael Saxer, and Mr. Matthew Masciandro for all of their hard work and preparation. ■





59TH ANNUAL ACADEMIC AWARDS

In September 2021, Brother David Anthony Migliorino, O.S.F., Principal, and Mr. Paul Washington, Dean of Faculty and Director of Studies, presided over the 59th Annual Academic Awards Ceremonies at Saint Anthony's High School. Students were recognized for their academic achievements during the prior school year with Saint Bonaventure Certificates and Duns Scotus Certificates. Scholarships were awarded to the five highest-ranking students in each class. The highest ranking student in each class received the Maggie Fischer '00 Memorial Scholarship. The second highest ranking students received the Frank and Frances Lule

Memorial Scholarships. Adam Pomper '11 Scholarships were awarded to the third highest-ranking students. The fourth highest ranking students in each class received the Lieut. Richard L. Brooks Memorial Scholarships. The James and Mary McInerney Family Scholarships and the Msgr. Peter J. Nolan Scholarships were awarded to the fifth highest-ranking student in each class.

In addition, the following named scholarships were awarded: Michael and Margaret Naughton Family Scholarship Award, Major William G. Peters. USMC, Class of 1964, Kings Park Scholarship Awards, Norma Patricia DeGolyer Memorial Scholarship, Bernard K. Meyer, Esq. Memorial Scholarship, Gary William DeSpagna Memorial Scholarship, Denis J. Butler Memorial Scholarship and Steven Christopher Iglio Memorial Scholarship.

Saint Anthony's was also proud to recognize the three seniors who were named as Semi Finals in the 2021 National Merit Scholarship Competition as well as the four seniors who were named as Commended Students in the same competition.

The ceremony also recognizes three boys and three girls in the current junior class who have followed the teachings of Saint Francis in their contributions to student life at Saint Anthony's High School.

Congratulations to all of our students!

59TH ANNUAL ACADEMIC AWARDS CEREMONIES

Semifinalists in the **2022 National Merit Scholarship Competition**: Matthew Baldwin, Brendan Bulger

Commended Students in the **2022 National Merit Scholarship Competition**: Aidan D'Alonzo, Nicholas Devoe, Quinn Murphy, Noah Purow

Class of 2022 Scholarship Awardees:
Aidan D'Alonzo, Miles Meloni, Noah Purow, Alexander Won, Quinn Murphy

Class of 2023 Scholarship Awardees:
Thais Rody, Liana Giannuzzi, Paige Masi, Miah Margiano, Natalie Ceonzo

Class of 2024 Scholarship Awardees:
Christopher Lessing, Kristina Nitis, Daniela Parmigiani, Aidan Cazalet, Zoe Usher

Franciscan Spirit Award Winners: Rose Christie, Victoria DeBenedittis, Kayla DeSousa, Juan Solares, Jack Ward, Max Welling ■



Father's Guild Communion Breakfast



On September 12th, our new Freshmen and their parents gathered in the Student Center for the annual Fathers' Guild Communion Breakfast. Father Dave Atanasio said Mass and reminded the Freshmen which was followed by a very hearty breakfast served by the Father's Guild. Our Alumni Guest Speakers were husband and wife Fox Business News Chief Correspondent Connell McShane and Reimagine Education Consulting CEO Renee Napoli McShane, both graduates from the Class of 1995. The two spoke of how they were sitting in the same chairs as the Freshmen 30 years ago and how it was so important to become part of the Friar Family by getting involved. Brother David spoke to the freshmen and their parents about working hard and keeping God at the center of their lives here at Saint Anthony's. Thank you to Fathers' Guild President Mike Iglio and all the fathers who made the day such a success! ■



“For it is in
giving that
we receive.”
—St. Francis



On Tuesday, October 5th, our entire school community celebrated the Feast Day of Saint Francis. Two Masses were said in the auditorium. During Mass, our Franciscan Brothers renewed their vows of poverty, chastity and obedience. Brother David spoke to the students and faculty about the life and example of Francis. God bless the Franciscan Brothers! ■





Faithful to the Crown!

On October 15th, the Friars celebrated Homecoming in a grand fashion. Thanks to the ingenuity of Brother Joshua and Mr. Christopher Farrell, our students were able to truly enjoy their day with the entire school outside on Cy Donnelly Field to enjoy the festivities.

President Aidan D'Alonzo, in full tux, was the emcee of the afternoon. All of our Fall varsity teams were well represented and the Seniors on each team were announced. Our students were entertained by the Varsity Cheer Squad, Kickline, the Step Team, the Rock and Roll Club and the Celtic Friars. We were all entertained by Brother David sprinting down the track as he orchestrated the perfect wave with those in the stands. Our mascot, The Galloping Friar (with freshman Noah Seus in full Franciscan garb) greeted the students as it trotted around the field. Our Homecoming Queen Trinity Williams and Homecoming King Rhett Gallagher were crowned. The crowd roared as they were announced!

The enthusiasm of the afternoon was definitely evident at the Homecoming Game where Saint Anthony's beat Moore Catholic of Staten Island by a score of 42-6. The Friar Football Team and their Head Coach Mr. Joe Minucci were very proud of the way the team performed.

Homecoming 2021 was definitely one for the ages! ■

Photo credits: Kaitlynn Schneider and Rose Meschi, student photographers.



Lockeration

On December 3rd, our Seniors had a joyous time decorating their locker panels for Lockeration 2021.

The Seniors, in their ugliest of Christmas sweaters, gathered in the Student Center after school to work with their homeroom on creating the most festive locker decorations. Each homeroom had a theme – from Home Alone to How The Grinch Stole Christmas to Christmas in The City to Elf! It was a fun-filled afternoon with Brother Joshua and Brother David providing snacks to the kids as they diligently worked. This year's winning homeroom was Mrs. Regina's Homeroom 210 who did a great job with A Wonka TV Christmas featuring Brother David as Willy Wonka himself! ■



2021-2022 Friar Nation Fund

Please Make Your Gift to
Friar Nation Fund Today.

Alumni & Parental Pride &
Participation Matters

By making your gift today, you are:

- > helping the Franciscan Brothers fulfill their commitment to academic excellence
- > demonstrating your overall satisfaction with your Saint Anthony's experience
- > advancing our Catholic and Franciscan mission
- > helping to beautify our campus

How many ways did you benefit from your time at Saint Anthony's? If you graduated from Saint Anthony's in the last fifteen years, it's a good possibility that you benefitted from the Friar Nation Fund in some way.

Now is the time to start thinking of giving back and demonstrating your support of Saint Anthony's for the role it has played in your life and that you want to be part of its bright future.

As a young alumnus, you may want to consider the following giving levels for Young Alumni:

From the classes:

- > 2017 - 2021 - a gift of \$25
- > 2010 - 2016 - a gift of \$50 to \$125
- > 2005 - 2009 - a gift of \$150 or more





Principal's Council

Alumni who have graduated over ten years ago, parents, grandparents, and friends of Saint Anthony's are encouraged to consider making a leadership gift to Saint Anthony's at one of the following levels:

- > Principal's Cabinet – a gift of \$1,000 - \$9,999
- > Saint Francis Society – a gift of \$10,000 - \$24,999
- > Saint Anthony's Society – a gift of \$25,000+

By becoming a member of the Principal's Council, you will be invited as special guests to attend the following functions:

- > Christmas Concert
- > Principal's Dinner
- > Spring Concert
- > Commencement Exercises

Right Out of the Blue



The Saint Anthony's High School Drone Club meets twice weekly and allows its members to explore the hobby of UAV - Unmanned Aerial Vehicles. Our participants learn how to build, troubleshoot, and configure their own drone models using the latest software and technology. This club will introduce, instruct, and develop participants into responsible and educated drone pilots. We will explore the various aspects of drone piloting including equipment, safety, building, piloting skills, site/field evaluation, content editing, and explore industry entrepreneurial/professional opportunities after graduation. ■



FriarQuest

SAINT ANTHONY'S HIGH SCHOOL SCIENCE RESEARCH PROGRAM

2021-2022





Cold Spring Harbor
Laboratory



Stony Brook
University



One of the primary goals of **FriarQuest** is to offer our students an opportunity to conduct research in a professional laboratory. The following world renowned institutions have participated in the Saint Anthony's High School Research Program.

Paul Paino

Director of **FriarQuest**

Under the direction of Mr. Paul Paino, **FriarQuest**, The St. Anthony's Science Research Program has grown from ten ambitious students in 2011 to over one hundred eighty students in 2021. As entry-level members of our "Science Scholars Program", our ninth graders learn the fundamentals of research through in-house projects in Science, Technology, Engineering and Mathematics (STEM). They continue to advance through the program learning statistical analysis through social and behavioral science projects and they finish their first year with a creative investigation in biology or environmental science. Our intermediate "Science Scholars" master advanced techniques in our molecular biology, engineering or computer science laboratories or they move into the professional setting and conduct research as members of teams. Our most advanced students in junior and senior year participate either as members of teams or individuals in local laboratories, colleges and universities.

Ongoing outreach efforts have allowed us to form relationships with many prestigious research institutions including The Feinstein Institute for Medical Research, Harvard Medical School, SUNY Stony Brook Medical/Dental School, SUNY Stony Brook Garcia Program in Polymer Science, Cold Spring Harbor Laboratory, Brookhaven National Laboratory, St. Francis Hospital, Good Samaritan Hospital, The Composite Prototyping Center in Plainview, NY, Molloy College and Hofstra University. Mr. Don Corrao, Saint Anthony's Director of Development, continues to work with us in an effort to establish and maintain many of our professional relationships.

Our most advanced research students complete their **FriarQuest** science research experience by writing journal articles and presenting their professional research through national and regional competitions such as the Regeneron Science Talent Search, The International Science and Engineering Fair, The Junior Science and Humanities Symposium and the Neurological Surgery Health Science Competition.

FriarQuest continues to challenge our most creative and inquisitive science students and prepares them for the most prestigious colleges and universities in the nation.





Bamidele Adeyemo, Joseph Marmo and Anika Varma | Class of 2022
New York University
Mentor: Dr. Emily Balcetis

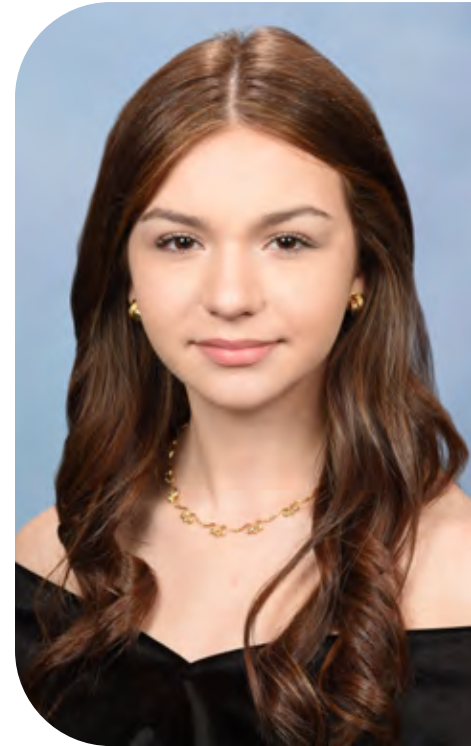
The Portrayal of Influencers in Social Media Advertisements and its Effect on Adolescent Choices

In recent years, social media has given rise to what teenagers call influencers (Glucksman 2017). Influencers can change the way teenagers perceive the world around them and themselves (Venkatraman 2017), and their race can also play a part in persuading these young adults. This also applies to life choices, such as healthy eating. This is important, as media outlets such as Instagram are aware of this fact, and target teens with its advertisements. Our research aims to investigate and analyze the power that a social media influencer holds on his or her audience concerning the selection of healthy and unhealthy food choices. More importantly, we would like to determine the significance of the influencer's race on the persuasiveness of an endorsement. From January 2021-May 2021, surveys were developed and sent to many high schools in order to collect data. The survey contained images of influencers of varying races, and students were asked questions about how attractive each influencer was and whether or not they would buy the specific healthy item the influencer was holding. Preliminary results indicate that the closer an influencer's race is to a student's, the more likely he or she is to make a similar choice in line with the advertisement presented by that influencer.

Ava Bedoya | Class of 2022
SUNY Stony Brook University Division of Laboratory Animal Research
Mentor: Dr. Rachel Brownlee

Pharmacokinetic Study of Simbadol (Buprenorphine) in Pigs

Buprenorphine is an opioid commonly used as a post-surgery pain killer. It is used by veterinarians for cats regularly, via injection or oral administration. Buprenorphine is better known to the general public by its common name, Simbadol. Simbadol is the only Buprenorphine-based medication that has been approved by the United States Food and Drug Administration (FDA) for cats only, and offers 24 hours of pain relief per dose (Holden 2015). Veterinarians are working towards the use of Buprenorphine in a variety of animals, as it has been very effective in cats. A group of 6 pigs were administered varying amounts of Buprenorphine and monitored for changes in their metabolic activity. They were initially sedated with dexmedetomidine (10-20 ug/kg) and midazolam (0.2 mg/kg). A catheter was then placed aseptically to administer the Simbadol. Three of the 6 pigs received 0.1 mg/kg (the maximum published dose for buprenorphine analgesia in pigs), and the remaining 3 received 0.24 mg/kg (the FDA-approved dose for use in cats). Blood was drawn before, as well as 6, 12, 24, and 48 hours after the buprenorphine administration. The pigs were monitored every 30 minutes for the first six hours after the final blood draw, and then every hour until the 12 hour mark. It has been shown that the 0.1 mg/kg dose of buprenorphine was safer and more effective than the 0.24 mg/kg dose that is typically used in cats.



Isabelle Damo | Class of 2022
Fisk University
Mentor: Dr. Steven Damo, Department Chair of Life Sciences

An Analysis of Antibiotic Resistance in Ab Pathogens as a result of the Development of GNAT Proteins

Ab pathogens are a class of extremely infectious bacteria that are responsible for viruses that have posed major threats to the entire globe in the past century. Meningitis, influenza, measles, and HIV are all examples of diseases that have stemmed from this bacteria (CDC, 2020). Ab pathogens (Category A and B Priority) are deemed as crucial priority for infection-fighting research and development, because they are the fastest multiplying and the most easily spread pathogens that have ever been identified (NIAID, 2018). It has also recently been discovered that the pathogens have major resistance to antibiotics, indicating yet another motive to be categorized as A and B (1st and 2nd) priority for extensive analysis. One of the catalysts of their resistance is caused by genes developed within the pathogens called GNAT proteins, which develop strains that alter bacterial DNA, allowing them to combat certain antibiotics (PMC, 2015). Ab pathogen bacterial infection cases, from patients at Nashville General Hospital that were classified as antibiotic-resistant, were electronically transferred into Swiss-Model and UCSF Chimera programs in order to be analyzed in 3-D computer models. These methods were used to examine the genetics and identify the specific family of the GNAT proteins within the different bacteria in order to combat its success for developing the mutations and strains responsible for antibiotic resistance. Preliminary results indicate that GNAT proteins are unquestionably the main cause of antibiotic resistance in Ab pathogenic diseases and the incentive of a positive correlation between the quantity of GNAT proteins within an Ab pathogen and the strength of its resistance to antibiotics.





Talya Djemil and Valentina Rodriguez | Class of 2022

Dr. Paul Kenny Laboratory, Department of Neuroscience
Mount Sinai Hospital
Leon and Norma Hess Center for Science and Medicine
Mentor: Ms. Stephanie Caligiuri

A Neuroscientist Perspective on Alcohol use Disorder: Neurological Sex Differences

Our study was aimed to examine how the female brain may differ from the male brain in the context of stress, and how this difference is important to consider in alcohol use disorder for women. To conduct this research we used Multiplexed Analysis of Projections by Sequencing a technique that mapped the projections of neurons by labeling large sets of neurons with random RNA sequencing. Each projection area was dissected and the barcode mRNA was extracted and sequenced. This method was used to compare the efferent connections of the interpeduncular nucleus median raphe through the projections of 4 male and 4 female mice under the context of stress, resulting in a mapping sequence where the female mice had a lower percentage of projections in that area. To measure/quantify addictive-like behavior we used a self-administration technique on four groups of mice. Two female groups, one with the interpeduncular nucleus median raphe circuit intact and another group with it lesioned. Two male groups, one with the interpeduncular nucleus median raphe circuit intact and another group with it lesioned. By averaging that amount of times that each group went back to administer more alcohol from the lever it resulted that the female mice with an inactive interpeduncular nucleus median raphe had a higher average than the male that also had this inactive circuit, female average being 29.8 and male being 23.2. The correlation between the decreased function of the interpeduncular nucleus median raphe in the brain under the context of stress for female mice and the higher averages of addiction when that area is not intact for female mice suggest that the lack of responsiveness in this area of the brain leads to the higher cases of alcohol use disorder in women.

Anita DiBari | Class of 2022
Hofstra University
Mentor: Dr. Roche C. deGuzman

Hydrophobic Interaction Chromatography Separation of Soluble Hair Proteins

Keratins are cytoskeletal structural proteins which are key mechanical components in hair, nails, and the outer layer of skin in vertebrates. They assemble as type I and type II intermediate filament (IF) heterodimers and build a supramolecular micron-level fiber assembly. In hair, keratin IF bundles are surrounded and embedded in a matrix of keratin associated proteins (KAPs) through disulfide interactions. To understand the properties of keratins in-depth for biomaterials research, hair keratins must be purified in preparative scale. In this study, after crude soluble hair protein extraction, hydrophobic interaction chromatography (HIC) was utilized for preliminary separation. The goal of this research was to determine the reduced crude hair extract (KTN) solubilities using a variety of treatments as well as developing a purification method to separate keratin proteins from KTN using hydrophobic interaction (HIC) liquid chromatography. Determining this purification method will help other research in developing a new medical device made of KTN to help strengthen and speed up the recovery process of the injury. Crude hair-soluble proteins (KTN) were prepared using reducing chemistry. HIC salts were chosen based on the Hofmeister series of maximum salting out to induce the strongest hydrophobic effect. Buffers were chosen based on high pH for increased KTN solubility and reduction. Liquid chromatography (LC) runs were made using the AKTA Pure 25 L system and various parameter combinations were investigated including KTN concentration, flow rate, relative column volume amounts per stage, capture hydrophobic ligands, and type of elution salt gradients (linear and step). Fractions were collected and evaluated using sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE). We found that HIC LC preliminary separation can be implemented to increase keratin purity from cortical hair extracts. We are currently developing a preparative scale configuration using a high-capacity hydrophobic column for increased yield to better characterize the eluted fraction, for size-exclusion chromatography, and potential bioengineering use.



Liam Eye | Class of 2022
Abigale Wexler Research Institute at Nationwide Children's Hospital
Mentor: Dr. Scott Harper

Automation of Central Nuclei Counts Using Artificial Intelligence

Central nuclei counts are an essential part of reader history involving muscle. They allow for a quantified analysis of muscle health. Large studies can take hundreds of hours of manpower for a central nuclei count to be done by hand. Automation of this process requires that accurate identification of muscle fibers and classification of cells be designated as centrally nucleated or not. The designed solution consists of muscle cross section images being preprocessed and run through a segmentation Artificial Intelligence (AI) process to group the parts of the images into muscle fibers and non-muscle fibers. They are then run through post processing to classify each fiber as centrally nucleated or not. The base AI and program used for the automation was NIS Elements analysis. Three different preprocessing methods were constructed, one for simplicity, one for edge clarification and one for data retention and clarity. An AI was trained on images that were processed accordingly for each of the three preprocessing methods. After this training was complete, the AI was tested and corrected, meaning images were fed through the AI in order to be segmented. The images were corrected to proper segmentation, then the AI was trained on the corrected images. After retraining and testing it was found that the best preprocessing was the method that valued data retention and clarity. Finally, a post processing method of identification was attached to the AI and the resultant automated program was tested. The results of these tests were satisfactory and the automation was considered reliable.





Amanda Ferrante | Class of 2022

Cold Spring Harbor DNA Learning Center/Long Island Aquarium

Mentor: Mr. Jeffry Petracca

The Implications of DNA Barcoding and Modeling in Analyzing Similarities, Differences, and Potential Structural Mutations in Insect Genomes

DNA Barcoding is a genetic practice that involves extracting a specific coding region of DNA from a sample, replicating it through the use of the Polymerase Chain Reaction technique, and organizing it into a sequence of approximately 500-600 base pairs in order to analyze the sequence. The chemistry component of the DNA barcoding process includes isolating the DNA from the sample, amplifying the DNA collected, performing a Gel electrophoresis analysis to ensure a high quality sample was collected, and sequencing the DNA by removing the buffer solution and protein contaminants from the sample. DNA barcoding is an essential aspect of insect identification and can be used as a modern assistance towards insect identification as opposed to strictly using taxonomy, which involves many complicated components and can result in error. Once the DNA of a sample is extracted, barcoded, and trimmed in order to obtain a pure sample, it can be analyzed using DNA modeling software. The research extracted and analyzed the CO1 coding region of mitochondrial DNA collected from various insect species, then barcoded and analyzed in a DNA modeling software. This software allows for a sequence of base pairs to be inputted and modeled into a double helix structure. Once these structures were created, they were compared to each other which included a comparison of similarities, differences, and potential structural mutations between the genomes of the analyzed samples. It was concluded that there is a significant possibility for structural mutation amongst the samples and that DNA barcoding and modeling are effective techniques for theoretical genome editing. The implications of this research are pervasive, and can be applied to disease control, cancer research, and other disease research that is the result of DNA structural complications.



Larissa LoBello | Class of 2022

The Schwarz Institute of Physical Therapy & Sports Performance

Mentor: Dr. William Schwarz

Dynamic Knee Valgus and its Correlation with ACL injury in Female Athletes

The purpose of this experiment is to determine how dynamic knee valgus correlates with ACL injuries in female athletes, and to find out if an orthostatic insert reduces this condition. Dynamic knee valgus in female athletes is seen in many other experiments to have a connection to ACL tears and injuries. It is important to study this information so that athletes can know how to train their bodies during practice to not sustain serious injuries. By using the DARI Motion Analysis, dynamic knee valgus can be studied and analyzed. The DARI provides us with subtle musculoskeletal asymmetries, poor movement patterns, joint torques, ground reaction forces, and kinetic deficiencies. For this experiment a large number of female athletes with previous ACL injuries were studied, and their results were compared to that of female athletes who have not sustained an ACL injury. Another experimental group in this study is female athletes who use an orthostatic knee insert. All of the data was collected and analyzed with one another to determine the average dynamic knee valgus for each group. Although this experiment is not conclusive at the present time, it can be predicted that our conclusions will show that dynamic knee valgus does correlate with ACL injuries in female athletes, and orthostatic inserts reduce this condition. These results will be important because female athletes can exercise and strengthen their bodies in ways to specifically prevent this, and they can take full advantage of orthostatic inserts if needed.

Anthony Martin | Class of 2022
Cold Spring Harbor Laboratory
Mentor: Dr. Andrea J. Schorn

Testing the Effect of Sequence Variation at the tRNA Primer Binding Site (PBS) on the Expression of the Endogenous Retrovirus (ERV) MusD6

Reverse transcription, the process of synthesizing double-stranded DNA from single-stranded RNA, of LTR transposons occurs through tRNA priming when tRNA binds to the transposon's primer binding site (PBS). A fragment of tRNA, tRF causes the opposite effect if it binds to the PBS: the inhibition of reverse transcription via tRF silencing. This process normally occurs in retroviruses and not normal cells. However, mutations do occur, resulting in reverse transcription. The research objectives were to compare luminescence of wild type PBS (WT) and mutant (MUT) firefly luciferase (Fluc) plasmids with a previous study (Schorn et al. 2017) and to test the effects of sequence variation at the PBS on the expression of ERV MusD6 using Fluc. Comparing the presence of MusD6 PBS expression was based on a luciferase assay measuring luminescence, calculated by normalizing Fluc to renilla luciferase (Rluc). In the experiment, 96 different mutations were made to PBS sequences in Fluc plasmids. Upon the Fluc mutants being cloned, HeLa-V cells were transfected with Rluc and one of the various Fluc plasmids using Lipofectamine 2000. Overall, the various PBS sequences did have an effect on the gene expression, with the WT PBS sequences mainly resulting in lower gene expression than the mutant PBS sequences. The higher expression in the mutants indicated that the process of reverse transcription took place in the plasmid. Experimental results expand knowledge of the PBS formation in retroviruses and provide information that can be used to develop treatments, especially against HIV directed toward the PBS.



Caitlyn McCourt | Class of 2022
Shellfish Culture Facility, East Islip NY
Mentor: Ms. Carlie Schect

Cellular Growth of *Tetraselmis chui* in Natural and Controlled Environments

Through photosynthesis, microscopic algae are thought to provide more than half of the world's oxygen. They release oxygen while converting carbon dioxide into biomass. Environmentalists agree that algae are at the base of the food chain. They are the starting point for the conversion of solar energy into biomass, which then moves up the food chain to the top predators. This primary production is mostly attributed to phytoplankton. Small animals such as oysters and clams consume phytoplankton, which is primarily made up of single-celled algae. The purpose of this study was to determine whether or not a specific type of algae, *Tetraselmis chui*, benefits more from natural or controlled environments. While attending an internship at the Shellfish Culture Facility of East Islip, I designed an experiment to test the theory that algae thrives in controlled rather than natural environments. I received assistance and guidance from my mentor, Carlie Schect, the assistant waterways management supervisor. The study was performed by comparing two sets of *Tetraselmis chui* algae, one which was grown in a controlled setting with set lighting, temperature, and the other in a natural ocean setting. With this data I was able to observe the difference in cell growth rate by taking cell counts of each sample every other day for two weeks. Once the research was complete I was able to determine which environment best supported the growth of the algae. Our hypothesis was supported through the data making it clear that *Tetraselmis chui* algae has a higher growth rate in controlled environments. This study is extremely important to the world of marine biology and aquaculture. Results will allow shellfish farmers as well as marine biologist to harvest healthy algae in the shortest period of time.





Miles Meloni and Jordan Spencer | Class of 2022

Brookhaven National Laboratory

Mentor: Dr. David Biersach

Implementation of Quantum Algorithms using Matrix Algebra

Quantum computers are based on quantum gates or operators, which are composed of matrices. Matrices are a type of number that contain scalars in an n -dimensional grid; these are useful to many fields of mathematics, science, and computing, one of which is quantum computing. Quantum gates function much like the Boolean logic gates used in classical computing, (And, Not, Or, etc.,) but can be far more complicated as qubits, or quantum bits, need not be in one state but can be in a superposition of true and false. Both quantum gates and Boolean gates can be encoded with matrices. Numbers in quantum matrix operators are not restricted to zero and one, and can include real and imaginary numbers, but are restricted in that they must be reversible. These operators affect the state of the qubit, changing its probability, as well as its phase. These two values are encoded on a unit sphere, referred to as a Bloch Sphere. To encode quantum logic gates into a traditional computer, they can be written as matrices; these can then be used to simulate quantum operations on traditional computers. Deutsch Jozsa is a quantum algorithm that shows quantum supremacy by lessening the number of times the algorithm must approach the oracle. By approaching the oracle with a matrix in superposition, the algorithm is essentially asking the oracle about every possible value in one iteration. Whereas a classical computer will have to approach the oracle for each value, resulting in undesirable exponential time, the quantum computer can get the answer in constant time. This illustrates quantum supremacy.

Quinn Murphy | Class of 2022
Long Island University
Mentor: Dr. Kent Hatch

An Analysis of Marine Biodiversity on Long Island through Invertebrate Species

Currently, there is an increasing loss of marine biodiversity globally. This loss has been perpetuated by numerous factors, but mostly through damaging human activities such as pollution and global warming. A lack of data and information regarding marine species and their microbial communities has also further advanced this issue. This study seeks to address this dilemma through analyses of marine invertebrates on Long Island. Marine invertebrates, specifically, are analyzed as they have been largely unstudied across history and lack the same amount of data and research that the marine vertebrate species have accrued. To acquire these species, settlement plates were sent out to different locations across Long Island for various periods of time and then retrieved. Organisms found on these plates were then identified visually using various methods such as the use of identification keys and global databases. These organisms will be further identified through gel electrophoresis and DNA analyses to fully determine the species of each organism and to determine any underlying aspects of their communities visible in their DNA. The results of this data will be used to identify different trends in the species and examine the different marine invertebrates and their communities. The results will also aid in determining the overall status of marine biodiversity on Long Island and how it has changed due to human behaviors and environmental changes.



Paige Olsen | Class of 2022
SUNY, Stony Brook
Mentor: PhD candidate, Mrs. Marcy Ekanayake Weber

Simulating Primate Behavior: Group Foraging Efficiency and Ecological Constraints

Most primates engage in group living to increase predation avoidance meanwhile, enduring the costly effects of feeding competition. Group living primates are often assumed to reduce foraging efficiency due to increased mouths to feed. However, the question of whether there are benefits to primate group foraging through food encounter rate remains mainly untested. It is also largely unknown how ecological constraints influence foraging productivity. I've hypothesized that the relationship between foraging efficiency and gregariousness is primarily determined by the landscape's resource availability. I have aided in the development of an agent-based model simulating a habitat in which primate agents searched for high and low-quality food resources, implemented in Net Logo. The code recorded and observed the groups' foraging efficiency while also adhering to average behavioral rules with the help of my set resource configurations to properly demonstrate how primates would forage in real life accurately. Primatologists have taken up many definitions and parameters of defining group membership or boundaries with combinations of contact, behavioral synchrony, genealogy, social orientation, and aggression (Sailer, 1984). Extent of habitat is also an integral part of my group primate foraging efficiency study, information such as group parameters, number, food availability, uniform or clumped resources, and other ecological factors are exhibited by the agent-based model (Burgman, 2002). The data my mentor and I collected from our Net Logo agent-based model is as follows; the mean-group size in relation to resource availability, foraging efficiency in relation to distance and time from resources. Consistent moderate proximity between solitary and high gregariousness resulted in the most optimal foraging strategy. The different resource configurations tested created different group sizes and unexpectedly, the most efficient at foraging were the largest groups. The aforementioned results determine that group living is not an indicator of a non-foraging benefit (i.e. minimizing the risk of predation outweighing the costs of feeding competition).





Kylie Panzner | Class of 2022
Stony Brook University Pharmaceutical Research
Mentor: Mr. Steven Kopocho

A Novel Approach to Elucidate the Impact of Delta-9-Tetrahydrocannabinol (9-THC) on Inflammation in HIV Infection

Human Immunodeficiency Virus Type 1 (HIV) has claimed 36.3 million lives to this date. There are over 35,000 new cases each year in the U.S. . There is no cure for HIV infection. However, the development of combinatorial antiretroviral therapy (cART) has dramatically increased the survival of infected persons world-wide, allowing them to live longer, healthier lives. While cART therapy improves immune function and eliminates the risk of AIDS-related complications, it does not fully restore health. Unfortunately, HIV+/cART treated patients do not live as long as age-matched HIV- persons. Inflammation and immune dysregulation have been shown to both directly and indirectly contribute to a significant portion of the morbidity and mortality in HIV+/cART treated patients. HIV-infected adults have an increased risk of cardiovascular, liver, kidney, bone, neurologic diseases, as well as some cancers. The nature of HIV infection has shifted from one of immunodeficiency to one of chronic inflammation. Cannabis use for both medical and recreational purposes is frequently reported in persons living with HIV . Both natural and synthetic forms of THC have been demonstrated to stimulate appetite, increase body weight, ameliorate adverse effects of cART, and collectively improve the overall well-being of HIV-infected individuals. Interestingly, high-intensity cannabis-smoking HIV-infected individuals have reduced plasma HIV viral load and markers of inflammation. This project is studying the effects of HIV patients treated with cART versus those treated with THC versus those treated with both, by comparing levels of inflammation in the exosomes.



John Paul Pfisterer | Class of 2022
Mentor: John Pfisterer

Investigating and Assessing the Most Effective Lighting Methods While using Structure from Motion Photogrammetry for Underwater Archaeology

Researchers acknowledge that few studies have been done to assess the overall accuracy of SfM modeling, especially on underwater archeological sites. Most of the studies that compare the various methods of photogrammetry are for land-based sites, and they usually use aerial surveys. However, articles that have been published in the last five years about this cutting-edge technology focus on the best methods and practices for obtaining the most accurate results in various underwater environments when collecting data on shipwrecks, seafloors, or coral reefs. Bayley and Mogg (2020) conclude that the use of SfM to map coral reefs is revolutionizing marine monitoring and becoming standard practice which is leading to new questions. One question concerns consistency of method which is why it is important to create protocols. This way comparisons can be made over time. Neyer, et. al (2018) faced the challenge of creating SfM in a constantly moving environment including water, fish and organic material which made establishing GCPs very difficult. Their work is valuable for establishing the belief that a direct and valuable comparison between two point clouds of different time periods can only be established by a controlled network of rigid non-moving points created by short poles which helped them to detect centimeter level changes in a coral reef test field (16m x 8m) at the Moorea Island. Drawing on these previous studies and methods, I investigated the most effective underwater lighting methods for SfM photogrammetry. Lighting is critical in the underwater environment. Greater depth results in less light. In addition, light affects our perception of the underwater world. During my test phase, I discovered that the best results are obtained with fixed camera lights in comparison to natural light. Finally, I designed a comparative study of various underwater objects with the two different light sources.

Arabella Pompay | Class of 2022
Mentor: Mr. Paul Paino

If You Build a Team, Wins Will Come; Sabermetrics, the Cure for the Disparities in Major League Baseball

Major League Baseball (MLB) payroll disparities between teams are steadily increasing, creating a significant competitive problem in the sport. Lower payroll teams are at a considerable disadvantage compared to high payroll teams who can buy desired players. Some low payroll teams have overcome the growing economic gap and built successful teams with high winning percentages. However, there are still several small franchises struggling to win games against large franchises. The release of the "Moneyball" theory in 2003 sought to provide poor teams with the formula of winning games despite low payroll, focusing on sabermetric statistics of on-base-percentage (OBP) and plate discipline rather than slugging and batting average. Other research points to pitching statistics such as ERA+ and WHIP as the factors that contribute to a successful team. In an attempt to predict team future performance, I examined the statistics of four groups based on their winning percentage and payroll: winning rich teams, winning poor teams, losing rich teams, and losing poor teams. I performed t-tests on non-opportunistic or subjective statistics and calculated the percent increase/decrease of each group's statistics compared to the MLB averages. Results showed that, although winning teams had an OBP 1-4% above MLB average and comparative p-values $< .05$, other statistics such as ERA+ (10-11% above average), SO/W (5-15% above average), and OPS+ (5-9% above average) showed seemingly more significant contribution towards wins. Other statistics such as batting average, strikeouts, and hits could not be successfully correlated with wins. This information will allow small franchises to rebuild their teams by finding players with the qualities that the team lacks and will ultimately allow teams to become more competitive within the league.



Noah Purow | Class of 2022
Huntington Hospital/ Northwell Health
Mentor: Dr. Demetrios Tzimas

An Analysis of the X-Tack Closure Device as a Viable Treatment Method

Over the past several years, endoscopic methods to remove early, small tumors of the gastrointestinal tract have grown in popularity. Employing these techniques can avoid the significant morbidity and mortality associated with surgery, which had been the standard of care before emerging technologies made endoscopic removal of these lesions more feasible and safe. However, complications still arise, with up to a 2.2% perforation rate and up to an 8.4% rate of delayed bleeding at the site of removal. Removal techniques vary, but typically include using a snare and electrocautery or an electrosurgical knife. Closing the defect left behind after the removal of the tumor can decrease the risks of perforation and delayed bleeding. Current procedures for the closure of defects include endoscopic suturing, through the scope (TTS) metal clips, and over the scope larger metal clips. Limitations of these current approaches include an inability to close larger defects, an inability to reach certain areas of the gastrointestinal tract, and a need to continuously remove and replace the endoscope. The X-tack closure device addresses these restrictions by offering a TTS technique for closing defects using 4 metal tacks placed around the defect that are then sutured together and cinched closed. Promising results of the X-Tack system were seen in a porcine study of 24 subjects. It is now being used on a trial basis in highly selected patients, as we accumulate data to determine its safety and optimal uses. We have discovered a novel use for the X-Tack device in 4 patients - the closing of enterocutaneous fistulae, abnormal connections between the gastrointestinal tract and the skin that occur as a complication of surgery or inflammation.





Patrick Quilty | Class of 2022
United Nations Environmental Program
Mentor: Mr. Emmanuel Ngor

An Analysis of the Toxicity of Plastic Degradation Found Within the Drinking and Irrigation Water Supply of Western Africa

This international project is based upon the recognition that a crisis is occurring in many regions of the world creating an increasingly hazardous water supply. Some of these cases occur specifically because of the acidity and inevitable toxicity that occurs as a result of plastic bottles, cans, tubes, and other plastic configurations. These plastic bottles are used as tools of buoyancy on makeshift boats that make regular and frequent trips throughout many of the West African water routes. Local communities in these underdeveloped countries use these contaminated waterways as a means of transportation and as their primary source of water for drinking, washing and other daily needs. The danger of using plastics as floatation devices for boats becomes clear when we consider how valued and scarce clean water can be in these certain communities and other regions of the globe. The goal of my examination was to establish an empirical understanding of the impact of this crisis, both in terms of the pH of the water as well as the health effects on the surrounding community and wildlife. Data was collected by my mentor and his colleagues over many months in multiple locations of the Western African region. After an intensive examination and analysis of the provided data, I found that the plastic degradation in the water supply of the surrounding regions of West Africa had detrimental effects on the general health of the local populations especially with respect to agriculture since the crops were being irrigated by a polluted water supply.



Alex Won | Class of 2022
Mentor: Mr. Paul Paino

The identification of a novel inhibitor for Isocitrate lyases in *Magnaporthe oryzae*

Fungal plant pathogens cause large losses to the agricultural sector, notably the Rice Blast (*Magnaporthe oryzae*) causes significant damage to rice production. In this study, Isocitrate Lyases, a widespread protein present in many eukaryotes was examined for a design of fungal pathogen inhibitor for *Magnaporthe oryzae*. A homology-based structural model was created using the template strand of yeast, *Saccharomyces cerevisiae*, and a new arising protein structure predictor, AlphaFold protein structural modeling system. The model accuracy and structural analysis were performed to locate the active site of the protein and predict its role in pathogenetic infection. The inhibitor design was created using the MOE software; the affinity score and inhibitor docking results were repeated for inhibitor optimization. The computational results suggested that a new inhibitor can effectively bind and restrict the activities of *Magnaporthe oryzae*, calling for further research on Isocitrate lyases identification and its pivotal role in the cell cycle of fungal pathogens.

Olivia Hoffman | Class of 2023
Hofstra University
Mentor: Dr. Oskar Pineño

A Parent's Pal; A SIDS Prevention Device using Arduino

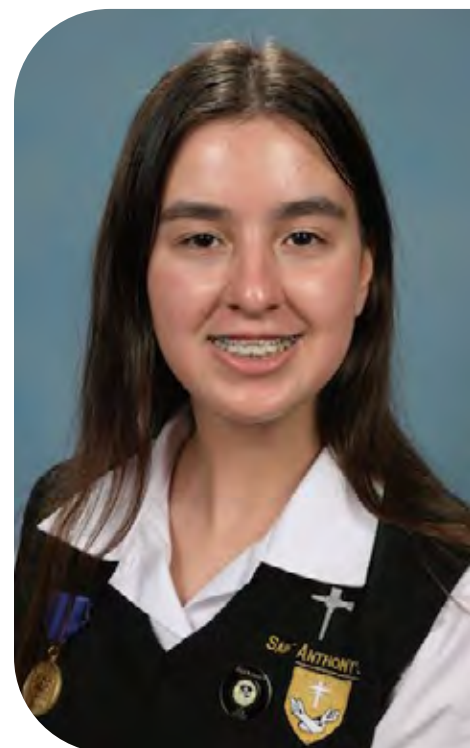
Sudden Infant Death Syndrome (SIDS) kills approximately 3,500 infants annually, making it one of the leading causes of infant mortality (Moon, 2016). SIDS occurs when an infant, typically less than one year of age, mysteriously dies while asleep, having multiple causes such as sleep position, environmental factors, respiratory issues, and birth defects (Kinney & Thach, 2012). However, the most common cause is sleep position, in which a baby can suffocate from a face-down (prone) position (Mayo Foundation, 2020). Prone sleeping position carries nearly thirteen percent increase in risk of SIDS compared to supine position (back sleeping) (Shivani & Lakshmi, 2018). Using an Arduino prototyping platform (that uses the coding language of C++), a device was created to alert parents of an infant's movement that would occur before suffocation, such as a flip into the prone position or excessive shaking side to side. This device's main component (besides the Arduino Uno) is the accelerometer/gyroscope which detects changes in position such as flipping or a struggle with excessive movement. The alert would be done through an LED light and the sound through a sonar speaker. Although similar devices exist, this specific device is DIY, most cost conscious, and customizable to the parent's needs. The major limitation of this device is its size as it is much bigger than the desired "fit into the child's pajamas" size. A future recommendation is to make this device using a more clothing friendly Arduino such as the Arduino Lily pad.



Miah Margiano | Class of 2023
iResearch Institute
Mentor: Madhav Subramanian

Identification of lncRNAs associated with good overall neuroblastoma survival

Neuroblastoma (NB) is the most common extracranial cancer diagnosed in children. While NB represents 8% of pediatric cancer cases, the rare malignancy accounts for 15% of childhood cancer deaths. The disproportionate mortality rate is attributed to clinical heterogeneity, which ranges from spontaneous regression to aggressive metastasis in high risk (HR) patients. Despite the development of intense multimodal therapeutic strategies for HR patients, including anti-disialoganglioside (GD2) based immunotherapy and chimeric antigen receptor (CAR) T cell therapy, overall survival (OS) for HR patients remains low at 50% which thus warrants the development of new robust therapeutic options. The aim of the present study was to identify long non-coding RNAs associated with better survival (i.e., OS > 5.0 years) and understand the potential mechanisms of action in pathway regulation and in the tumor microenvironment (TME). A bulk RNA-seq dataset containing primary NB tumor samples (n = 152) was obtained from the National Cancer Institute GDC Data portal. Differential gene expression analysis demonstrated that lncRNA RP11-277P12.20 was upregulated in patients with good survival, but was downregulated in patients with poor survival. Kaplan-Meier and Cox proportional hazards survival analysis further demonstrated an association between a higher expression of RP11-277P12.20 with good survival ($p < 0.05$). CIBERSORT, xCell, and functional annotation analyses revealed a potential role of RP11-277P12.20 in the NB landscape, however further research is needed to investigate whether it may serve as a promising target for the first lncRNA-based therapy for NB.





275 WOLF HILL ROAD
SOUTH HUNTINGTON, NY 11747

631-271-2020 X237
WWW.STANTHONYSHS.ORG

Brother David Anthony Migliorino, OSF
Principal

Mr. Paul Washington
Dean of Faculty & Director of Studies

Mr. Paul Paino
Director of Research

Mr. James Medina
Science Department Chairperson

Mr. Don Corrao
Director of Development



Saint Anthony's High School Future Business Leaders Program



The Future Business Leaders Program is an incredibly unique and one-of-a-kind program that I have been fortunate enough to be part of for all four years and privileged to serve as its President for the last two years. Future Business Leaders is a combination of a curriculum based on the interest of the members and presentations from highly regarded guest speakers. The extremely driven and involved members truly make the program what it is. It is more than a club, it is a community. A community of proactive students who are taking action to build their futures. Future Business Leaders allows students to build knowledge and connections, setting them up for success in the workforce. With incredible mentors, teachers, and peers, the Future Business Leaders Program is an irresistible opportunity offered by Saint Anthony's.

—Kate Farrell '22 | President



"The Future Business Leaders Program is one of the most beneficial and inspiring clubs students at Saint Anthony's have the opportunity to join. While certain business classes only become available at specified grade levels, this club is there to teach all types of business to anybody interested. This club offers important information that all high school students should be learning. This includes, but is not limited to financial literacy, the value proposition of college, real estate, investing in the stock market, entrepreneurialism, and much more. The financial literacy portion led by Mr. Bishop is one of the most looked-forward-to segments of the club each year by returning members. The club also has a multitude of outstanding and impressive business people from Long Island and New York that have made a serious impact in the business world that offer their time to come and speak to the students of the club. Our most recent speaker, Truett Tate, was one of the most impressive speakers the club has seen to date. Mr. Tate told us about his history in the business world, what inspired him to pursue different types of business, how he gives back to his community, and how he keeps his faith close to his heart, all while giving life advice that anybody could, and should use. The Future Business Leaders Program offers students priceless information, connections for the future, and most importantly the preparation for not only college but life as they move on from their four years at Saint Anthony's."

—Jack Hogan '23 | Vice President



The Future Business Leaders Program is an immersive learning experience for those who dream of pursuing careers in the business world. Through the many resources that Saint Anthony's offers including the Business & Entrepreneurship Center, Friar students are able to use finance data powered by Refinitiv, a program unique to Saint Anthony's that is also used by the London Stock Exchange. The program invites renowned guest speakers weekly, ranging from moguls in real estate and finance to Fortune 500 CEOs, that share their expertise and rise to success with students. Additionally, these speakers often offer our students internships, providing students with an amazing opportunity to apply their business knowledge to the real world. The program also teaches courses on financial literacy, where students learn about the fundamentals of managing finances as an adult, and how to adequately plan for every financial goal in the future. This inspiring program supports Friar students in ways that not only effectively prepare them for a successful future in business, but a future of financial security.

—Julia Freedman '23 | Vice President

Executive Committee:

Sophia Bellini

Amanda Messina

Amy Delgado

Anita DiBari

Nicolina Giannola

Sarah Concannon

Frankie Ottimo

Julian Wicik

Nicholas Valenti

Zachary Beach

Dylan Cotter

Alexandra Moss

Susan & Gerald O'Shea Innovation Center

IMAGINE + DESIGN + CREATE



The Saint Anthony's STEM Initiative is all about giving students learning experiences that they just cannot get anywhere else. We believe that STEM education is about providing students with hands-on learning opportunities where students get to learn using state-of-the-art tools and equipment. We've always been at the forefront of this kind of authentic STEM Education. **The William & Christine Entenmann Science Center** has

given students a rigorous curriculum and access to state-of-the-art lab equipment for their hands-on experiments. The St. Francis Hospital Medical Education Lab has provided students early access to medical education equipment that most students would not get until they are well into a medical degree. These additions to our STEM program focus on discovering and experiencing scientific concepts for deep understanding rather than

just reading about these ideas in books. Now, with the addition of the new **Innovation Center** we can provide students with an even wider range of authentic learning experiences that will focus on building creative problem solving skills in the STEM fields.

The Innovation Center is a hands-on STEM Lab where students learn by doing. To become Innovators, students must learn to imagine, to design, and to create. And that is exactly what this space allows them to do. The Innovation Center allows us to enhance students' learning by giving them hands-on opportunities with cutting-edge technology and equipment. They don't just learn about STEM, they put their knowledge and skills into action. Students get real-world engineering experiences where they need to ask questions about the world around them, identify problems, devise solutions, and most importantly, try to implement those solutions.

Currently, the Innovation Center is used throughout the day for classes including our Engineering and AP Computer Science classes. Various clubs also use the Innovation Center both before and after school to meet, brainstorm, and build projects, including the Robotics

and Space & Aviation clubs. Students are also independently using the space on free periods to work on independent projects. You might ask yourself, "What can students do in the Innovation Center that they cannot do in a regular classroom?" and the short

answer is "Anything!" Students are creating software, websites, apps, and coding their custom hardware that they designed and built themselves to autonomously perform tasks. Students are creating professional, graphic and industrial designs that they have put on display to convey their ideas with the world. Students are developing 3D models of mechanical systems and structures which they are then able to construct using digital fabrication techniques including 3D printing or machining out of wood or metal using computer controlled cutting equipment (CNC). The Innovation Center allows students to imagine, design, and most importantly, create.

Saint Anthony's STEM Initiative is growing in leaps and bounds and we are just getting started. We have already had a few students take ideas and skills learned in this space into the real world. Students have built PPE for local hospitals during the pandemic and also started a small business while still in high school. As the Innovation Center continues to grow we hope even more students will find ways to make productive use of the skills they learn and the tools that they have access to. This space may serve as an incubator for an alumnus' small businesses or an opportunity for a student to connect with internships within the STEM field. We know that the Innovation Center is a key part of providing Saint Anthony's students with a strong STEM education and that will give them the tools they need to be successful and help shape our future world.



INNOVATION CENTER GIFT TABLE

Pledge/Gift Level	#Needed	Generating	Cumulative Total	Pledges & Gifts as of 12/15/21
\$100,000	1	\$100,000	\$100,000	0
\$50,000+	2	\$100,000	\$200,000	1
\$25,000+	4	\$100,000	\$300,000	0
\$10,000+	10	\$100,000	\$400,000	2
\$5,000+	10	\$50,000	\$450,000	2
\$2,500+	10	\$25,000	\$475,000	7
\$1,000+	25	\$25,000	\$500,000	6
\$25 - \$999	Many			16

INNOVATION CENTER NAMING OPPORTUNITIES

TOTAL AMOUNT RAISED TO DATE **\$300,000**
BALANCE TO BE RAISED **\$200,000**

CATEGORY	AMOUNT
Innovation Center	\$100,000
Innovation Center Lab Furniture	\$50,000
Machine Room	\$50,000
Digital Fabrication Center	\$50,000
Laser Cutter	\$50,000
Work Stations 8@	\$25,000 each
Building Materials	\$25,000
CNC Milling Machine	\$15,000
SLA 3D Printers 4@	\$10,000 each
Adobe Illustrator Creative Suite	\$10,000
72" Round Whiteboard Conference Table	\$10,000
LG/C9 72" Class 4K Smart TV	\$10,000
Hand Tools	\$10,000
LG/C9 55" Class 4K Smart TV	\$5,000
Large Format Printer	\$5,000
Desktop PC 3.0 GHZ 6 core 14@	\$5,000 each
Tablets/Laptops Intel Core 7 15GB 16@	\$2,500 each
Whiteboards 4@	\$2,500 each
Apple TVs/Chromecast 6@	\$2,500 each
Mill/Lathe	\$2,500
Table Saw	\$2,000
Miller Saw	\$2,000
Tool Boxes 3@	\$1,000 each
Drill Press	\$1,000
Sander/Grinder	\$1,000



SAINT ANTHONY'S HIGH SCHOOL
32ND ANNUAL GOLF CLASSIC
MONDAY, MAY 2, 2022

HONORING
ROB NEWELL, JR. '91
PRESIDENT, UFCW LOCAL 1500



BROOKVILLE COUNTRY CLUB
9:00am Arrival | 11:00am Shot Gun Start
Breakfast/Lunch/Dinner

GLEN HEAD COUNTRY CLUB
8:30am Arrival | 10:30am Shot Gun Start
Breakfast/Lunch/Dinner at Brookville

HUNTINGTON COUNTRY CLUB
8:30am Arrival | 10:30am Shot Gun Start
Breakfast/Lunch/Dinner at Brookville

MILL RIVER CLUB
8:30am Arrival | 10:30am Shot Gun Start
Breakfast/Lunch/Dinner at Brookville

Golf format will be a modified scramble. Cocktails and Dinner, Brookville Country Club at 4:00pm.

Dear Parents, Alumni, and Friends:

I truly hope that you will be able to join us for the 32nd Annual Golf Classic honoring Rob Newell, Jr. '91. The Classic has grown to be a wonderful and important event that provides much needed support for Saint Anthony's High School.

This year's Classic features four prestigious golf courses and post golf festivities at the Brookville Country Club. Please know that your support of Saint Anthony's Golf Classic will make a difference in the lives of our 2,400+ students.

Sincerely,



Brother David Anthony Migliorino, O.S.F.
Principal



Ronnie Wright
Chairman

MONDAY, MAY 2, 2022 REGISTRATION

- ☐ Individual Golf Package \$575
- ☐ Golf Foursome \$2,300
- ☐ Classic Event Sponsor \$2,500
Includes Golf Foursome and Signage on all four
courses plus special recognition in Evening Program
- ☐ Cocktails & Dinner Only \$150

FOURSOME PARTICIPANTS

- ①
- ②
- ③
- ④

☐ Please assign me to a foursome.

CONTACT INFORMATION

Individual Golfer or Foursome Contact Person

Name:

Address:

.....

Phone:

E-mail:

COURSE PREFERENCE Subject to Availability

- ☐ Brookville Country Club
- ☐ Glen Head Country Club
- ☐ Huntington Country Club
- ☐ Mill River Club
- ☐ No Preference

PAYMENT METHOD

☐ Check ☐ Master Card ☐ Visa ☐ Ame

Name on card:

Card #:

Expiration date:

SPONSORSHIP OPPORTUNITIES

Sponsors are important to the success of the Golf Classic. Each item can be underwritten on a corporate or individual basis. Your support is greatly appreciated.

- ☐ 32nd Annual Golf Classic Sponsor*** \$10,000
- ☐ Golf Classic Gifts Sponsor*** \$7,500
- ☐ Golf Classic Signage Sponsor*** \$7,500
- ☐ Dinner Sponsor* \$5,000
- ☐ Cocktail Hour Sponsor* \$5,000
- ☐ Lunch Sponsor* \$5,000
- ☐ Breakfast Sponsor* \$5,000
- ☐ Brookville Course Sponsor* \$5,000
- ☐ Glen Head Course Sponsor* \$5,000
- ☐ Huntington Country Club Course Sponsor* \$5,000
- ☐ Mill River Course Sponsor* \$5,000
- ☐ Golf Cart Sponsor* \$5,000
- ☐ Bag Tag Sponsor* \$5,000
- ☐ Classic Event Sponsor* \$2,500
- ☐ Faculty/Religious Sponsor* \$2,500
- ☐ Driving Range Sponsor* \$2,500
- ☐ Putting Green Sponsor* \$2,500
- ☐ Beverage Sponsor* \$2,500
- ☐ Photography Sponsor* \$2,500
- ☐ Tee Sponsor \$500
- ☐ Family Sponsor \$250
- ☐ Sorry, I cannot attend, enclosed is my
tax-deductible contribution of \$

*Includes one foursome and signage on all four courses

***Includes three foursomes and signage on all four courses

CONTACT INFORMATION

Name: Class:

Address:

.....

Office Phone:

Home Phone:

Cell Phone:

E-mail:

PAYMENT METHOD

☐ Check ☐ Master Card ☐ Visa ☐ Amex

Name on card:

Card #:

Expiration date:

CHECKS PAYABLE TO

Saint Anthony's High School | Development Office | 275 Wolf Hill Road | South Huntington, NY 11747
(631) 271-2020 ext. 214 | dcorrao@stanthonys.org

Brother David Anthony Migliorino's Inaugural Principal's Dinner



On Saturday, September 18th over 200 people were Brother David's guests at the 2021 Principal's Dinner. The evening began with Mass in Our Lady of the Angels Chapel followed by a lively Cocktail Reception and then Dinner.

Due to the pandemic, this year's Principal's Dinner was Brother David's first and those in attendance got to see him at his best – faith filled, an indomitable spirit, a superb raconteur, insightful, and all with a self-deprecating sense of humor. ■



Our Evolving Library

The days of the school library being stacks of books and silent students is gone.

Director of Library Services Mrs. Jill Adler is bringing Saint Anthony's Library into the 21st century and ensuring that it is useful and enticing to all members of the Saint Anthony's community - Students, Faculty, and Staff. Our library would be nearly unrecognizable to some of our former Friars; there is a Study /Quiet Area, a Collaborative Area (where students can work together and discuss group projects or classwork), a Maker's Space (where students can unwind and be creative with VR Goggles, puzzles, strategic board games, adult coloring books) and a TV Lounge (where students can zone out to HGTV or zone in to news stories).

Mrs. Adler explains, "We wanted to change the culture. We want our library to be collaborative on every level." To that point, Mrs. Adler and our Coordinators of Library Services, Mrs. Jenn Langer and Ms. Emily Larson have developed a slew of resources that would be beneficial to students and Faculty and Staff. For our teachers/staff, they have developed a Teacher Resource page which includes such things as professional development links, curated information on timely topics, access to ebooks and audible books and OER (Open Education Resources) where teachers can view posted lessons and articles about any given topic. For our students, the library offers over 10,000 physical books, the Sora Overdrive program which offers ebooks and audible books, databases such as college level J Store, gale and Novel NY, a community service page where students can find service opportunities and meet other students. There are also Foreign Language resources, access to study tools pages such as College Board AP, SAT, and Quizlet, access to such valuable periodicals such as The Economist and The Wall Street Journal, Peer Tutoring and endless other programs. Mrs. Adler said, "I spent an enormous amount of time ensuring that we have a diverse collection, timely and relevant to our students and adults in the building". She went on to

explain, "We do not play down to our kids. We recognize that our kids are very sophisticated and mature. We play up to them. Our library materials are meant for anyone in the building."

In collaboration with our Dean of Academics Mr. Paul Washington and Mr. Nick Vasiliades and Ms. Kate O'Neill, Mrs. Adler has been developing a library skills curriculum which includes Digital Citizenship (which involves being respectful and aware of others on social media), Digital Detective (which involves information literacy and finding credible, vetted information and deciphering truth from fiction on the internet) and a Google Environment course on navigating and organizing Google Suite. Our students greatly benefit from these new offerings.

Mrs. Adler is acutely aware of what is happening in the building and our library collection mirrors our school's focus. So, for example, with the addition of the Saint Anthony's Business and Entrepreneurship Center, Mrs. Adler has acquired an entire section of books that emphasize entrepreneurial strategies, business acumen and personal finance and investment. She has also worked closely with Mr. Washington and brought in Excel Associate Certification classes to his AP Economics classes. Saint Anthony's is also an official Excel Certification testing site, so those who complete coursework can take the required test here. Teachers also benefit from these courses and are able to receive in-person tutorials from our Library Staff on almost every aspect of teacher tech.

Our library culture is changing...and changing rapidly thanks to the hard work of Mrs. Adler and her staff. Mrs. Adler's philosophy and diligence have brought about that change. She stated, "Decisions that we make for the library are based on not only what we can do within the walls of our school but also beyond the walls, grade levels, tech tools and assignment due dates. We strive to support learning moving from static to more dynamic. By dynamic we are not just looking at bells and whistles technology. We look at supporting our school community in areas such as how to be creative, collaborative, teach critical thinking and communication skills in their approach to learning. Our aim is to incorporate future ready skills and thought process regardless of what that future looks like to an individual. Most importantly, we are here for the whole school community to enjoy." ■



Make Me an Instrument of Your Peace

Those who follow the
journey of St. Francis





Ralph Silvestre

Ralph Silvestre was a young man who left an indelible mark on Saint Anthony's High School. Faced with great adversity and suffering, Ralph smiled, zoomed in and worked through it all. He was a young man who set a tremendous example not only for his classmates, but also for all he encountered.

Ralph was a true academic. His friend and classmate described Ralph's work ethic this way; "Ralph always put his best foot forward, no matter what. Even during quarantine, he took all of his asynchronous assignments seriously. Ralph would spend five hours on an assignment which was only being graded for completion. He just wanted to really know the material." He loved the Robotics Club, engineering, computer science and, of course, video games. He and his friends particularly enjoyed Among Us, a game in which an impostor was present and had to be identified.

Ralph gravitated to those with similar interests. His grammar school friend, Jordan Spencer, was by his side the first day of Saint Anthony's. Slowly, Ralph and Jordan found their group. Upperclassmen Andrew and Daniel Mullan were in many of the same advanced classes. Liam Eye, Alex Won, Kyle Ehrhart and Alex Rizzi all became part of Ralph's collaborative think tank. As an incoming freshman, Neil Sridhar could care less about excelling in school or acquiring knowledge. Ralph was the one who changed that for him.

Neil was not thrilled to leave his public school and come to Saint Anthony's where he knew no one.

He wasn't all that interested in school at all, until he met Ralph in his freshman homeroom. Neil was halfway through orientation day and Ralph reached out to him. They talked and determined Neil wasn't in any of Ralph's AP or Honors classes, but every afternoon Ralph would help Neil with his homework, sometimes for hours before starting his own. He always spoke about caring and being a leader and encouraged Neil to really do his best. Neil said, "I saw that Ralph really loved everyone. He had no animosity and held no grudges. He was passionate about everything in his life. The word I would use to describe him, though, is thorough. Ralph was so thorough about everything," Ralph would stay on an open voice channel in case Neil had questions and Neil could hear Ralph helping his little sister Raizel with her homework. Neil said, "Ralph wanted to make sure Raizel, and I, really knew what we were doing when he explained difficult assignments." Ralph would then complete his own work and then invite Neil to join him and his friends in videogames. Ralph's love for life, his family and friends and Saint Anthony's was contagious. By junior year, Neil was taking 8 AP classes and at the top of his class with Ralph and his friends. Neil explains, "He was my best friend. He made me care a lot more — about everything. Without Ralph, I would never have achieved all that I have."

In November of his Junior year, his friends noticed Ralph was not his usual enthusiastic, energizing self. He got tested for Covid and it came back negative. However, his parents continued to take him to doctors and he was soon diagnosed with Mediastinal Teratoma, a rare form of cancer. This was a difficult pill

to swallow because the prognosis was grim. However, Ralph was prepared for the battle and his army of friends would stay at his side until the end. Despite his multiple hospitalizations, Ralph continued to be passionate about his schoolwork and passionate about learning. From his hospital bed, he regularly joined in via Zoom. He maintained his grades and his friendships despite his rapidly declining health.

In Mid-August 2021, Ralph and his family were told there was nothing else that could be done for him and that his death was imminent. Ralph was devastated and called his friends and gave them the news. They all cried with Ralph. The next day, Ralph called his friends and told them all there was a change - the doctors found new and very hopeful treatments. Ralph seemed happy and had a great day seeing his friends and eating Chipotle burritos. The following day, August 22nd, 2021 Ralph peacefully passed. Neil said, "When he called and said he was going to be okay, I knew he was lying. Ralph knew I was so upset before and he wanted to reassure me. We all knew he was lying but that was Ralph. He always put others first." He loved Saint Anthony's so much, Ralph requested to be buried in his school uniform. He was a Friar until the end.

Ralph lived a life of love, compassion and enthusiasm and he passed those gifts along to all he encountered. Those close to him will never forget his smile, his encouragement and his loyalty. Brother David, our Principal, said of Ralph, "Ralph not only understood the Mission of Franciscan Catholic Education but lived it out daily with his Mind, Body and Soul. This is a young man who reached and inspired so many in such simple ways. We were all blessed to have him in our lives." God bless Ralph, his family and all those who loved him. ■



SENIOR PERFORMERS



ALEXIS AMANTE

When I was in 8th grade, I made the decision to switch out of public school and into Catholic school. It was a difficult choice to make, as all I had ever known was public school and the friends I had grown up with since kindergarten. I struggled with my choice at first, but looking back it was the best decision that

I could've made.

I was never really open to change. I liked public school and I was happy in my friend group, but I decided to look beyond high school and think about what would truly prepare me for the rest of my life. After touring Saint Anthony's, I knew that everything that it had to offer was incomparable to any other school I'd seen before. Two things that really stood out to me were the medical lab and the softball program. When I got my acceptance letter to Saint Anthony's, I knew in my heart that I was meant to be there.

The amount of resources that Saint Anthony's offers as a college preparatory school are innumerable. The faculty are the most amazing teachers and even better people. Each teacher that I have encountered at Saint Anthony's has taught me so much and given me more than I could ever have imagined both academically and in my life outside of school. The classes and the rigor that Saint Anthony's offers is unmatched. These classes that I have been lucky enough to take helped me to realize that I want to work in the medical field one day. The incredible science programs here have guided me towards making that decision. Saint Anthony's has pushed me to become the best student that I can be. The skills that I have learned to prepare me for the next steps of my life are all a result of this school.

The clubs and activities that Saint Anthony's offers gives each student a chance to pursue something they know they're passionate about or even find a new interest. For me, this passion was softball. Hearing about Saint Anthony's softball not only excited me but intimidated me. I was looking forward to playing, but it would be for a top team in the state. Now, I am a Varsity Captain and the people that I have met through this sport here have changed my life. School softball truly gave me the opportunity to meet my best friends.

To any 8th grader considering Saint Anthony's, be open to change. High school is only four years but at Saint Anthony's it could be the best four years of your life. If I wasn't open to a fresh start and the vulnerability that came with being in a new school, I wouldn't be the student, player, classmate, or even friend that I am today. Having a Saint Anthony's education is the foundation to a great future ahead. I whole-heartedly believe that this school is unlike any other. 8th graders, take the risk! You never know what Saint Anthony's could have in store for you. It is definitely difficult to make a choice, but this change could better the rest of your life. Having a Saint Anthony's education was what made a difference for me. A few weeks ago, I committed to the Early Decision Process at Wesleyan University to continue both my academic and athletic careers. I am so grateful for every opportunity that Saint Anthony's has given me, which wouldn't have been possible without taking that risk.



AVA BIANCARDI

The question "why" continued to go through my head as I entered Saint Anthony's High School in 2018 as an incoming freshman. I was unsure of why I was attending this school after my three older sisters had attended public school, but my parents and I decided it was best to send me to this school in hopes that the next four years would be the best years. . . Well, they were correct.

Although I was unsure back in eighth grade as to why I should go to Saint Anthony's, I can retrospectively say it was the best decision I could have made. Endless opportunities, unlimited resources, and a tight knit community is what this school is all about. Each teacher and faculty member at the school looks out for their students in the best way. The connections that are built between students and faculty form an amazing bond that allows every student to become better equipped for success. Not only is Saint Anthony's a place to prosper and grow, but a place to find your worth by embodying the culture and traditions that they are known for. The famous line at Saint Anthony's is "Classmates for four years, Friars Forever". When we say this we mean the family that it creates is forever. This school prepares each student for a promising future. The opportunity to attend Saint Anthony's beyond just four years of school provides each student the means to challenge themselves, build lasting friendships, and continue learning. The spirit throughout the school is like none other. Whether it be academically, athletically, or socially, this school shapes its students to be capable of anything they put their minds to. There are endless clubs and teams that students can join throughout this high school which enables you to meet and explore with people with similar interests. Each teacher is willing to put in extra time to help their students succeed in the best way they can. While Saint Anthony's does focus on preparing each student for college, they also train their students to live a life of faith and service. We are taught that if we put God first we will be guided into the right direction in life. While I was unsure at the time about attending Saint Anthony's, I now know that it was in God's hands. I can say with confidence that through Him, I realized I was meant to be at this school. There is no better feeling than being a Friar at Saint Anthony's High School.

In the Fall of 2022, I will be attending Duke University to further my academic career as well as playing Division 1 Lacrosse. I will be majoring in biological science while pursuing a Bachelor's of Nursing.



*What would
you say to an eighth
grader as to why he/she
should come to
Saint Anthony's
High School?*



BRENDAN DOLPHIN

Saint Anthony's High School is a great place for students who thrive in a warm and welcoming environment and who want to learn and educate themselves to become successful in the future. Going from middle school into high school can be very overwhelming and stressful to some students but Saint Anthony's

High School has a great way to introduce incoming freshmen to the whole high school experience step by step.

If you're an incoming athlete, Saint Anthony's High School has one of the best sports programs on Long Island thus resulting in many students receiving scholarships to a variety of colleges all over the country. The coaches may seem strict and the practices might be hard at times but it will be worth it when you receive that trophy. If you don't play sports and you are more on the academic side, Saint Anthony's also has multiple electives such as economics, psychology, business, criminal justice and plenty of others that many students find interest in. Saint Anthony's also has many clubs and extracurricular activities such as the origami club; where students can express their creativity and learn new tricks or in science Olympiad where you can fulfill your unlimited desire to study science and show off your knowledge and compete with other students. Saint Anthony's High School is the perfect fit for basically anyone; they have such a variety of clubs and extracurricular activities that they're almost guaranteed to fit your interest.

The staff, the faculty members and even the students are so kind and considerate that they will help you with almost anything you are having an issue with whether it's personal or academics related. Saint Anthony's High School allows the students to exceed to their full potential in and outside the classroom, teaching them discipline and valuable life learning lessons which they can utilize later in life to succeed. In the fall I hope to attend St. John's University, Long Island University, or John Jay College.



EMILY HEARNEY

As a senior at Saint Anthony's High School, I can confidently say Saint Anthony's has changed my life for the better and has become my home away from home. Besides spending lots of time involved in school activities, the comfort, relationships and community that Saint Anthony's builds itself upon is

what makes it feel like home.

Saint Anthony's excels in academics and athletics on a nationwide scale but it also offers activities for just about anyone to get involved in and opportunities unlike any other school. The business center, medical labs and hundreds of clubs are all testaments to the inclusion of all interests. For me, I have been able to find myself and those with the same interests as me through Student Council, the National Honor Society board and Varsity Kickline. Being a part of every school event through Student Council and NHS has shown me how special Saint Anthony's really is in spirit and community mixed with Franciscan teaching. Coming into Saint Anthony's, as a transfer sophomore year, my biggest goal was to get involved in as many clubs as I could to start to accustom myself to the atmosphere and begin relationships with my peers and staff. In doing that, I have been able to make so many new friends while also prospering to do the most I can in the time I have left at Saint Anthony's High School.

The administration at Saint Anthony's has also been nothing but the best in my experiences. The love, respect and companionship that many teachers approach their students with is unlike many other schools and truly remarkable. The teachers are not only an outlet to talk to but also an honest help in any situation one may find himself stuck in. Additionally, the administration has a crucial impact on each student's faith journey at our school. The no pressure but constant reminder of where God is in our lives on an everyday basis throughout the basic stresses of high school is helpful, motivating and important to students like me and can't be found anywhere else.

To an incoming freshman, eighth grader considering Saint Anthony's, transfer student or parent trying to find the best fit for their child, Saint Anthony's is the right place to be. Saint Anthony's will prompt you or your child to get involved, find yourself, get closer with God and make new relationships with those around you while having the opportunity to excel in academics, music or athletics alike. I hope to attend the University of Central Florida.



MADISON MCDOWELL

If you're on the fence about coming to Saint Anthony's, I completely understand. Change is scary. But I can assure you that it will be one of the best decisions you will ever make. I would say there is no one reason why an eighth grader should come to Saint Anthony's.

There are simply too many to count. The teachers and staff are some of the nicest and most supportive people you will ever meet in your life. They are there to help you and want to see you grow spiritually, academically and emotionally.

With over 80 clubs offered, there truly is something for everyone. Ranging from NASCAR Club to Rubik's Cube Club, you can always find people who share similar interests as you. The possibilities for volunteer work are endless. As a member of SA Supers and Special Needs Ministry, the feeling of giving back to your community is unmatched. The academic opportunities we have at Saint Anthony's rival some colleges, and everyone wants to see you do your best. With peer tutoring available in the library and weekly extra help sessions, there is always someone there to help you do better. After beginning to take part in the Anatomy & Physiology course offered here, I can attest that it is truly a privilege to have the opportunity to do hands-on work with facilities like the Anatomage table, especially since we are the only high school in New York to have it. With multiple CHSAA League Champions and several nationally recognized teams, the sports here are truly outstanding. As a rower on the varsity crew team, I promise you that joining a sport is an amazing experience. To go from strangers to family in a matter of 4 years is something I will never be able to put into words, and I will cherish the memories I have with this team for a long, long time.

Saint Anthony's experience is positively life-changing and you will carry it with you for the rest of your life. I am incredibly fortunate to be able to say that I have made friendships I firmly believe I will bring with me throughout my future. If I never came to Saint Anthony's, I would have never met such amazing people that have changed my life. I owe my success to this school, and I hope one day you can too.

In September 2022, I hope to be attending either the University of Tennessee Knoxville or the University of North Carolina at Chapel Hill.



MILES MELONI

When I started Saint Anthony's I was nervous. Coming from a primary school with a graduating class of 12 students, Saint Anthony's was daunting due to the size of the student population, and to make it worse, I didn't know a soul. The first few months of

high school were a struggle, as I, among many other challenges, had to figure out how to navigate the halls of my classes to outrun the bell. But as time went on, I became more and more confident in my abilities to navigate the Saint Anthony's environment and began to enjoy my time there. What makes Saint Anthony's so special are the students. One senior took me under his wing and encouraged me to join the Chess and Rubik's club, which I am now president of.

As a second-generation Friar I knew from day one Saint Anthony's would challenge me academically. I entered the school year taking all of the most difficult honors classes possible for freshmen, but because of Saint Anthony's education I was able to succeed. Saint Anthony's provides all the resources I need to succeed; one of these academic advantages is that Saint Anthony's allows incoming students to take multiple AP courses in their first year, giving them the ability to excel amongst their peers. Although my classes were difficult, I, and many other students, were able to complete our AP classes successfully, leading to the ability for prestigious students to take as many as 5 AP classes in later years. The teachers are so encouraging, often they have stayed after class to discuss my ideas and even read the book I was writing.

What I didn't know was that at Saint Anthony's I was going to be more than a number on a page, and that my teachers would see me as an individual, and guide me on my journey. On three different occasions my classroom teachers saw my aptitude, and suggested I join a variety of clubs due to a strength I demonstrated in class. I still am a member of the school newspaper and captain of the school's varsity quiz bowl team due to their recommendations. Saint Anthony's hosts a wide variety of clubs and sporting activities, meaning that there is room for anyone at the school. Whatever your passions are, you can succeed at Saint Anthony's due to the involvement and guidance of its faculty. Nowhere else will you get the same opportunities as at Saint Anthony's, and I foresee all applying students having great success here!

I have applied to several liberal arts colleges including Bard College and Lafayette College.



COLLEEN RADIGAN

Reflecting on my decision to attend Saint Anthony's High School, I sincerely appreciate how I have grown in so many exciting and meaningful ways. A Saint Anthony's education gave me the confidence to challenge my perceived personal boundaries both in and out of the classroom. By accepting these

challenges, I became the confident, hard-working, well-rounded person I am today. Like most students entering high school, I was a timid incoming freshman, unsure of where this journey would take me. However, it wasn't long before I understood that Saint Anthony's, with its motto, "Classmates for Four Years, Friars for Forever," was a special place. Forever, I will cherish my seven-hundred and twenty days spent here!

Immediately entering my freshman year, I was an active and involved student. Having run cross country and track in middle school, I knew this was something I wanted to continue in high school. So, when the opportunity to participate in the preseason summer practices came along, I was eager to get started. By the conclusion of these practices, I had the comfort of knowing a few friendly faces on the first official day of school. As my high school years passed, I continued to run cross country, winter, and spring track and will treasure the friendships that were developed over the many miles we've run together.

Additionally, I took the opportunity to join a variety of clubs and found this to be a great way to meet additional, like-minded people. Over my four years at St. Anthony's I was an active member in Caring Adolescents Reaching the Elderly (C.A.R.E.), Friar Faithful, and the Saint Anthony's Leadership Team (S.A.L.T.). Saint Anthony's encourages its student body to participate in a variety of ways, and by doing so, it allows the opportunity for the students to develop their leadership skills. By being an active member of these clubs, I've learned the importance of service, critical thinking, teamwork, effective communication, responsibility, and more.

As my critical life skills were being developed at Saint Anthony's, I started thinking about my future plans, and I knew I was interested in the medical field. So, in my junior year of high school, I joined the Commack Volunteer Ambulance Corps as an Attendant and was certified in basic life support skills. I have since been volunteering in this department once a week and have gained immeasurable experience. As a senior, I am enrolled in the E.M.T. course at Saint Anthony's. By June of 2022, I will become a licensed N.Y. State E.M.T. and will continue to serve my community in this new capacity.

By taking the chance to be an involved and active student, I was able to appreciate the extraordinary energy and school spirit at Saint Anthony's, and I found it to be contagious. From the Brothers, faculty, and staff to the student body as a whole, whether it was on the field or in the classroom, everyone pushed each other to be their best and cheered them on along the way; Classmates for Four Years, Friars for Forever!

With the help, guidance, and unwavering support from Saint Anthony's over the past four years, I will soon be on my way to earning an advanced degree in Nursing at either St. John Fisher College or Belmont University.



JAYDON SANCHEZ

High school is an immense milestone in one's life. It is not just a place to learn and get prepared for college, it is a host for the best four years of a young adult's life. Deciding on which high school to attend for these four glorious, stressful, exciting, and influential years, is paramount compared to the decision of whether

you should go to a party or study, or even what you should have for breakfast. Pancakes are usually the right choice in case you're wondering. It may seem nerve-racking to walk into a brand new school with intimidating tasks ahead; however, Saint Anthony's has helped not only myself, but thousands of students make the most out of their high school years, whilst also preparing every student for the even scarier journey through college.

The daunting task of becoming a high school student is frightening and extremely difficult to do alone. Students and faculty both know the great feat of making a decision like this, because believe it or not, we have chosen where to go to high school just as you are. Whether a student is jumping from eighth grade to high school or is transferring in from another school, Saint Anthony's as a whole provides and discovers ways to make every incoming Friar feel at home. Personally, the main reason why I chose to attend Saint Anthony's High School over competing schools is because of the abundant number of opportunities provided by the school. Not only does Saint Anthony's offer Advanced Placement programs, copious elective courses, a plentiful number of extracurricular activities, and new state of the art learning supplies and services, it is also up to date with modern technology and career paths. Within recent years, renovations have been completed in which sections such as the innovational STEM center, financial and business center, and sports fields, were established in order to provide unique opportunities to students, while also incorporating early on learning skills that assist in college preparations, and spark interests that guide students towards a successful and bountiful future.

Saint Anthony's High School does not only provide opportunities and resources used to guide students in their high school and college years, but the institution also assists in building one's character and relationships within the student body, as well as relationships between faculty and students. This mostly squared shaped building has provided the building blocks for lifelong friendships and ever lasting memories for both faculty, administrators, and scholars. The school is not only a new place to make friends and gain role models, but it also serves as a sanctuary for students to talk about difficulties in life both in and out of school. The community that enheartens Saint Anthony's is one filled with compassion, understanding, and support for one going through a rough patch in life. Whether needing someone to talk to about academic issues, personal issues, or just company in general, SA will and has done everything in its power to provide support to all individuals on a personal level.

Attending Saint Anthony's for my high school experience and education has yielded numerous opportunities that I truly do not believe I could have stumbled upon anywhere else. The relationships I have formed will continue on far beyond college. It has bestowed upon me countless opportunities that have allowed me to further enhance my education and life experience. This one school has shaped me into a young, mature man and has granted me the ability to apply to my top two dream schools, Cornell University and Virginia Polytechnic Institute and State University. Truthfully, I believe attending Saint Anthony's High School has sculpted my future to fit me and not society. It has solved my problems, brought out the best in me, inspired me to do things I previously thought were not possible to accomplish in four years, and has been my second home for three and a half years. I hope that this wonderful school has the same effect on incoming freshmen throughout their high school years as it did for me. Classmates for four years, Friars forever!



QUINTIN VIZZA

Saint Anthony's has everything you would need in a high school experience. The number of events and resources offered by Saint Anthony's is unbelievable. The past four years of my life attending Saint Anthony's High School have been some of the most enjoyable years of my life. I have participated

in numerous extracurricular activities that Saint Anthony's offers and still learn about new ones. It's an experience that I wish every high schooler could experience.

Saint Anthony's High School is truly a college preparatory school. I can't thank my school enough for the education and preparation that was provided to me. The wide variety of electives and classes makes you feel like you're attending a college. The teachers at Saint Anthony's are incredible and always looking to help you out. The amount of time and deduction they put into their classes and students is something commendable. Even if you struggle, Saint Anthony's offers peer tutoring to give you even more help. The school and the teachers are always looking out for you and your best interest; as soon as you enter the doors of Saint Anthony's you are part of the Friar Family.

Saint Anthony's is always looking to improve the school. I was lucky enough to be the first class to experience the Innovation Center. This is where I have taken an engineering class for two years. This room is something you will not find in any other high school on Long Island.

It's stacked with multiple 3D printers, laser cutters, and CNC machines. In this class, I have learned basic skills to design and create things. This is a class I recommend everyone to take because of how fun it is, while still learning some wild skills. If engineering isn't your thing, a business center was just added to the school: teaching kids about all economies and the basics of economics. Renovation is done to the school each year, improving it with each new class. The next thing up is the baseball and football field getting improved; exciting for all the kids wanting to come here for our prestigious athletics.

Here at Saint Anthony's, you will be exposed to things you cannot get anywhere else. The friendships and the memories you will make here are forever lasting. If you want to come to the best school on Long Island and have the time of your life, come to Saint Anthony's. I'm excited for the future of Saint Anthony's because I know what they are capable of. I hope to see your name on the roster of the class of 2026. I wish you the best of luck. In the fall I hope to be attending Clemson University or Virginia Tech.



EMMA ANNETT

My education journey has always appeared unknown, especially attending public school for most of my academic years. Looking back to when I was choosing my education path for high school, I recall not having much of a choice because as the youngest, my mom believed this school would be the best for my future

and because my sisters Elise '17 and Erica '21 flourished here. These four years of my life dynamically changed in the most fulfilling and rewarding way.

From my first day of freshman orientation, I knew this school would shape me into the person I need to be and to be successful academically, emotionally, and spiritually. I am prepared to attend the undergraduate institution I choose because of the maturation Saint Anthony's taught me. I started Saint Anthony's as a confused juvenile, and now I am graduating as a mature young adult. This journey exceeded my expectations and taught me lifelong lessons that I will cherish forever. I am changed for the better because of the Friar community.

To continue to grow my academic and spiritual life in college, I've decided to apply to Sacred Heart University and Ave Maria University. These two schools gained my interest by being a Catholic institution in addition to their academic standards, just like Saint Anthony's. While going through the college application process, Sacred Heart University was one of my top schools because of the location, campus community and academic success. Ave Maria University was another top choice, yet also different. This school is down south which is a big change from living in your hometown all your life. I trust that Saint Anthony's prepared me for the upcoming change but also more importantly, for my future self. I am capable of experiencing any big or small and good or bad changes because I have faith that God has a plan for me.

I am a better version of myself and I am prepared for my future endeavors because of Saint Anthony's. I am grateful for the path guided by my family and now ready to take my roots and grow elsewhere. I will trust the direction that I am taking and will always remember where I came from. I was taught by outstanding teachers, experienced great support by guidance counselors, and was cared for by my Friar classmates who are now my family. Saint Anthony's changed my life for the better, and I believe every student walking into Saint Anthony's High School on their first day will feel the way I did. I am blessed to be a Friar.



ASHLEY BUNICI

As an 8th grader, I was comfortable at my public school 10 minutes away from me and I enjoyed my big group of friends. I had no reason I wanted to leave, except that I knew there was something calling me to take the path less traveled. It was a vocation. The sense of security with the familiar did not hold me down from

stepping outside of my comfort zone to go where I was meant to be: Saint Anthony's. I always knew it was in the cards for me to go there, as my older sister insisted I did after her amazing experience, but the decision was still mine. I remember touring as a prospective student and falling in love with everything I saw and heard about my future school. I knew there was something special about this place, and that I had to become a Friar. I was constantly asked why I was leaving my public school. I didn't know how to explain my gut feeling that this was where I had to be, and that Saint Anthony's would ultimately change my life forever.

If I had to use a single word to describe how Saint Anthony's has changed my life, it would be through our surreal opportunities. Opportunities to meet people of different cultures from all over Long Island and the world, to sing in Italy in beautiful cathedrals, to play a sport with teammates who became my best friends, to meet successful business people and learn from their accomplishments, administer the Holy Eucharist during Mass, work with knowledgeable guidance counselors to ensure my collegiate success, spend afternoons with special needs adults or visiting an elderly home, challenge myself with AP classes, get involved in every club I can, and even start my own club, Model UN. Saint Anthony's gave me a home away from home. It felt odd to leave on the 2:30 bus at dismissal, so rather, I often opted for the 6pm train home. I wanted to spend every extra second I had at my school, making memories I knew would last a lifetime.

I remember my senior tour guide telling myself at 13 that the years would fly by and I would be in her shoes before I knew it. Well, I can attest to that being true. I wish I could go back to the beginning of freshman year to relive my wonderful experiences all over again. It is hard to imagine that I will no longer hear the Angelus each afternoon or wave to Brother David in the hallway. It deeply saddens me that I won't walk these halls everyday, but I know that my time here has prepared me well for every journey I will endure in the future. I feel privileged to call myself a Friar, and I will let the Franciscan values live on through me with everything I say and do.

My life has been forever changed because of Saint Anthony's and I truly feel blessed to be a part of this exceptionally beautiful community.

I hope to attend Villanova University or Fordham University.

How has Saint Anthony's High School changed your life?





AIDAN D'ALONZO

As I ponder all the time I have spent at Saint Anthony's, I realize that I do not even have the words to describe how much it has changed my life. And so, I will not use my words. I will use Plato's.

One thought experiment that Plato presented is called The Allegory of the Cave. In this allegory, people are chained in a cave and forced to only stare at a blank wall their whole life. On the blank wall, they see shadows from objects in the real world that are projected to them from a fire. Being that the cave is all they have ever known, these people believe the shadows to be all there is to life, and they accept it as reality. One day, however, a prisoner escapes from this nightmare and experiences the real world, and she is shocked and amazed by how bright, how complex, and how extraordinary it is! She runs back to the cave to share what she has found, but the other prisoners do not believe her. They say she is crazy, that there is no better reality than what exists in the cave. While Plato proposed this allegory to state that philosophical reasoning is the only way to true knowledge, I am going to interpret it from a slightly different lens.

In my mind, the cave is easily translatable to middle school. In middle school, the options for students to be involved are very limited. While middle schoolers almost always do not know it at the time, they are presented with very little ability to explore what they are interested in, to branch out, try new things, and experience new realities. Am I basically saying that middle school is like a prison? Perhaps, but only in comparison to the exhilarating freedom that high school provides. When one goes to high school, they break free from their chains and are introduced to a higher level of life. Suddenly, they have the chance to be involved at their school, to meet new people, and find their true passions in life. And Saint Anthony's does a fantastic job at providing this freedom. When my older sisters went off to Saint Anthony's and came back everyday to tell me how amazing it was, I did not believe them, told them they were crazy even. But when the time came for me to attend, I realized that every word they said was true. Saint Anthony's has taken me from seeing only shadows to understanding the world for what it really is. From challenging academics, a plethora of extracurriculars, and exposure to hundreds of incredible people, Saint Anthony's has allowed me to unlock my own potential and grow in ways I once thought impossible. While I could go into great detail about which specific clubs and classes and whatnot have led to the most personal development, I would prefer just to emphasize how the diversity and magnitude of the opportunities at Saint Anthony's have pushed me and all other students to challenge our limits and see life from a new perspective.

To the prospective student, I apologize for implying that you are chained in a cave and see only shadows. But I say so only to convey how wonderful life will be at Saint Anthony's. The school has transformed my life so much that I feel I am now able to experience a higher level of reality, and I am absolutely positive it will do the same for anyone that chooses to come here. As I now play the role of the escapee who comes back to the cave to share the wonders of what lies ahead, prospective students do not tell me I am crazy, and refuse to believe. Be excited, for a great adventure lies ahead, and the person you will be at the end will look back and understand all of this Plato gibberish.


 Two schools that I am interested in attending are Northeastern University and Carnegie Mellon.




JOSHUA ESCOBAR

As I conclude my time here at Saint Anthony's High School, I find it very easy to answer the question of how Saint Anthony's changed my life. I attended Saint Anthony's to play football at the highest level possible here on Long Island. I had goals on what I wanted my future to look like here at Saint Anthony's and I can now

say that it was not what I expected. I learned early that academics, faith and personal growth is what Saint Anthony's is all about and thankfully because of several dedicated teachers and administrators, I was able to find my path.

The truth is that Saint Anthony's has changed my life for the better and I wouldn't trade it for anything. Over these four years, I look back at the hundreds of friends I have made that are now my family for life. Through numerous sports teams and clubs, I have seen students from multiple walks of life and all that differed from my personal experiences. Saint Anthony's was the difference maker in my life that looking back will probably be the best four years of my life. From teachers doing the absolute most to have me excel as a student to coaches pushing me to perform at my highest level is something that would not have been possible for me at any other high school. Saint Anthony's has opened my eyes to many different future occupations and because of the numerous opportunities and clubs, I now know what I want to do with my life. I arrived at Saint Anthony's a nervous boy and my parents and I are proud to say that I am leaving as a Catholic man. The most exciting part about now being a senior at Saint Anthony's High School is that I am undergoing my college applications. With so many schools that offer so much value to me as a student, it is not an easy task that can just be decided in one day. With that in mind, I am excited that I have decided on Wake Forest University and Syracuse University as my top choices of where I hope to attend in fall 2022. I will be a Pre-dentistry major and both of these academic institutions offer the best possible education and atmosphere for me to grow as I transition into adulthood. Wake Forest University is my number one choice and I plan on applying early. I love the location and size of the school as well as what they offer in the field of my major. As for Syracuse University, I would follow the same academic track while also going to school with my brother. Like Wake Forest, I love the atmosphere and location of the school as well as the distance from home. I am grateful for my time here at Saint Anthony's and am thrilled on what the future holds for me. I will never forget these moments of high school and I truly am a Friar forever.



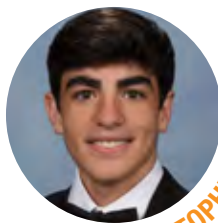
GABRIELLA KOCZKO

I can go on about what I've learned here at Saint Anthony's, both inside and out of the classroom. Quickly, I could recollect the motherly advice Mrs. Cooke has given me or the way Mr. Vasiliades taught me to always have faith in the world. I learned to simplify radicals and interpret the Constitution, but my time

here has taught me more. Saint Anthony's taught me who I am as a person and effectively changed my life.

One word to describe me as an incoming freshman would be indifferent, about both myself and my education. I didn't see anything special within myself. I wasn't a stellar student, star athlete, or amazingly talented clarinet player. School was just a requirement, and I considered myself overwhelmingly mediocre. But, only a few days into 9th grade, I noticed my peers and teachers had a passion for education that I had never seen before, which soon transferred. The staff inspired within me a curiosity of the unknown and a desire to know more. Suddenly all of my classes were riveting, especially history, in which I developed a keen interest. My newfound appreciation for learning shifted into further involvement in school. I joined as many clubs as I could, spending almost every day leaving school on the late bus. Stage Crew, Franciscan Youth Ministry, Peer Tutoring, Peanut Butter and Jelly Gang, Supers, and so many more clubs became a cornerstone of my week. My service here taught me how important it was to give back to people, especially the less fortunate. Not only did I learn the value of hard work, leadership, and compassion, I knew this was what I loved to do. Without Saint Anthony's, I may not have found that I want to spend my life helping others.

My life-changing lesson is that even though I wasn't best at certain classes, sports or instruments, I was still exceptional. Through its student body, staff, and administration, Saint Anthony's fosters a community that brings out the best in its students. My passion for helping the community, both school and local, makes me unique. By living out the Franciscan values promoted throughout the school, I have learned who I am. Next fall, I hope to attend Boston College or Fordham University to study history and further my education. And, while it is a bittersweet feeling to know that I will not be here physically next year, I am sure that the Friar Spirit will forever live inside my heart. I am forever grateful for the education and experiences that Saint Anthony's has provided me with, and I cannot wait to carry them into the next chapter of my life.



CHRISTOPHER MCCABE

Attending Saint Anthony's was one of the best choices I have made in my life. I've always wanted to come here since I was in 4th grade participating in the Saint Anthony's summer lacrosse camp. Saint Anthony's has always been known to have teams that are competitive and that is what I wanted to be a part of. I am from

Sayville, which was a small public school, so it was an adjustment coming into the bigger setting at Saint Anthony's. At first, I felt like a little fish in a big sea, but my classmates and teachers were very welcoming and soon I settled into the environment and became comfortable. I definitely made the right decision attending Saint Anthony's as it has lived up to its reputation as a college preparatory school.

Coming in as a freshman not knowing what to expect was intimidating, especially the high standards the school sets on its students. I was lucky enough to get a head start on my freshman year, as playing freshman football with sixty other kids was a great experience.

Starting in August and being around the other players everyday was a great way to meet people and play a competitive sport that I had played all my life. I cannot say enough good things about my freshman coach, Mr. Washington. He made all of the players feel welcomed and that really eased the transition into our first day of school. Not only do sports help change your experience at Saint Anthony's but clubs do as well. The more clubs you associate yourself in, the more you learn and meet new people. I am a part of the Future Business Leaders club in which you hear alumni in the workforce come talk about their occupation. They tell the tale of the path they took from the very seats we sit in as students through their college experience and finally into the job market. Saint Anthony's has also changed my life in the classroom, as it has changed my habits, discipline, and time management. Having a structure in the classroom without distractions is very valuable. Having great teachers who care about their students and are willing to stay after school to help you with your questions. This has all shaped me into the student I have become today, preparing me well for college. The experience you have at Saint Anthony's is what you make of it, the more you get involved the more rewarding the experience will be. Breaking out of your shell and not being timid tremendously expands your experience.

Playing lacrosse at Saint Anthony's has also changed my life. After picking up a stick in second grade, I knew I loved the sport. Playing at Saint Anthony's will always make you better as the players you are surrounded by are truly some of the best players in the country. You will practice and play with them and against them every day at practice. Sometimes you don't know how much you love something until it is taken away from you. COVID took away my sophomore season which was heartbreaking as I was looking forward to it all year long. It taught me to never take anything for granted. Having a junior season was such a great feeling. Being a part of the lacrosse program that has won the Catholic League Lacrosse Championship has taught me to strive for success and to never lose sight of my goals. It's not all about the athletics at Saint Anthony's. Being a member of the National Honor Society at Saint Anthony's changed who I have become today. I have learned to always help the less fortunate than myself and to be a role model for the school since you are representing the student body both on and off the campus.

Waking up early in the morning is not difficult for me because I get to attend one of the top Catholic schools in the country and experience that family community. I cannot give enough credit to how this school has shaped me from the summer coming into Saint Anthony's until now in the middle of my Senior year. When I graduate in June 2022, I will know that I am taking all the lessons and skills from Saint Anthony's into college. Classmates for four years, Friars forever!

I will be attending/playing lacrosse at Salve Regina University next fall.



ELIZABETH PACI

Attending Saint Anthony's High School has impacted my life in many ways. From athletics to academics, Saint Anthony's has pushed me to be a better me. Attending this school has challenged me to reach my full potential in all aspects of my life. Saint Anthony's has been a catalyst for me to grow spiritually,

personally, and academically. Both the opportunities and challenges I have faced here at Saint Anthony's played a major role in who I am today.

Entering Saint Anthony's as a freshman, coming from an elementary school with a class of 60 students, was a big change to get used to. Freshman year I was terrified of the thought of being 1 out of 2500 students. This major change pushed me out of my comfort zone and made me grow as a person. I have learned to be confident in who I am and embrace the big school community.

The most impactful experience I've had at Saint Anthony's is from our school's Campus Ministry. Participating in and taking on leadership roles throughout our Campus Ministry has led me to expand on my faith journey and grow morally as a person. Saint Anthony's has provided me with opportunities to further explore my faith life and what it means to be a Catholic. The Franciscan values of faith, hope, love of God, self and neighbor are the foundation to our school. While our rewarding academics and sports set us apart from other high schools, I believe that the faith that roams our halls is our most prized possession. Our Campus Ministry, especially being a part of the Kolbe Society, has helped me grow in and share my faith with others.

Another aspect of our school that has changed my life is our growing Business & Entrepreneurship program. Thanks to our Future Business Leaders Club and our unique business programs, I have confidently discovered the path I would like to pursue. The real life business experiences and witnesses from successful alumni that our business program offers have guaranteed my desire for a future major in finance. Saint Anthony's rigor, along with its strong community, has prepared me both academically and spiritually. With everything Saint Anthony's has taught me, I know I have the skills to excel in my future. I hope to attend either Boston College or the University of Georgia in fall of 2022, entering as a business major.



MEGAN RADIGAN

Deciding to attend Saint Anthony's was not a difficult choice for me. I was inspired to attend, knowing that my mother had graduated as a Friar, Class of '87, and my older sister Erin would be in her junior year. Additionally, I would be entering the school with

my twin sister Colleen. Despite having such history

at the school, I understood that I could not genuinely appreciate certain things unless I experienced them firsthand. "Capture the heart and the mind will follow." I can vividly remember hearing this for the first time during Erin's freshman year, but I did not truly understand what this meant until I became a Friar myself. As my freshman year began, I soon understood how important Franciscan values are to our school. Daily, students witness these values, whether in or out of the classroom or competing on the field. By providing such an environment, Saint Anthony's allows its students to grow both academically and spiritually. As I reflect on all the amazing things I was able to achieve and experience during my four years at Saint Anthony's, it was all possible due to the unwavering support of the Brothers, administrators, teachers, and staff.

Being a Friar, you are challenged to be your best. To succeed, you are forced to become responsible and must learn to manage your time wisely. Of the many life lessons that I have learned at Saint Anthony's, these two rank highest! Having challenged myself academically all four years, I still found the time to participate in S.A.L.T., Friar Faithful, C.A.R.E., Clare Council, and ran cross country, winter, and spring track. Having accepted the challenge to be my best, I had other positive experiences that were unexpected. First, my teacher, Ms. Sloan, inspired me to attend the 2020 U.S. Naval Academy's Summer S.T.E.M. Program as a sophomore. Then as a junior, I was selected to participate in the American Legion's N.Y. Girls State 2021 Summer Program.

Additionally, while at Saint Anthony's, I had the opportunity to pursue my interests in the medical field. In my freshman and sophomore years, I volunteered at Stony Brook Hospital in the Patient Education Department. Then in my junior year, I joined the local ambulance corps as an ambulance attendant. Today, as a senior, I am still serving my community in this capacity on a weekly basis. Additionally, I took advantage of enrolling in the E.M.T. class at Saint Anthony's, and I will be a certified E.M.T. by the end of my senior year. Soon, I will embark on my journey to pursue an advanced degree in nursing, and I could not have built a more solid foundation to start on, all thanks to my education at Saint Anthony's.

Finally, as you are reading through my peers' essays, wondering how is this all possible? I can tell you firsthand, it goes back to the core of Saint Anthony's belief, "Capture the heart and the mind will follow!" Being guided by this principle, Saint Anthony's has a unique way of changing your life in ways you never thought possible. So, to all the incoming Friars, challenge yourself to be the best. You will have the opportunity to do so, you will have the support, and you will succeed! In the fall of 2022, I plan on attending St. John Fisher College or Belmont University to pursue a B.S.N. in Nursing followed by a Physician Assistant degree for my master's.



WILLIAM SNYDER

You would think this would be an easy question to answer. But for this it took a week of thinking and praying to realize just how my life had actually changed. All the praying made me realize Saint Anthony's has changed my life by helping me grow in my faith.

Before Saint Anthony's I attended Bay Shore Middle School, my town's public school. During my time at Bay Shore I thought of my faith as something my parents said I had. I never really understood who God was or my personal relationship with Him. When my parents asked me where I wanted to go to high school Saint Anthony's was the first school that came to mind. Now I didn't choose to come to Saint Anthony's because I wanted a school that would help me grow in my faith, I chose it for lacrosse and the great academics. Both of those reasons for coming to Saint Anthony's have helped me get into college.

But winning championships in lacrosse and having a high GPA haven't changed me the way Ms. Regina's sophomore theology class did. My freshman year was my first year actually learning about God and how he wants to be involved in our life. My freshman year theology class set the foundation for my faith. But Ms. Regina's class made me open to letting God in my life and ever since then my life has changed for the better. Growing in my faith has made me see the good in people and who I should keep in my circle. It has also changed the way I trust myself. I know that no matter what I do God has a plan for me and I trust that I am making the right choices. Saint Anthony's is a place where your life will be changed for the better, where you will grow in your faith, intellect, athletics or whatever you are interested in. Saint Anthony's is the best place to go.

This change in my faith that Saint Anthony's has helped me achieve is something that I will take with me to Fairfield University where I will be playing Division 1 lacrosse next fall.



JULIAN WICK

One of the mottoes the Franciscan Brothers live by is, "capture the heart and the mind will follow." For me, that capture took place my freshman year. During my Studio in Art class, my teacher, Mrs. Baldwin-Schafer, took us to the chapel to observe the art. She pointed out a dove that was carved into the stone above the altar.

I was in awe from the beauty that rested before me. The stained windows, the nativity scene, the mural, all brought a feeling that made me feel comforted yet passionate. From then on, my faith grew stronger. Rounding out my senior year, praying the Angelus each day, giving out communion as a Eucharistic Minister, and leading classmates and teammates in prayer, gave me the sense of fulfillment in my life I needed. Reminiscing on this now, my depth of faith has increased, and has grown to become a piece of me. The religious atmosphere here left a lasting longing for God in me, and for Him to work through me.

"Brother loves ya!" Talk about how you hear this from Brother David all the time! It reinforces his commitment to the students by letting you know he loves you over and over. My time at Saint Anthony's has shown me how this commitment extends to all the Brothers, teachers, coaches, and staff. Each member demonstrates this in their own unique way, where a reflection of their attributes is seen in each student. Seeing this makes it easy to understand how bonds are so strong in our school. This allowed me to feel an acceptance in anything I tried. I made friends in sports, clubs, and class. These friendships will carry past my high school years. I learned that I too can show such a commitment and love toward others affecting them in the same way.

The mind does follow. Saint Anthony's has pushed me to be the best person I can be. I take pride in doing well in my studies, to work with my friends to help each other succeed, to manage my time, and push through days of school and sport knowing homework still awaits me at home. I am excited for college because I know I am prepared. These past four years I have been building a bond stronger than ever, understanding how I will be a Friar forever.

I would like to play soccer at the collegiate level, possibly at Providence College or Bentley University.



AVA CLEERE

My experience at Saint Anthony's has prepared me for college in more ways than I am even aware of. The most obvious being the education I have gained along with my organization and study skills. Saint Anthony's creates a spirit of academic excellence, encouraging students to aspire to do well. The faculty provides

support for all students to excel academically, providing extra help when needed and the option for peer tutoring.

Saint Anthony's has helped me find the subjects I am passionate about to study further in college. The exemplary science program allowed me to discover my interest in the medical field through courses such as Honors Biology and Honors Chemistry. The Anatomy and Physiology Honors course developed my interest in medicine and provided me with the once-in-a-lifetime opportunity to study with the Anatomage table; a virtual three dimensional cadaver of a real human body. I am now applying to college as a medical science major and I am hopeful to become a healthcare worker in the future. College level and AP classes also help students prepare for college by providing credits and insight into the content students will encounter. These classes expanded my intellectual ability and inquiry. Saint Anthony's offers a wide range of courses that gives students the ability to gain experience in many subjects and find a possible future career path.

I have also gained so many valuable skills from the many extracurricular activities Saint Anthony's offers its students. The Friar Faithful executive board has taught me how to be invested in the future of my school and community. Becoming Alto Section Leader of the Gregorian Schola has taught me leadership and organizational skills that are essential to success in college and the workforce. Becoming involved in the Friar community has allowed me to become more extroverted and mature as an individual.

Although I have not yet completed the application process, I am hopeful to follow my older sister to Villanova University. However, I know that wherever I end up I will be successful because of what I have learned during my time at Saint Anthony's.



PEYTON DARBY

The four years I've spent at Saint Anthony's have truly been an extraordinary experience. The environment has enhanced my persona and life for the better. I have much gratitude for the extensive efforts Saint Anthony's makes to ensure that its students are ready to succeed after high school. Through the academic rigor, the

values instilled, and the resources available, I feel prepared to thrive in college this fall.

Saint Anthony's offers a cohort of opportunities to grow for its students. Rooted in Catholicism, Saint Anthony's not only challenges students academically but also in their faith so that they grow to become figures of Christ. The strong emphasis placed on the Franciscan values has helped me formulate my character. I began freshman year as a quiet kid who had a hard time participating in class. However, with the numerous amazing teachers I had and the collaborative, uplifting environment, I am now more loquacious and active in class. These new found characteristics enabled me with confidence to take on all honors and Advanced Placement (AP) classes.

The AP course rigor is highly reflective of that of a college course. While these classes are challenging, they adhere to the demand of work that colleges seek in their students. Over my time here, I immersed myself in 10 AP courses across all subject disciplines and now have the confidence and skills necessary to excel in a top-level university. I originally believed the benefits of these courses were solely academic; however, there was a significant financial reward. If successful in the class, these courses translate into usable college credits which economically can be converted into a graduate school year at the price of a four year undergraduate tuition.

The depth of resources that students are provided with at Saint Anthony's also amplifies college readiness. This was impactful for me because it helped to formulate a clear scope of what field of study I wanted to pursue after graduation. The new Business and Entrepreneurship Center has offered me the chance to learn the prerequisites and fundamentals of the business world. In lieu of taking classes I wasn't particularly interested in, I devoted time to the Entrepreneurship Center learning about financial literacy, Microsoft Excel, and personal finance. Having the opportunity to learn so much about the business world, I am confident in my major as I discovered what really interests me. This bespoke opportunity can only be found at Saint Anthony's.

I have to thank Saint Anthony's for being a major component of the creation of the young woman that I became. My time here has instilled in me so much confidence for my future. As I prepare to graduate from Saint Anthony's this June, I believe that I'm ready to cross the Rubicon into the college world with great success.

I have applied to Northeastern University and Wake Forest University and I hope to be accepted into their freshmen class and begin this fall.

*How do you believe
Saint Anthony's High
School has prepared
you for college?*



KATE FARRELL

Making the decision to commute to a high school 60 miles away may seem like a difficult one, but it was not. Saint Anthony's incredible reputation as a college preparatory high school piqued my interest and was an opportunity I couldn't say no to. Coming from a small middle school with 80 students in my grade,

the crowded halls of Saint Anthony's were a major adjustment.

Saint Anthony's is named a college preparatory school for a reason, and the teachers play a large role in that. Not only are the teachers welcoming and kind, but they are also incredibly motivating. They truly want the best for their students, and it is very apparent. They require hard work and dedication, and most importantly, they promote advocating for yourself. Whether you need extra help, a letter of recommendation, advice, or more, they are always there for you.

The most valuable lesson I have learned at Saint Anthony's is the importance of independence and maturity. I have been blessed to have encouraging teachers throughout my high school career. I have encountered many of these teachers through the rigorous AP courses that Saint Anthony's offers. The intense and college level curriculum I have experienced throughout these classes have helped prepare me for the work I will see in college and the time management required to stay on top of it all.

The sports at Saint Anthony's are an experience in themselves. Attending the spirited football games helped me in deciding on my top colleges. After experiencing those games, I knew I needed a school with spirit and high energy. My top two schools are Duke and Notre Dame, which definitely do not lack school spirit. The lessons I have learned and relationships I have made at Saint Anthony's will stay with me for the rest of my life.



KATHRYN KOTCH

From the moment you first learn of Saint Anthony's High School, you hear the phrase "college preparatory school". My parents took pride in this, excited to send their children to a school that makes it their mission to prepare students for a world beyond high school. On the other hand, those words did not mean

much to me as an incoming freshman. I understood what they meant, but I could not yet feel the weight of their significance. But now as a senior, I see how this aspect of Saint Anthony's molded the student in me.

The teachers here expect a certain amount of integrity and responsibility from their students. This includes completing your homework, being punctual in regards to assignments along with coming to class on time, and more. The accountability that came along with this aided me in becoming a better student. I learned to manage my time more efficiently, consequently seeing positive results in my grades and understanding of the material. I know that in college, these characteristics will benefit me in my studies. Self-discipline will be essential to staying on top of the course load, and Saint Anthony's and its faculty ignited these attributes in me.

Furthermore, faculty members balanced enforcing rules among the students, as well as treating us with respect. Teachers made themselves available and approachable in their classes, which has helped me many times in my high school career. Saint Anthony's taught me the valuable lesson of how to advocate for myself. I felt comfortable and encouraged to approach teachers if I did not understand concepts or wanted to become more involved in the classroom. At the same time, teachers knew when and how to keep their students in line. Correcting their behavior was necessary since there is still so much for us to learn and experience in high school. Although I still have a ways to go, I can look back and appreciate how I have matured since entering this school.

I hope to start college in the fall at New York University or Villanova University. Through this transition into college and beyond, I will take the lessons Saint Anthony's High School has ingrained in me, letting them and this one-of-a-kind school leave its mark on my character.



SHAWN MCCABE

At Saint Anthony's High School I have learned many valuable lessons in my life. The teachers and the students are all so friendly and helpful whenever you have a question or need assistance with any of your tasks. Almost every teacher in the building has accepted me with open arms when I either had their

class or came to them with a question. One of the main ways that Saint Anthony's has prepared me for college is by offering me opportunities I thought I would never have. Overall the school has shown me and taught me many things that have made me into the person I am today and prepared me to go to college. In the fall of 2022 I will be attending Wingate University, where I will be playing lacrosse.

One of the best ways they have prepared me was offering the advanced courses I am taking now. These classes have allowed me to graduate with college credits already. In these classes my teachers have shown me many different ways to study over the last four years. In my middle school I only had 250 students in my grade. The jump to 600 students in my grade has definitely shown me a more college-like atmosphere. Also the diversity throughout the school has shown me many different people with many different backgrounds and I have learned to be able to communicate with and understand my peers much more now than I have before. The teachers in the school have taught me different ways to pray and the saints to pray for certain situations. On my sports teams I have learned to be a leader on and off the field and I try to do my best setting a good example for the rest of the team.

The people in Saint Anthony's High School have taught me many things over the last four years. My teachers have prepared me for college by challenging me to go to the next level in their classes, showing me useful ways to study, and teaching me how to pray. My sports teams have shown me how to be a good leader on and off the field. My friends have shown me how to have patience and respect for different types of people. The size and diversity of the school opened my eyes to different people with different backgrounds. Overall, Saint Anthony's High School has prepared me for college and if I attended any other school I don't think I would be as confident going to college as I am coming out of Saint Anthony's.



NOAH PURROW

My decision to attend Saint Anthony's was pretty unusual. No one in my family had ever gone to private school, and I wasn't even Catholic. However, my current public school wasn't particularly challenging or inspiring me. I thought I had potential, and wanted to fulfill it to the best of my ability. I eventually came to the

realization the best way to do this was through Saint Anthony's.

I quickly signed up for all the most challenging classes possible as a freshman at Saint Anthony's. I won't lie, at first it was overwhelming. I didn't feel like I could handle it. All of a sudden, I went from not being challenged at all to being challenged in every conceivable way. I spent several nights of my first quarter at Saint Anthony's questioning if I had made the right decision; if I belonged at the school. However, no matter how much I struggled, every single staff member I spoke to supported me. Everyone told me to stick to all my classes. Even though I wasn't so confident in myself, Saint Anthony's was.

Four years later, I could not imagine how different things would be if I made different choices. While it was no easy task, I committed to every single difficult class I took. Eventually, some things started to click. The ways I was challenged have led me to develop so many invaluable skills, like good study habits, time management skills, and organizational skills. These are the skills that I will take with me to college and use even further in the future. I may have struggled early on in high school, but it was well worth it. Struggling back then will make college and what lies ahead much smoother.

Saint Anthony's is a very college preparatory school. Starting as just a freshman, everyone at Saint Anthony's takes Guidance as a class one semester a year where the primary focus is college preparation. While it almost seems silly to do this as a freshman, the reasons become clear later on when we fly through taking standardized tests and filling out applications. Now that I'm here, about to apply to college, I don't feel like this is some task that has just been thrust upon me in the last several months. I feel like this process is what I've been waiting for; the culmination of the last 4 years of my life, and I couldn't feel more excited or more prepared for what comes next. Two of the schools I am considering are Rochester Polytech Institute or the University of Rochester.



KAITLYN RICCIARDI

In the summer before my freshman year honestly I was a mess. I had gone to public school my whole entire life and had a good group of friends I didn't want to leave. My parents didn't really leave it up to me to choose between my public school and Saint Anthony's.

My dad grew up with his three siblings and they all went to Saint Anthony's and after they graduated they all have the same feelings about the school. All I would hear them say is "Saint Anthony's was the best four years of my life." There were many nights where I sat down with my parents and asked them "How do you guys know this is going to be best for me?" My parents knew that Saint Anthony's would be the best fit for me. Now sitting here as a senior I thank my parents all the time for giving me the best four years of my life.

I will never forget my first day of freshman year. I am a current member of the varsity cheer team and the captain of the varsity badminton team. I have been doing cheer and badminton all four years of high school. My first day of freshman year I got this feeling in my stomach that I have truly never felt before anywhere else. As I walked into the school only knowing my one cousin, I was guided where to go by the sweetest faculty. Personally I think one of the best pieces of advice to give to any incoming freshmen is to get involved. Saint Anthony's provided me with many resources and guidance whenever I needed it. Every staff member always pushes you to do the best of your ability. All of the students and teachers have really made a big impact on my high school experience and preparing me for college throughout all these years. Saint Anthony's gives you the opportunity to not only take regular classes but the opportunity to take honors classes, AP classes and college course level classes to push you to the best of your ability.

Since I was a freshman I have always gotten so stressed out and nervous about the college process. Not only did my guidance counselor help me along my college process but I have had multiple meetings and multiple different staff members all help me with any part of my application that I needed help with. I was always nervous that the major I am interested in might not end up to be the best fit for me. With all of the help of my academic advisors and guidance counselor they have all had meetings with me and have talked to me about how I can switch my major at any time once I enroll in college. Not only all of the faculty and staff but the students at Saint Anthony's have helped me become vulnerable. Anytime I'm walking in the hallway everybody is always so friendly and everybody talks to each other. You rarely ever walk into the cafeteria and ever see somebody sitting alone. All the students and my classmates have all made me feel so welcomed and loved since the start of my high school experience. The bonds and relationships I have made with many students and staff members throughout my experiences will last a lifetime.

Quite honestly, I wouldn't trade my last four years of Saint Anthony's away for anything. Looking back to how I felt before freshman year and how I feel now is crazy. I truly do not think any other school could have ever given me the experiences that Saint Anthony's High School has given me. There are many examples at Saint Anthony's that have helped me prepare for college and my future. Saint Anthony's has helped me grow as a person and allowed me to take advantage of the many opportunities that I wouldn't get at any other school. I genuinely cannot thank everyone in my life who has prepared me for this change by going to private school. "Classmates for four years, Friars forever." I am considering: University of Rhode Island and Sacred Heart University.



HOLLY STRANG

Saint Anthony's High School has been my home for the past four years. I fell in love with the people, the high energy, sense of community, and just about every other aspect of the school. With my years here coming to an end, I find myself fully prepared for what is ahead.

Similar to most freshmen, I went into this school worried where I would fit in or make any impact. It seemed so large and intimidating as a newcomer. The fear quickly diminished when I was encouraged by an older classmate to run for student council. It was from this moment on where I started to understand what this school was about. I was behind the scenes of every event and learned what hard work as a group can achieve. I went on to be a class representative for all of my four years, learning and enjoying all my time spent helping the school and classmates. This school gave me the opportunity and the courage to step up and out of my comfort zone to become a leader. I will now carry this confidence to college and beyond.

After seeing the countless sports and clubs offered, I found myself on the soccer, lacrosse, and tennis team building character and friendships that will last a lifetime. My love for school and athletics grew tremendously during my time here. The classes I have partaken in have also resulted in my academic growth and a yearning for knowledge. I soon realized that my most challenging classes seemed to be my favorite classes, which helped me to feel confident that I will excel in college.

Not only am I prepared academically, I am prepared spiritually. Getting involved in a faithful way of life is simple at Saint Anthony's. Mass is held every morning and teams and clubs often go to Mass after school. The amazing theology classes and teachers have had a great impact on my faith and I will continue to take the thoughtful and wise advice I've been given over the years.

I now know that I will be able to make an impact at the large schools I hope to be attending in the fall, like the University of Michigan and University of Wisconsin - Madison, because I have proven that I can be a leader at one of the biggest high schools on Long Island. With the help of Saint Anthony's, I have proven to myself that I will be able to make an impact and thrive at my future college.



TRINITY WILLIAMS

From the moment that I stepped into Saint Anthony's High School as a freshman I began my transformation into the newfound student that I am preparing to leave as. Throughout my four years here, this school has fostered an environment that has allowed me to be able to grow in multitudes. Upon reflection of my experience,

because of the opportunity of being able to receive an education from Saint Anthony's, I confidently believe that I will be able to not only work at the rigor of college, but to exceed expectations as well. It was through my experience here that I was able to obtain an exponential amount of knowledge and growth in character.

While I was challenged through the course work, the crucial part of the lessons learned in the classroom came in taking the next step to understand the content, outside of the one being presented, from a multitude of complexities and utilize the information obtained in further context to be applied to dealt with in the real world. I became a true student of academia; I gained a greater appreciation and desire to pursue information at any available chance. We were pushed to expand the limits of our mind and the way in which we approach and 'digest' the information around us.

However, the most valuable lesson that Saint Anthony's has helped me to hone is the value of: self-advocacy. I found my voice at school, which is a concept that has proved to be a difficult, ever-evolving process. The school community encourages its students to take the initial step and allow themselves to open up to the multitude of opportunities available to them. As students, it is learned that we must take it upon ourselves in order to further make connections and build relationships from networking. Through this, a sense of independence has grown in me, where I feel comfortable in my ability to navigate through my environment post-high school with what I have learned since then (in the sense of being able to rely on myself in taking action for extending betterment).

Overall, we are motivated to speak up about what we believe in and be the ones to make change, in order to leave a legacy for the students that will be welcomed into the future Friar family and in the world beyond.

Having the foundation in keeping God at the forefront of everything that I do has continued to keep me grounded through anything that I am faced with. Saint Anthony's places this concept in your heart, and over the course of each developing year they continue to 'water' and 'nurture' this as it begins to blossom into a beautiful, ever-present understanding of the presence of God in every aspect of our lives. As we are leaning on the cusp of adulthood into college, we are continually faced with experiences that are often unpredictable and unfamiliar, but with the Saint Anthony's community, all lessons learned in preparation never fail. We leave as students who are not only prepared for college, but for life...and most importantly, as disciples. Find love in all you do.

I hope to attend either Brown University or University of North Carolina-Chapel Hill.



ZACHARY BEACH

Throughout my 4 years at Saint Anthony's High School I've had countless memories, hardships and defining moments that make me proud to be a Friar. When I was 13 years old, I was told there was this prestigious Catholic high school called Saint Anthony's.

I knew nobody there or anyone who went there but I still decided to visit to see if this school lived up to its reputation. I went to an open house and instantly fell in love with this school. I could tell how this place really gives its students and faculties a second home. All of the teachers love their jobs and look to give their students the best education possible, and the students just love being here. I talk to all my public school friends and they all complain how they hate their school so much and how learning is horrible, but you don't hear that at Saint Anthony's. In my opinion Saint Anthony's is such a special place because every student has at least one special moment in their 4 years of schooling. For me, I had 2 major defining moments in Saint Anthony's. One of my defining moments was my first pep rally in Saint Anthony's. The other defining moment was in my sophomore year. I was a sophomore on the Varsity soccer team and we had an amazing underdog season that led to a state championship win.

My first pep rally was a roller coaster of emotions, from excitement to amazement to pride and finally, to get me out of here it's way too hot! But throughout the whole pep rally I was amazed how everybody in the whole gymnasium had the same pride for themselves and for their peers and for their school. This created a spark in me that I cannot describe. It caused a whole-hearted exuberant love for this special place and for the people in it. I cannot describe this feeling and probably never will be, but the best way I can describe it is "home". Saint Anthony's is much more than just a high school, it's a home for 2,348 kids who all love this school so dearly.

My freshman year I got pulled aside by my coach Mr. Corrao, and he told me that I would be playing up a year with the JVA soccer team, and the following year I got moved to the Varsity squad. Playing with the older guys and spending numerous hours with them we were always focused on one goal, winning a state championship for the school, not for ourselves, but for Saint Anthony's High School. I believe this shows how much everyone cares about this beautiful establishment, that we would rather win for our school rather than ourselves. As our season went on and our wins started building up, we finally made it to the state finals after a long and grueling season. Everything was special about the buildup to the game and the game itself. Going to the chapel, riding in the bus, arriving at the field, and watching the game just felt different than anything I've ever felt before. Knowing that this game was going to be the last for seniors that became my mentors and brothers brought the real meaning to me of "Classmates for 4 years, Friars forever". Throughout the game that was the only thing that was on my mind, and the looks on everyone's faces as we hoisted the trophy over our heads I will never forget. And I will never forget that feeling of overwhelming joy and pride as we walked around school for the days that followed, knowing that we won that championship for everyone in our school. As the whistle blew at the end of that game I realized why everybody comes to Saint Anthony's and why everyone who steps inside of this holy school falls in love with it. Family.

In the fall I hope to attend Springfield College, SUNY New Paltz, Ithaca College, or Adelphi University. ✨



SARAH CONCANNON

It was finally my time. As the youngest of three girls I was the last in my family to attend Saint Anthony's High School. When I was younger I would admire my sisters in their black and gold and listen to their stories of challenging classes, meeting new friends, and attending exciting football games. I was eager for it to be my

time to walk through the doors of this amazing place.

I had many of the same experiences as my sisters but I was also able to create my own path. As a senior, I look back and realize that I've had many defining moments here at Saint Anthony's. I can honestly say it has been an amazing journey and that I have had a truly dynamic experience with a variety of life changing moments.

Art is my passion and I have been able to pursue it here. The relationships and experiences that have come out of taking art classes for four years have enhanced my journey. I have been supported by my art teachers to embrace my love for art, and I have been inspired by them to reach new heights that I didn't think were possible. I have learned to express my creativity through different art forms. I was encouraged to take risks and not worry about making mistakes along the way. That has been the most challenging and rewarding aspect of being an artist. I am currently an AP Art student and I plan to pursue my studies in art.

If you don't know what your passion is yet, you will find it at Saint Anthony's. There are a variety of courses, clubs, sports, and other activities which allow students to learn and act on many interests. I play both tennis and lacrosse and my teams are like family to me. I have joined numerous clubs and have been able to branch out and meet new people. One of the clubs that I am most proud of is being on the Kolbe Council. I went out of my comfort zone to interview to be on this council and I now use my creative and spiritual mind to help lead the Sophomore retreats. It is an extremely rewarding experience and I am so proud to be a part of it.

Saint Anthony's has shaped me into the person I am today because of the countless opportunities that were offered to me. The academics at Saint Anthony's have prepared me for college and beyond. I have learned the importance of working hard to achieve success. I plan on continuing my academic and art studies at Fordham University or Providence College. As my journey continues, I know I will flourish because of the morals taught, the skills learned, and the Friar Family that I am so blessed to be a part of forever.

*What was
your defining
moment here at
Saint Anthony's
High School?*



DYLAN COTTER

Everyone has that one experience in their life where they can confidently say "wow that moment changed my life completely."

Whether it be starting a new job, taking a big trip, or even something as small as beginning a new habit, we have all made changes in our lives for the better, despite the circumstances. The

realization of that moment is the most important part of who we are, because when we are truthful and honest with ourselves, we can make changes and take steps forward towards actualizing those moments for good.

The moment that defined the remainder of my Saint Anthony's High School career was tearing my ACL during a soccer game. Although it seems that tearing your ACL should be a negative moment, it was actually one of the most positive experiences I have experienced in my life. Being a student athlete at Saint Anthony's, sports were what I decided to put a lot of pride in and although I was still a good student academically, grades were not my main focus. I truly believed that soccer would carry me from high school to college, and eventually into a professional career without any plans to truly push myself academically. It was not until tearing my ACL where I realized that in order to build a strong foundation for my future, I needed to not only rely on outside circumstances and trust in myself to shift my focus. You never know what can happen in the future and unfortunately, we cannot change what happens to us, but we are in complete control of our reaction. Although my soccer career is far from over, I realized that my academics still needed to be a priority, since I could no longer breeze through high school believing that soccer was my only option for a bright future.

Along with academics, I believe that my attention towards my faith also became a lot stronger over the past year. I wouldn't say that I wasn't in tune with my faith before my ACL tear, but I believe that I had drifted further than ever before my first few years at Saint Anthony's. Sundays went from weekly Mass at 8am, to "it's ok to skip" if I had a soccer game. I was not really questioning my faith or relationship with God when everything in my life was going well for me. I don't necessarily think that God is responsible for bad things happening to good people, but I do believe that maybe God wanted me to tear my ACL to open my eyes to different opportunities in life that are bigger than soccer. My ACL tear made me question my faith. Why would this happen to me, God? Why would you throw a curveball into my life when I thought I had it all planned out? These were only a few thoughts that raced through my head while I was processing my injury. Even though I may have been questioning my faith, I realized that in my weakest moments, God was giving me the strength to move forward, persevere, and never give up, which ultimately made me more self aware of my relationship with God.

Although the "wow moment" that defined my Saint Anthony's career may have been a negative experience at the moment, it led to multiple new opportunities that affected my life in a positive way. I am forever grateful for the hardships that rounded out my life and I am forever thankful to be a Friar. I hope to continue growing my faith, academic ability, and athletic career at Stone Hill or Florida Atlantic University.



ELIZABETH DECLAMA

My defining moment here at Saint Anthony's was the day Brother David had called me down to his office. He announced that he was going to be giving a speech at the 2020 National Honor Society induction ceremony. He wanted to ask for my permission to mention me as a person of honor. As he read the speech, I began to

realize the magnitude of my accomplishments and how much of an impact I have made.

Being a first-generation Haitian child attending a school like Saint Anthony's came with many challenges. It is hard to find other students who share the same views on life, culture, and society. I have always been deeply immersed in my heritage and to no surprise, a lot of other students at Saint Ants are too. However, as a minority, this experience of culture is something that was lacking among our student body as a whole. I wanted to be able to share this experience with my fellow students and create an environment that is aware of the problems our world is facing.

Saint Anthony's has helped me express who I am as an individual and participate in the movement involving other students across our nation and the globe. That May, I had reached out to Brother David to address the issues that we currently face in our world. I, like many other students, felt the tremendous uproar of confidence and conviction. I wanted to be a part of the history that was being made and Saint Anthony's allowed me to do just that.

I created a safe space for those to advocate for the issues they are passionate about. I am someone who believes in fighting for the minority. There are many students at Saint Anthony's who come from different backgrounds and I wanted them to feel as equally represented as the other demographics. There are also many issues in our society that affect us all regardless of who we are.

The Saint Anthony's Student Advocates Association provides students with an outlet to facilitate activism in our community and discuss the issues that are not being discussed. SASAA not only inspires students to educate and vocalize the causes at hand, but it has also incentivized other students to create their organizations and spread their own message.

As I sat across from Brother David listening to the kind words he had to say, I realized that this moment was the epitome of my time here at Saint Anthony's. Knowing that Brother David recognized and appreciated my efforts to incite change and activism in our community gave me the motivation I needed to feel like I have achieved something to be incredibly proud of. If you ask me ten years from now, what I remember most from my high school experience, it would be the memories of the times I spent with my friends in creating SASAA and the administration. I will never forget the legacy I am leaving and all the people who helped me create it.

The top two colleges I wish to attend are California State University Long Beach and the University of Miami.



ALIAS MARTINEZ-FRANZE

Throughout my high school career at Saint Anthony's High School I've had multiple experiences that have changed my life. From constantly excelling in my academics to joining a positive community in track and field, this school has had an immense impact not only on my academic performance but on my life as well.

I've made many decisions in my life but I must admit that one of my best decisions was to attend Saint Anthony's. A defining moment for me at Saint Anthony's was getting accepted into the Hispanic Scholarship Fund's Youth Leadership Institute.

Before attending Saint Anthony's I suffered with imposter syndrome. Constantly feeling as an Afro-Latino I did not belong in any community, often being told I was "too dark to be Hispanic", "too whitewashed", or I "don't act black". These phrases alongside various others, eventually led to me no longer being able to recognize the person I once was. I always felt as though everyone else deserved my accomplishments so much more than I did. Due to the fact that I did not fit the narrative of the stereotypical Latino, nor the stereotypical African American I often believed that I was the odd one out, always feeling different from the rest of my peers.

By attending Saint Anthony's High School I was able to combat my imposter syndrome mindset, allowing me to realize that I do indeed deserve everything I have accomplished and more. By being surrounded by like minded peers who only want the best for the Friar family around them, it allowed me to embrace who I am not only as an individual but my heritage as well. I was astounded when I received my acceptance into the Hispanic Scholarship Fund's Youth Leadership Institute, not only was it an opportunity to embrace my heritage, it was an opportunity for me to redefine who I was as a person. While attending the YLI I was once again surrounded by like minded peers who share the same desire as me to change the narrative placed upon minority communities, and to have our voices heard to encourage others to bring change not only within their communities but to change the world.

This school inspires me to pursue not only my personal passions and be the best I can possibly be but to also encourage my peers of color to stand up against adversity, and no longer accept the narrative placed upon our communities, breaking down the barriers and bringing change to the world one day at a time. I hope that I inspire you to go out and fight against adversity and to know that you can do anything that you set your mind to! My top two choices I hope to be attending in the fall of 2022 are Brown University and University of Southern California.



STEPHEN GARVEY

Saint Anthony's High School has been my home away from home for the past four years. When I first started at Saint Anthony's in September 2018, I remember being nervous about attending a much bigger school than I had ever attended. It seemed like a huge jump from being one of 17 in my 8th Grade class to

one of 600 at Saint Anthony's. I quickly adjusted to Saint Anthony's and soon felt the sense of family that I was looking for.

Saint Anthony's High School has given me many opportunities to both expand on my interests as well as deepen my faith. I am proud to be the President of Friar Faithful, a Senior Class Representative in the Student Council, Co-Captain of the Academic Team, President of the History & Government Club, and a member of the St. Maximilian Kolbe Council. In addition, I am a member of the National Honor Society, the National Social Studies Honor Society, the Gregorian Schola, Mock Trial Club, Model United Nations Club, Italian American Club, Lector Ministry, Franciscan Youth Ministry, Eucharistic Ministry, and the Clare Society. These clubs and organizations have introduced me to some great individuals who today I consider close friends. These clubs have also taught me important leadership skills.

I have been involved in Scouts BSA for the last six years. One of the most important lessons that I have learned is that when you visit a place, you should leave it in better condition than it was when you found it. Last year when I was looking for an idea for my Eagle Scout Project, I was blessed when Brother David suggested that I renovate the kneeler at the Grotto of the Blessed Mother on campus and to build a new walkway leading to the kneeler. After months of planning and fundraising, my fellow scouts and I renovated the kneeler and constructed a new walkway. The project was completed on August 10, 2021. When I look back at this date, this was a defining moment for me. I fulfilled my goal of making Saint Anthony's a better place than I found it. In addition, my time spent working with Brother David has taught me a great deal about being a project manager and a leader.

Saint Anthony's High School has given me the best high school experience that I could have imagined. I don't think that any other high school would have taught me so many important skills in such a positive, purposeful, and confidence-inspiring manner. While I am sad that I will be leaving Saint Anthony's soon, I am optimistic about my future because of what Saint Anthony's has given me - academically, spiritually, and socially.

I want to attend either George Washington University or Boston College.



MAX MCCARTHY

To be honest my entire experience at Saint Anthony's has been a series of defining moments. I have experienced the true culture of Saint Anthony's team spirit through my participation in football and lacrosse. These have surpassed any that I have experienced before. I have been lucky enough to have teachers

that will be fondly remembered well after my graduation. I have formed friendships that were built to last a lifetime. There is such a strong sense of community that can't be explained to someone who hasn't had the opportunity to experience it firsthand. Though it may feel daunting when you're walking through those doors as a freshman for the first time, you quickly realize that Saint Anthony's is a family, not just for the next four years but for life.

From an academic standpoint, Saint Anthony's has helped transform me into the student I am today. I have felt the support of my teachers over the last 4 years and know that they want to see me succeed. They have always been there to help me and have prepared me for the next academic chapter. Even through the challenges of the pandemic and remote learning I never felt the lack of that support. The vast variety of classes Saint Anthony's offers has allowed me to take classes that have not only been extremely thorough and well taught, but have also been very intriguing and fun to learn about.

If I had to pick one moment that stands out beyond all others it would have to be our lacrosse team's win against Chaminade in the championship game in my junior year. The rivalry between our teams goes way back. On top of that many of my childhood friends that I have played alongside since kindergarten were now on the Chaminade team. And for the first time they were my opponents. This made it a moment that I will never forget and all the more sweet for bringing home the trophy. I am beyond grateful for my time at Saint Anthony's and will miss it greatly when I graduate. I will be doing a post grad year before I attend Harvard University in the fall of 2023. Forever and always, Go Friars!



PATRICK QUILTY

Coming from a private middle school with a graduating class of less than 70 kids, I had my reservations about starting my freshman year of high school in a grade with around 600 kids, in a school with 2400+ students. There was a point in time that this school seemed like a vast and intimidating building. However, that sense of

intimidation doesn't last long when surrounded by a community like the Friar community. I quickly found my home in this school, joining multiple clubs such as Support Our Troops and Friar Faithful; as well as getting involved athletically through soccer and track in freshman year. These exposures to the Saint Anthony's community allowed me to find friendships early on in freshman year - friendships that have lasted the entirety of my high school career.

My defining moment here at Saint Anthony's, the catalyzing moment that established this school as a permanent home here, came early on in my freshman year. Running for student council was the best decision I could have made in my freshman year. After winning my election, I spent my freshman year under the guidance and experience of many upperclassmen on student council, which only further made the transition from middle school to high school more bearable. It gave me a family within a family, and gave me friends in grades all across the school. Three years later, it is truly enjoyable to watch those same freshmen enter into the school, and to see myself as the same upperclassmen that helped out freshman me years ago.

Saint Anthony's has long served as my second home, my home away from home. It's a Catholic environment that has nurtured me and allowed me to flourish and grow into the person that I have become today. This school has done so much more than academically educate me; the faculty, faith, and student body here have taught me countless life lessons. The educators here have been some of the wisest people I have ever encountered, and I will surely remember the life advice they have bestowed upon me. I have made friendships at this school that will last a lifetime, and I have been instilled with Franciscan values that will be a permanent part of who I am for the rest of my life. I hope to attend Boston College or George Washington University.





MARISSA ROMANO

I still remember sitting at the dining room table with my mom and dad wondering if Saint Anthony's was the right place for me and if I should accept the opportunity of attending this institution. I remember making this decision feeling worrisome of the outcome that would occur and I can affirm that making that

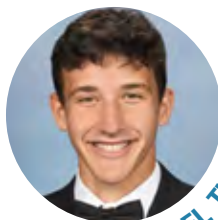
decision was one of the best and smartest choices I ever made. Saint Anthony's has not only become a place of learning academics and the key to success, but it has become a second home. A home that I am comfortable in, challenged in, growing in, and a place that grants love, faith, and care.

Saint Anthony's is an institution that prepares students for the tasks to be faced in college and I can firmly agree that I have experienced just that.

Saint Anthony's has taught me more than just academics. These teachers have taught me about life itself and how to be the greatest person I can be. There have been times in school where I felt like giving up on something and each teacher there, no matter if you had them or not, will be by your side telling you to not give up. Not only will that teacher give you this advice, but they will make sure to push you to your very potential and Saint Anthony's does that for its students every single day. Through the school's many clubs, ministries, and wide variety of course selections, Saint Anthony's grants its students the greatest number of opportunities a high school student can receive.

I believe that there is a time in high school where you face a defining moment that shows you who you are. This defining moment for me was being the secretary for the Student Council Executive Board. Being an advocate on this board has taught me leadership skills, teamwork, to always help those in need, hard-work means success, and to not only speak your voice, but to listen to those around you. Being a part of the student council has granted me new friendships as well as new opportunities. The reason student council is a defining moment for me is because it transformed me into the leader, hard-worker, and helper that I am today. It influences me to become involved with the school's events, clubs, and ministries as well as helping my peers around me and the community. It taught me the value in helping others through making sandwiches for those in need. This influenced me to tutor others in subjects they need assistance in and to become president of a special needs ministry which is all about helping others and making special needs children feel loved. It has transformed me into the person I am today and I couldn't be more grateful for that.

High school is just like a chapter of a book, every chapter has an ending, but it will always lead into the next. However, no matter how good the last chapter was, it is inevitable that you must move on and read the next. High school has been one of the greatest chapters yet. I am sad to say that I have to move on to my next, but I am happy to say that my high school chapter at Saint Anthony's has prepared me to take on my next chapter, college. I hope to attend the institutions of Boston University or Hofstra University in fall of 2022.



MICHAEL TURNER

An 8th grader shadowing at the high school you desperately want to attend is very nerve racking. Walking into Saint Anthony's High School with 2,400 kids was quite a different experience. I had the same exact class from kindergarten to 8th grade, therefore I knew everyone by name and they knew me. That day

I tried to draw as little attention to myself as possible.

I came to Saint Anthony's to be a scholar and an athlete. Impressed by the numerous AP courses and the outstanding STEM program, I jumped right in while balancing football and baseball which continued throughout my high school years. I never expected that I would add another path to my already full road map at the school. Summer entering sophomore year, I received a letter from Brother Robert requesting that I become an altar server. This was definitely something out of my comfort zone. Inclined to say no, but feeling a sense of obligation I accepted. This experience as an altar server gave me confidence to do things that I would not typically get involved in. That year I became an active participant in SALT, Student Council, Campus Ministry and Friar Faithful.

Sophomore year was cut short due to the pandemic. During this time of home schooling with the lack of sports, I immersed myself into community service, taking the good values I learned from my involvement in Campus Ministry, the Brothers, and Saint Anthony's faculty.

Fast forward to the end of my junior year. I had my defining moment as a Friar. I was sitting in the auditorium for National Honor Society inductions, confused why I was invited because I was already a member. I was one of four juniors asked to attend with their families. The presider of the ceremony, Mr. Washington, began to read the description of the last award, The Brother Martin Crosby Award, describing that this was presented to the student who displayed outstanding service, unselfish dedication, and exemplary school spirit. To hear my name announced confirmed what I knew in my heart, that attending Saint Anthony's High School was the right choice. Receiving this award and being recognized for my service made me not only proud, but more importantly made me realize the significance of continuing my Friar beliefs. I can confidently say that I will be paying it forward in the next chapter of my life at college and thereafter by setting the example that the Saint Anthony's community has set for me during my last four years.

In September I plan to attend either Dartmouth, University of Michigan, or Villanova.





Chapel Dedication Opportunities

Our Lady Of The Angels Chapel sits at the physical and spiritual heart of our school and serves as a unique place of worship for students, alumni, faculty, families, and friends who call Saint Anthony's home.

Thanks to the continued generosity of our cherished donors, and the talented craftsmen and artisans who brought this dream to fruition.

To make a gift/pledge to name or memorialize any of the Chapel Naming Opportunities, please contact: Mr. Don Corrao, Director of Development at dcorrao@stanthonyschools.org or call 631.271.2020 ext. 284

CATEGORY	AMOUNT	CATEGORY	AMOUNT
Sanctuary	\$100,000	Assistants' Chairs (2)	\$2,500 ea.
Altar	\$100,000	Credence Table	\$10,000
Blessed Mother Statue	\$50,000	Pews (48 available for dedication)	\$5,000 ea.
St. Joseph Statue	\$50,000	Stations of the Cross (11 available for dedication)	\$5,000 ea.
Mural/Fresco	\$75,000	Chalices (8 available for dedication)	\$2,500 ea.
Stained Glass Window (Front Entrance - Saint Anthony)	\$50,000	Exonarthex Garden Benches (4 available for dedication)	\$5,000 ea.
Tabernacle	\$50,000	Candle Holders for Altar (6)	\$1,500 ea.
Saint Anthony Statue	\$50,000	Benefactors	\$5,000 ea.
Sacristy	\$25,000	Fountain	\$5,000
Organ	\$25,000	Spring Plantings	\$3,500
Bell	\$25,000	Summer Plantings	\$3,500
Ambo (podium)	\$15,000	Fall Plantings	\$3,500
Confessional (2)	\$15,000 ea.	Patrons	\$2,500 ea.
Monstrance	\$25,000	Prespio Figurines	\$2,500 ea.
Processional Cross	\$25,000	Archangels	\$1,000 ea.
Hymnals	\$25,000	Angels	\$500 ea.
Vestments	\$25,000	Bird Bath (Garden)	\$500
Apse Garden	\$15,000	Prayer Bench (Bell Tower)	\$300

The Witch's Princess A Wild Quest of Magic and Adventure

This year the Saint Anthony's High School Theatre Company performed *The Witch's Princess* by Don Zolidas. This zany comedy, based in a fantasy world, provided three straight nights of entertainment and hilarity. *The Witch's Princess* is a comedy in two acts based around a mythical medieval kingdom and a group of misfit monsters along with a princess and her best friend, trying to undo a curse. Saint Anthony's High School was the first time this newly written show has ever been performed by a theatre group. The plot centers around the Kingdom of Artemisia which has never been the same since the evil Bog Witch killed the Queen and cursed the Kingdom. On his daughter's eighteenth birthday King Eldegaarde holds a tournament to both give away his daughter's hand in marriage and task a knight to slay the Bog Witch. The always headstrong Alessandra has other plans. Along with her best friend Gabriella, the princess leads a crew of misunderstood monsters to undo the curse. We learn along the way that all is not what it seems in the Kingdom of Artemisia and in the end a person's (or monster's) character should be judged on who they are, not what they look like or who they are said to be. This year's cast masterfully told the story of *The Witch's Princess* and did a wonderful job of performing a comedy in the style of Mel Brooks or Monty Python. Audiences each night were enthralled by the plot's twists and final conclusion. The students' hard work and attention to detail were evident in all of the zany antics and purposeful mishaps. Audiences were treated to three nights of non-stop laughter and enjoyment.

The cast was made up of eighteen students. It featured all grade levels and showed off the incredible depth of talent that exists in our school's theatre program. This show featured several defining lead roles and also allowed all students involved a large share of the stage. Every member of the cast played a large part in this play and the amount of time and hard

work they put into it was very evident in the superb final product. Seniors Justin Berman (Jeff the Courier), Liam Sproul (Narrator #1), Thomas Desormais (Knight of Blossoms / Oranges), Sara St. Preuve (Vita / Maiden) and Nicholas Rocco (Knight of Hammers / Barry) performed wonderfully in their final fall production. Justin served as the veteran leader having been the only senior in the cast who has performed in a fall play before. Juniors Kailin Donnelly (Princess Alessandra), Alexandra Piteris (Barb), Vasilisa Zhidkova (Jabberwock), Seoyoung Choi (Narrator #2), Lauren Lynch (Queen Selysse / Maiden), Meher Johar (Maiden / Jub-Jub Bird), Natalie Ceonzo (Squire of Oranges / Dane) and Isabella Kaplani (Queen Violetta / Bog Witch) showed off the theatre company's depth of talent beyond just the seniors. Sophomores Olivia Cox (Gabriella), Emma Walsh (Megoosa), Brian Murray (King Eldegaarde), Anthony Favilla (Beowulf / Scrud) and Jasper Lung (Harold / Knight of Feathers) rounded out the cast with strong performances. This talented group of actors and actresses shows that the future is bright in the theatre company. The eighteen cast members had a wonderful run of performances together and provided all those in attendance with three excellent nights of comedy.

Adding to the great success of this production was a talented and dedicated stage crew led by Kaitlyn Schneider. The crew made sure every part of the set was in working order and fine-tuned all of the painting and details. Lighting masters Thomas Lau and Frank Segreto along with sound masters Rose Meschi and Julia Brennan designed an impressive technical show to complement a stunning set built by the rest of the crew. The level of technical expertise and dedication performed by this year's crew was truly incredible.

Bravo to the cast and crew for a wonderful show! ■





Our Very Own Guardian Angel

Lauren Miele Lam '97

Lauren Miele Lam '97 obviously took to heart words she heard often from Brother Joshua "We have eternity to rest!" She is in constant motion as the mother of two young boys – 7 year old Daniel and 4 year old Gabriel. Her husband Jose is a huge help with the boys and keeping up with their schedules. Lauren does all of that and is doing God's work as a Physician's Assistant in the Thoracic Surgery Department at Huntington Hospital. There is little time to rest for Lauren, but she would not have it any other way!

As a student here at Saint Anthony's, Lauren was never one to take it easy! She was in many accelerated classes, was involved in Kolbe Society, Legion of Mary, SALT, athletic teams and theater. Lauren was a regular on her late bus! Like most Friars, Lauren had her disappointments at times. One of her disappointments was she played Junior Varsity Volleyball in freshman and sophomore year only to be cut as a Junior. "At the time, I was devastated, I had worked hard and my closest friends were on the team. I auditioned for Witness for the Prosecution which was the fall theater production in 1995. To my amazement, I was cast in the play! What a great experience! I continued to be in productions for the rest of my time at Saint Anthony's. The lesson learned was when God closes a door, he opens a window and it was a good lesson for me."

Lauren had many influences throughout her time here at Saint Anthony's. Her Junior Varsity Volleyball Coach Denise Creighton and her Theater Co-Director Ann Marie Fabricatore were two people that she spent many, many hours with after school. "Both women were excellent examples of strong and independent women who also knew how to be nurturing and fun."

Lauren explained that all of her teachers and the Brothers were very influential to her as a young person. Here, Lauren said she learned to be a successful student – one who, despite a heavy course load, was able to manage and organize her schedule and still leave time to be involved and have fun.

Upon graduation from Saint Anthony's, Lauren went to Villanova University and worked very diligently to receive her Biology degree. She graduated in 2001 Cum Laude.

Today, a Physician's Assistant at Huntington Hospital is where she's truly meant to be. This was most evident when Brother James McVeigh was a patient and was unable to have regular visitors. Brother James was nearing his end and Lauren was by his bedside, offering him comfort and praying with him. She was a regular presence until the very end and brought much peace to Brother James. All of Brother's friends and family thought of her as an angel by his side. Lauren said, "I truly love taking care of patients. It is very rewarding to help people in their time of need, to offer comfort and care. It has been a couple of challenging years in medicine, but I would not ever consider changing my profession. I could not be happier." Her enthusiasm and compassion are so at the forefront of her daily interactions with patients and their families and she has helped so many within her community.

Lauren encourages our Friars to consider medicine. "I would 100% encourage young adults thinking of going into healthcare to volunteer and research the many different career paths such as physicians, PAs, RNs, NPs and administrators to name a few. For me, medicine has been a very fulfilling career choice." ■

Legal Eagles Friar Alumni Legal Panel Meets NHS



On Wednesday, November 17th, a panel of Friar Alumni legal professionals met with over 400 of our National Honor Society members in our Chorus Room and on a simultaneous webinar. The theme of the night was how Franciscan ideals can, and are, incorporated into the careers of our alumni.

Joining us for the evening were:

Matthew Arpino '10 | Associate Counsel at the Legal Aid Society of Westchester County

David Arpino '04 | Staff Attorney at Suffolk County Legal Aid Society

Don Barclay '10 | Assistant District Attorney, Suffolk County DA

Isa Squicciarini '91 | Assistant Vice President at Allied World

James Squicciarini '95 | Senior Assistant County Attorney,

Rev. Monte Chandler '89 | Owner of the Chandler Law Firm PLLC, and Interim Pastor of Assembly of Prayer Baptist Church

Joe Oliva '86 | Partner at Goldberg Segalla LLP

Elaine Sabino '96 | In-House Counsel, Insurance Broker, Risk Manager

Mary Anne Czak '06 | Associate Attorney at Jackson Lewis P.C.

Paul Malangone '01 | Assistant General Counsel at Sirius XM Radio, Inc.

Joe Ingrao '09 | Counsel, Commercial at Peloton Interactive

Ray Tierney '84 | Suffolk County District Attorney Elect

Our panelists discussed the importance of looking outward and serving those in need. They also offered advice to our NHS members on how to prepare for law school and how to manage the cost of law school. Our students gained much wisdom from our distinguished Alumni.

We are very grateful for all of our Alumni who continue to mentor and guide our current students. As Brother David said in his closing remarks, our panelists have chosen a very noble profession and we thank them for all they do. ■



Friar Night at Sand City Brewery



On Wednesday, November 24th, the Alumni Association hosted a Friar Night at Sand City South Brewery in Lindenhurst. Friar Alumni Kevin Sihler and William Kiernan, owners of Sand City in Northport and Sand City South were our very gracious hosts. The crowd enjoyed sampling various craft beers and eating chicken from a local food truck.

This event is an attempt to bring back the Wednesday before Thanksgiving Ground Round event that took place annually back in the Smithtown Days. We hope that next year all of our Alumni will once again meet the night before Thanksgiving at Sand City South on Thanksgiving Eve. It is a great way to catch up with classmates and friends. ■



Alumni BBQ Bringing Us Together



On October 15th, over 200 of our Alumni gathered in the Padre Pio Room and Courtyard for the Annual Pre-Homecoming Game Alumni Barbeque. The group enjoyed hamburgers, hot dogs, music, face painting and catching up with classmates and former teachers. Thank you to Assistant to Alumni Director Cindy Koyles Merkle '92 for all her hard work in decorating and keeping track of our attendees. Thank you to Ms. Jennifer Roveto '07 and Ms. Allie Roecklien '09 who helped as servers. We are grateful for our Friar Faithful volunteers and their Moderator Ms. Mary Kellaigh Malangone '99 for entertaining our Future Friars with face painting and temporary tattoos! We are also grateful to Mr. Bill Kiernan '98 and Mr. Kevin Sihler '96, owners of Sand City Brewery, who were very generous in their donation of beer for the event.

This was our most successful Pre-Homecoming Game BBQ and we look forward to seeing you all again next year! ■



A Man of History

Christopher Doyle'11



Christopher Doyle graduated from Saint Anthony's High School in June 2011. His freshman year was a little rocky. For some reason, Chris could not get out of his own way. He constantly mixed up his schedule, did not do well academically and was sometimes known to be a bit of a class clown. Luckily for young Christopher he had some good people, including his most influential teacher Brother Vincent Adams, and some very strong parents to get him on the right track!

As an upperclassman, Christopher became a regular Renaissance man with varied interests and talents. He was very involved with the Crew Team, Peanut Butter and Jelly Gang and Tau Fraternity. Chris was also a Eucharistic Minister. Chris states, "The best message I have ever learned in life is capture the heart and the mind will follow. That is a motto we often hear here at Saint Anthony's and one I have really taken to heart."

Christopher has many fond memories of his high school years. One of the most fulfilling and enlightening memories he has is of his involvement in The Franciscan Volunteer Program, an annual February break service trip. Each year 10 students from Saint Anthony's, 10 from Saint Francis Prep in Queens and 10 from Notre Dame (Brother David's former school) in Cape Girardeau, MO come together for the sole purpose of serving the poor. Christopher found this trip to be life-altering—he met many new friends, developed a new sense of what it means to be poor and absolutely loved Cape Girardeau.



MO. Many of Chris' other memories revolve around Christmastime at Saint Anthony's—a time he calls “a magical time”.

After graduation, Chris attended Mount Saint Mary's, Suffolk Community and Saint Joseph's College where he earned his History Education degree in 2015. He stated, "The rigors of Saint Anthony's matched and prepared me for the rigors of college. My English and History teachers taught me well to write clear and cohesive essays which gave me the tools I needed to succeed at the next level." He went on to explain, "The expectation that I am responsible for my own actions was already instilled in me. For some, college is the first time they realize this so I went in ahead of the game."

Today, Christopher teaches at what he calls “the most magical place on Earth”—Saint Anthony’s High School. Here he teaches AP US History and AP Comparative Government. He also moderates The Model UN Club and Stage Crew. As a side job, Chris tends bar at Sand City South. He is thrilled to have maintained a four year relationship with fellow Friar Meghan Mattern and the two enjoy spending time with fellow Friars whenever able!

Asked to offer advice to current Friars, Chris states, "Get involved! I know that is a cliché, but the best relationships made at Saint Anthony's are the ones where you meet people outside the classroom. Try new things! You never know what you like until you try it. Always be open to new ideas and never forget where you came from!" ■

We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquillity, provide for the common Defence, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

Making Spirits Brighter

Brian Facquet '91



Brian Facquet was very familiar with Saint Anthony's because his older sister Elizabeth was a member of the Class of 1985. When Brian arrived here as a freshman, he immediately realized that he was in "an amazing place". Brian was outgoing and was happy to attend a school that fostered a "community of kind people". He jumped into activities - football, lacrosse, Chorus, Student Council and Brian added, "all of the service clubs that Brother Donan made us do!" Brian was very influenced by Brothers Shane, Gary, Joshua, Philip and Vincent. He noted that each of the Brothers did things very differently but that they all had very positive effects on him.

Brother Joshua was a strong influence for Brian because he taught him how to recover from failure. Brian relates, "When I was a Junior I messed up a bit with Student Council. I was elected Secretary, but no one really explained beforehand what the secretary did. I apparently was supposed to be taking notes. Heck, I didn't even do that in class! After a few months of missing or inadequate minutes, Brother Joshua and our President Lloyd Alcera called a vote and I was stripped of my title and made 'Executive Advisor'. Years later I now serve as the President of the NYS Distillers Guild for DISCUS. I am on the partners Council for Third Option Foundation and I also serve on the Board of Sullivan Catskills Tourism. I have told them each the Student Council debacle and asked that they NEVER ask me to serve as Secretary for fear that Brother Joshua will find out and remove me! Brother

Joshua taught me so much about accountability and I am very grateful."

Today, Brian is the Founder and Master Distiller at Do Good Spirits in Roscoe, NY. The business was opened in 2009 and they are the makers of Bootlegger New York craft and Beaverkill New York craft products. Brian explained, "My path to becoming a distiller was not typical. I had no experience in the industry, basic chemistry and no experience in making spirits. I am self-taught. I googled distilled spirits one day, quit my job and started the company. Yes, a little crazy but I believed in myself and so did my very supportive family and friends."

When COVID hit, Brian and many others in the food and beverage industry were hit hard. Brian decided to do good at a great time of need. He said, "Personally, I made a decision that I was going to do whatever I could to help my community. I stopped making spirits and used our entire bank to purchase 5 gallon buckets, pumps, glycerin, ethanol and hydrogen peroxide. Instead of closing, we remained open as an essential business. Our small distillery which typically makes 10,000 gallons of spirits a year made over 70,000 gallons of liquid hand sanitizer in under two months." The staff helped not only to produce, but also to distribute the hand sanitizer to nursing homes, hospitals, food processing plants, schools (Saint Anthony's being one) transportation workers, firehouses, police stations and anyone in need. Brian said, "I am incredibly proud of my staff. They worked

night and day and none of us did it for any other reason than to do what is right and to help our fellow Americans." The team received many recognitions including a mention at The White House with the President.

Helping others and doing what is right is not new to Brian or his staff. For over 10 years they have supported Cookies for Kids with Cancer's annual gala, which helped raise 10 million dollars for pediatric research. They have donated tens of thousands of bottles of hand sanitizer to essential workers and communities in need. Brian personally raises money on a daily basis for the Third Option Foundation in memory of one of his best friends Brian Hoke who served with Brian in the US Navy.

Brian is back to distilling spirits and is very busy with his business. However, he did have some advice for our current Friars. Brian said, "Open your mind and soak it all in. You are in a safe place with your teachers, your friends and a community that cares about you. Don't be afraid to get involved, try new things and be open to learning. The lessons you learn, the countless experiences and the friends you make will shape your future. If you need direction, don't be afraid to ask." Brian then joked, "Unless you are asking directions to the pool on the fourth floor. Do they still sell passes?"

We are all very proud of Brian and his charitable works. Brian is a young businessman who has obviously put the Franciscan ideals he learned here at Saint Anthony's into action. ■

The Tradition Continues...

Powder Puff Football 2021

On December 3rd, our Friars showed their competitive spirit at Powder Puff Football 2021. Junior and Senior girls compete in a tournament style tag football night and our Junior and Senior boys serve as their coaches. The evening began with a friendly dinner of hamburgers, hot dogs, chicken, salads and fries in the cafeteria. The rules of the evening were explained by organizers Mr. Christopher Farrell and Brother Joshua Di Mauro – and then the fun began!

Twenty-eight teams battled it out in the Student Center. Huddles were had, plays were made, touchdowns were achieved. In the end it was Senior 'Team DiBari' who took away the crown! Well done, Friars! ■





Breakfast with Santa

On December 12th, Santa returned to Saint Anthony's High School cafeteria which had been transformed into the North Pole! Our National Honor Society students became Santa's helpers and elves as they assisted our Alumni children in making crafts, creating balloon animals and swords and, of course, relaying their wishes to Santa himself. Our Varsity Cheer Squad and Ms. LoPresti taught the kids a dance routine and it was followed by a dance contest. Buddy the Elf and his assistant put on a wonderful magic show with a live bunny! The day was full of Christmas joy and fun! Thank you so much to Mr. and Mrs. Merkler, Mr. and Mrs. Dugan, our Cheerleaders and our wonderful NHS kids! ■





Alumni News

1986

David Feather '86 of Feather Law Firm, P.C. has been selected to the 2021 New York Metro Super Lawyers List. The selection process for this honor combines peer nominations, peer review and in-house independent research, and only 5% of attorneys are selected as "Super Lawyers". This was the third consecutive year Mr. Feather has been bestowed this honor. Feather Law Firm, P.C. is a Garden City, New York-based boutique law firm focused exclusively in the areas of employment and labor law, as well as commercial litigation.



1997

Lights. Camera. Action. Our very own **Michael Cyril Creighton '97** can be seen in Hulu's *Only Murders in the Building* as Howard Morris. Michael Cyril is also appearing in a recurring role on Showtime's *Dexter*. We'll be watching!



2001

She is here! **Lauren Andriano '01** and Chris Barnett welcomed the arrival of their third child Georgia Cecelia Barnett. Georgia was born on November 23rd at 1:36 a.m., weighing in at 8 lbs., 7 oz.



2002

Friar Alum **Father Bobby Gross '02** was installed as Pastor on September 26, 2021, at Visitation BVM Catholic Church in Norristown, PA. Congratulations, Friar! God bless!



2004

Congratulations to **Shayna Farrell '04 Sawitz** and her husband Robert on the birth of Ava Marie Sawitz born on November 29, 2021, at 4:28 pm in North Shore Hospital, Long Island. Beautiful Ava weighed in at 8lbs., 8oz.



2005

Two Friars **Lauren Fullam '05** and **Frank DeGiglio '05** were joined in holy matrimony on October 2, 2021, at St. Elizabeth's Church. Here's to the bride and groom!

Friar Alum **Angelica Conway '05** and Charles Cossell exchanged their vows on July 3rd at St. Patrick's Church in Huntington. Angelica surprised Charles, a Notre Dame graduate, with bagpipes performed by Friars Anthony Martin and Nicholas Minguillon. Quite a few Friars attended. Pictured: Michael Fede '10, Catherine Ziegler Fede '10, Kristen Fede Silver '08, Gina Baldi '04, Chris Baldi '04, Angelica Conway Cossell '05, Katie Conway Pacinelli '96, Marissa Guercio Morrill '05, Chris Silko '05, Brian Farrell '05. A true Friar wedding!



Congratulations to Friar **Sean Rogan '05** and his wife Dana on the birth of Maeve Jean Rogan. Born November 10, 2021, 8 lbs., 9oz., 20 inches. Mommy and Baby are both very happy and healthy. Daddy is already wrapped around her little finger.



Congratulations to **Joanna Colapietro '05** and her husband Michael Brietman on the birth of Emilia Parker Breitman! Emilia entered this world on October 19 at 6 lbs., 13 oz., and 19.5 inches. Her big sister Evangeline aged 4 and brother Easton aged 2 are thrilled with the new addition to the family!



2006

Friar Alum **Caitlin Napoli '06** was inducted into Fordham University's Athletic Hall of Fame for her remarkable Swimming career! Bravo!



Congratulations to **Lauren Therry '06** and her husband Michael on the birth of Charlotte Grace Furman on, November 4, 2021, at 10:40 am, 5 lbs., 11 oz. and 18 inches long.



2008

Friar **Adrienne Victor '08** and her husband Chris Formisano celebrated the arrival of their new daughter on November 24, 2021, at 12:49 am. Welcome to the world Dorothy-Jeanne (DJ) Victoria! Mom, Dad, Big Brother Victor Carmine, and the entire family are over the moon!



Congratulations to **Meghan Monaghan '08** and Chris Dell on the birth of Charleigh Dell Inola. Charleigh was born October 25, 2021, at 10:01 pm, 7 lbs., 5 oz., 19 inches. Mom, Dad, and pup Kumo were thrilled to welcome her to their family.



2009

Francesca Pickel '09 and **DJ Corrao '07** were married on November 20th! Wishing you many years of happiness!

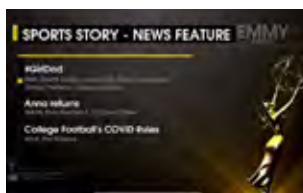
2010

Congratulations to **Frank DeLucia '10** and his wife on the birth of August John DeLucia! Born at 5:18 p.m., November 27, 2021. Weighing in at 7 lbs., 13 oz.



2012

Saint Anthony's Alum **Clayton Collier '12** received an Emmy nomination for his story "Anna Returns" about a young St. Jude patient. Well done, Friar!



Rachel Love '12 is now Project Development Coordinator for Personnel for the New York City Department of Parks and Recreation. Rachel's role will support the Parks Dept. recruitment efforts. Way to go, Friar!



Keep Smiling



Brother James McVeigh, O.S.F. embodied the Franciscan Values that he shared with anyone and everyone he met. He did so with a twinkle in his eye, a smile from ear to ear and with a steadfast conviction to his audience that to Live Lovingly, to Care for Creation, to Proclaim Joy and Hope, and to be a Living Instrument of Peace are the very reasons that God brought us into His world.

Brother James' first love was anything Franciscan followed by a love of Catholic education with a profound and special dedication to Youth, Campus and Young Adult Ministry. With his passing in February 2021, Saint

Anthony's High School decided to honor Brother James in a most appropriate way by naming and dedicating the Retreat & Kolbe Center in loving memory of him.

The existing space has been completely renovated and captures the very essence of Brother James and the joy that he brought to everyone he touched every day of his life. His favorite saying, "Keep Smiling" will be with us forever and we believe that he is smiling down on everyone who enters this new Center that now bears his name.

If you would like to participate in remembering Brother James in a special way, please consider

making a gift to help us reach our goal for the new Brother James McVeigh O.S.F. Retreat & Kolbe Center. Please reference the suggested "Table of Gifts".

Thank you and remember... "Keep Smiling!" ■

If you wish to make a gift in support of the new Brother James McVeigh, O.S.F. Retreat & Kolbe Center please make check payable to: Saint Anthony's High School.

To make a gift online, please visit: <https://saintanthonysdevelopment.org/make-a-gift/> or please call the Development Office at (631) 271-2020 ext. 284



Brother James McVeigh, O.S.F. Retreat & Kolbe Center

Project Goal: **\$150,000**

Total Amount Raised To Date: **\$70,900**

Balance To Be Raised: **\$79,100**

Table of Gifts

Gift/Pledge Level	# of Gifts/Pledges Needed	# of Gifts/Pledges Received
\$25,000	1	1
\$15,000	1	1
\$10,000	2	1
\$5,000	4	1
\$3,000	5	
\$2,500	5	8
\$1,500	10	
\$1,000	10	6
\$500	20	6
Up to \$499	MANY	90



A Conversation with Brother Joseph Bach, O.S.F.



When did you enter the Franciscan Brothers and what was your first assignment?

Brother Joe: I entered the Franciscan Brothers of Brooklyn in 2012 and my first assignment was teaching Theology at Saint Anthony's High School followed by two years teaching at St. Francis Prep.

Q. When did you come to SAHS and what was your role?

Brother Joe: Aside from being a bus driver extraordinaire, I taught Theology (9, 10, 11, and 12), worked with the Kolbe Society and retreats, participated in and coordinated the Franciscan Volunteer Program (FVP) every year, and one of my activities that brought me a lot of energy and

joy was being the Spiritual Advisor (used to be called a moderator) to the Boys' Varsity Soccer Team. I was also fortunate to assist with the Girls' Varsity Lacrosse during the spring. I assisted Br. Joshua and the student council with the soup

kitchen activities and trips to the INN, St. Hugh's, and delivering to St. Ann's in Brentwood. I was also blessed to chaperone Br. Joshua's Italy Trip with the Chorus — a memory for which I will always be grateful. I also became a Certified Article 19-A examiner for the NYS DMV and a NYSED Certified School Bus Driver Instructor so Saint Anthony's could train faculty, staff, and coaches in house for commercial licenses and to maintain state safety standards for student transportation. Basically, I tried to be available outside of the classroom to help whenever I was able.

Q. What did you like about Franciscan Volunteer Program?

Brother Joe: I really enjoyed being with students and staff from the high schools that shared the Charism of the Franciscan Brothers of Brooklyn and seeing the complementarity of the lived Franciscan Charism from three unique schools as the students prayed together, built community, and worked to serve those in need whether on Long Island, in Queens and Manhattan, or in Missouri. It was a wonderful way to spend February break!

Q. What is your favorite meal? Do you have a favorite restaurant?

Brother Joe: I have a lot of favorite meals! My favorite restaurant right now is Barbalu in Brooklyn (Boerum Hill) — it is a great Italian restaurant!

Q. What is your favorite movie?

Brother Joe: The Nun's Story (my former students would know this) Dangerous Minds is a movie that inspired me as teacher in inner city schools and as a teacher in general.

Q. Where did you grow up? How many brothers and sisters do you have and what are their names/what do they do?

Brother Joe: I grew up in Hamilton, Ohio, which is located just north of Cincinnati and just

south of Dayton. I have 2 brothers and 1 sister. Pat is two years older than me and works in Business and also works with our family business. Greg is three years younger than me and currently runs our family business with our dad. Marianne is eight years younger than me and is a marketing director at a large insurance company.

Q. If you could spend one day with any person living or dead who would it be and why?

Brother Joe: St. Francis. I just want to spend the day with him just to watch how he would live the Gospel today, with us, the Franciscan Brothers of Brooklyn.

Q. What is your favorite saying?

Brother Joe: "Let us begin again, for up to now we have done little or nothing." St. Francis of Assisi This quote reminds me that we are never finished doing God's work and that there is always something waiting that needs to be done so that we do not become complacent and think that we are finished just because we may "retire" from a full time ministry in a school or some place. Continuously look for those in need and try to do something to meet those needs. That's the beauty of being Franciscan for me.

Q. Do you have any pets? If not would you want any and if so what? Did you have a favorite pet as a kid?

Brother Joe: Living in a friary, I do not have any pets as it is a challenge to have a pet when you live in community. However, if I could have one, I would have a dog. Growing up we always had a dog. My favorite dog growing up was Sugar (who I also called Azucar-her Spanish name). We got her when I was in 7th grade and she was with my parents for 17 years.

Q. What is your idea of a perfect day?

Brother Joe: My idea of a perfect day is waking up, spending time in quiet prayer, praying morning prayer with my Brothers in community, going to morning mass, and then spending the rest of the day answering emails and phone calls from young men who want to become Franciscan Brothers and going to our high schools and college to promote becoming Franciscan Brothers to our students, then returning to pray with the Brothers, spend time in the community room followed by dinner, and then taking a walk in downtown Brooklyn. This is of course when I am home and not traveling in and out of state to promote our vocation as Franciscan Brothers. After all, we have to get the word out that being a Franciscan Brother is a fun, rewarding, happy life — we have kept it a secret for too long! ■

Life Everlasting



On November 7th, 2021 at 10 a.m., our Alumni came together in The Our Lady of the Angels Chapel to remember our deceased Alumni and family members. Father Michael Plona celebrated the Liturgy and Brother Joshua, with the assistance of Mr. Christopher Farrell, led the Schola. The Mass was a beautiful reminder that none of our Friars will ever be forgotten. Brother David spoke beautiful words about the significance of each person who walks through these hallways.

After Mass, the Alumni and their families, the Brothers and the Faculty members enjoyed a hot breakfast buffet prepared by W&S Food Service. It was a wonderful opportunity for our community to come together. We are grateful to Brothers David, Joshua, Richard and Robert and the Alumni Office Administrative Assistant Cindy Merkler for all their help in making the day a success. ■



As an intensive care unit (ICU) physician at the Cleveland Clinic, and as a new father of four children (our 4th was born in January 2020) the past two years were a complete whirlwind. I could have focused this article on the complications I saw or on stories of the burnout experienced in the hospital but many of you reading this article have seen the horrors of COVID-19 firsthand or have had your own painful history with this disease in some way. Instead, I would like to focus, in my own words, on a few of the positives I saw from the perspective of someone on the front lines.

As a neurologist and as an ICU doctor, I remember studying and researching the initial implications of this disease, especially its neurological complications, and reporting my



In His Own Words

Pravin George '98

findings to my department back in February and March of 2020. My first Zoom lecture, in a conference normally attended by about 20 participants, had over 130 listeners. It was a quick informational session to my medical colleagues on the initial disease features and how to quickly train up to protect yourself and others. It also focused on the neurological population and how to identify some of the neurological features of the disease. I had never seen the whole medical community come together like this, to unify and try to help patients with a single disease that affected so many systems. What began as an informational session grew into larger media segments. I remember discussing management of this disease and the neurological complications with local media, then quickly growing out to provide commentary and medical knowledge to larger outlets like CNN, Fox News and NPR.

Then came April 2020. New York, our home community, was being affected by this disease like no other part of the country. A group of 25 of our intensive care unit and emergency room

physicians and nurses volunteered and came together to help and learn about this disease in any way that we could. That's incidentally how I also happened to meet Steph Colon, another Friar, who was an intensive care unit nurse at Cleveland Clinic. United Airlines donated an entire flight and flight crew to our cause. Though the initial wave ravaged New York City hospitals, we were met by so many healthcare workers from around the country who volunteered their time and their efforts, leaving their families and lives behind to join in the fight against COVID. This gave an opportunity for the doctors and nurses in New York to recuperate and reset a bit. I had not seen a coming together of community, first responders, and healthcare workers like this since 9/11 and it was truly awe inspiring.

While away in New York, my home community just outside of Cleveland, Ohio also moved me. A group of my neighbors, knowing that we just had a newborn, banded together and helped my family with the simple but extremely meaningful tasks of getting some groceries and doing the yardwork while I was away. As Christians, and as Friars, these calls to action may be second nature to many of us, but it really is quite a feeling to be the recipient of these actions on the other end.

Life changed for most of us since the beginning months of 2020. The pandemic brought a new and profound sense of importance to us of family, friends, and community. Perhaps that was the greatest good of this disease; the recognition that even in these trying times, there are people in our community who are there for us, even if they are hiding in the background, and that good people surround us and are looking out for the betterment of society. God Bless. ■



Saint Anthony's Honored Its Heroes... Administration, Faculty, Staff, Coaches at the 2021 Black & Gold Gala



The Gala was a wonderful opportunity to acknowledge and celebrate the dedication and commitment of all the men and women who have worked tirelessly through the pandemic for the betterment of our students. ■



We Are All Still Kids At Heart!

On November 27th, the Friars took over Smithtown Landing Country Club for our annual reunions. This was a different kind of year in that we held the 10 and 11 year reunion, 20 and 21 year reunions and the 25-30 year reunions in an attempt to make up for cancelled reunions from 2020. Although the crowd was smaller than usual, those who attended had a wonderful night catching up with former classmates and meeting Friars they had never known.

Friar Alum Michael Variale '89 and his company East End Production did a fantastic job on lighting, photos and dj'ing. We are very grateful for the kindness he showed the Alumni Association.

Thank you, too, to Brothers David, Joshua, Mark, Richard and Philip who assisted Mrs. Angela Patelli in registering attendees. Next Thanksgiving weekend we hope to be back full force and party like it's 2018! ■







Saint Anthony's Hall of Fame Inductions & Athletic Award's Dinner



Congratulations to the 2021 Saint Anthony's Hall of Fame Inductees who were honored on Tuesday, November 16th at the Crest Hollow Country Club. Thirty-five distinguished alumni were inducted into the Saint Anthony's Hall of Fame for their accomplishments on and off their chosen field(s) of endeavor. Thank you for setting the bar for our current and future generations of Friars to emulate. May God continue to bless you and your families. ■



Inductees

Chris Algieri '02 | Wrestling
 Nick Bedward '99 | Swimming
 Liz Brennan '95 | Track
 Alison Brown Teehan '00 | Softball
 Jim Coleman '75 | Soccer
 Conforti Family | Lacrosse
 Tim Dearie '79 | Cross Country & Track Coach
 Kathleen Feeney Auer '89 | Basketball
 Meaghan Fitzpatrick '03 | Lacrosse
 Jennifer Gibbons Warren '89 | Soccer
 Tom Gilmartin '87 | Football
 Tom Greis '86 | Basketball
 Kerry Johnson Abernethy '89 | Softball
 Kirwan Family | Multi-Sport
 Langtry Family | Lacrosse
 Michael Lombardi '00 | Baseball
 Lucas Magnani '02 | Wrestling
 Charles Millioen '01 | Cross Country & Track
 Kerry Moran (Posthumously) | Cross Country
 & Track Coach
 Paul Moser '00 | Cross Country & Track
 Mark Mullady '75 | Multi-Sport
 John Murphy '76 | Soccer
 Caitlin Napoli Dam '06 | Swimming
 Don Napp '73 | Soccer
 O'Sullivan Family | Soccer
 Tom Pflingst '71 | Basketball
 Danielle Ryan Davi '89 | Soccer
 Ken Scuderi '98 | Hockey
 Kevin Smith | Wrestling Coach



Bright Futures Ahead



Abigail Locascio, Northwestern



Felicity Permenter Davis, Miami University



Alexander Celeiro, St. Thomas Aquinas



Jack Reiser, Adelphi, Lacrosse



Alexandra Moss, Hofstra University



Jack Vallario, Fordham University



Colin Langton, US Military Academy at West Point



Jordan Naso, College of Holy Cross



E LaVecchia, Duquesne University



Kevin Barrett, Boston University



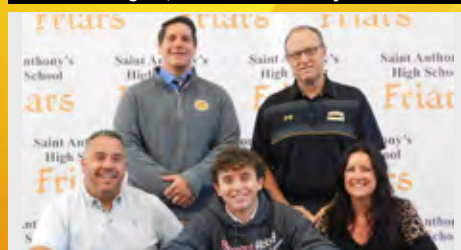
Emily Graham, Bloomsburg University



Marisa D'Angelo, Towson University



Emily Stam, Binghamton



Michael Draizen, Belmont Abbey College



Nick Lourenco, High Point University



Thomas Ricciardi, Sacred Heart University



Nicole Gannascoli



Will Snyder, Fairfield University



Olivia Perez, College of Holy Cross



Emily Riggins, St. John's



Sonoma Adams, Dartmouth College



Kathryn McAteer, Navy



Tanner Scarola, US Military Academy, West Point



Michael Leo, Syracuse



Tayla Djemil, Colgate University



Shawn McCabe, Wingate University



Tess Jablonowski, University of Richmond



Steven Sloma, Assumption College

Our students continue the Friar tradition of success both on and off the field. Pictured are just a few of those student-athletes as they sign with the college or university they will be attending in September. 🍀

• YOU ARE CORDIALLY •
INVITED TO
SAINT ANTHONY'S
ALUMNI
Hall of Fame

★ ★ OUR 2022 HONOREES ★ ★



FRANK MULLADY
CLASS OF '73



SCOTT SOLAR
CLASS OF '73



MRS. MARITIZA ACOSTA
CHAIR OF FOREIGN
LANGUAGE DEPARTMENT



BR. RICHARD CONTINO
CHAIR OF THEOLOGY
DEPARTMENT

MARCH 4, 2022

FLOWERFIELD | SAINT JAMES, NY

7 PM - 11 PM

TICKETS ARE \$125 PER PERSON. TABLES OF 10 AVAILABLE FOR \$1000.

FOR TICKETS, PLEASE CONTACT DENISE CREIGHTON
DCREIGHTON@STANTHONYSHS.ORG 631.271.2020 EXT 310

2020 Championship Teams

Congratulations
to the following
varsity teams on
their championships!
Go Friars! ■



Boys Cross Country League Champions



Girls Soccer State Champions



Girls Cross Country Intersectional Champions

MVPs Fall 2021

Cheerleading	Olivia DelCore
Boys Cross Country	Hunter Wilson
Girls Cross Country	Kiera Udell
Football	Andrew Bardak
Kickline	Gianna Gangemi
Boys Rowing	Nicholas Carrieri
Girls Rowing	Katrina Pellicone
Boys Soccer	Jakob Friedman
Girls Soccer	Emily Riggins, Olivia Perez
Swimming	Mary McKenna
Tennis	Nicolina Giannola
Volleyball	Katherine Powers

Scholar Athletes Fall 2021

Cheerleading	Ava Cleere
Boys Cross Country	Aidan Brancaccio
Girls Cross Country	Lindsay Yakaboski
Football	Michael Voltaggio
Kickline	Ava Bedoya
Boys Rowing	Liam May
Girls Rowing	Olivia Hosie
Boys Soccer	Joseph Cervini
Girls Soccer	Sonoma Adams
Swimming	Arabella Pompay
Tennis	Holly Strang
Volleyball	Kasey Coppola





Commemorate the Past. Celebrate the Present. Inspire the Future.

Support the Saint Anthony's Capital Campaign with a personalized Threshold of Hope Legacy Brick.

Order Form

As part of the Facilities Master Plan, Saint Anthony's is committed to enhancing its campus for our students, their parents, alumni, and for the thousands of people who visit our school. Now you can support the Threshold of Hope Capital Campaign and commemorate your special bond with Saint Anthony's with a personally engraved brick.

Yes, I/we would like to buy a brick and support the Threshold of Hope Campaign for Saint Anthony's High School:

☐ 4 x 8 paver: \$250 ☐ 6 x 9 paver: \$500

☐ The September 11, 2001 Memorial Garden

☐ The Our Lady of Lourdes Grotto ☐ The Pathway of Champions

Name _____
☐ I have enclosed a check payable to Saint Anthony's High School

email _____

Please charge my gift to my: ☐ Visa ☐ Mastercard ☐ American Express

Home address _____

Name on card _____

Card number _____

Expiration date _____ Telephone number _____

To make your gift online, please visit: www.stanthonyshs.org, click on to the Development link or for more information call Mr. Don Corrao, Director of Development at (631) 271-2020 ext. 284.

Inscription: _____

4 x 8 brick can hold three (3) lines of fourteen (14) letters each.

6 x 9 brick can hold five (5) lines of fourteen (14) letters each.

All messages are subject to Saint Anthony's approval.

Example: Joseph Mulligan
Class of 1980

Your message:

cut here

In Memoriam

Margaret Casella, Mother of Michael '19

Terry Cunningham, Mother of Katie Cunningham '00

Ralph DiSilvestre '22

Joseph E. DiSpigno, Father of Father Jerry DiSpigno '74 and Michael '76

Nicole Sellars Gadaleta '00, Wife of Joseph Gadaleta '00

Betty Lehecka, Mother of William '96

Marybeth Leveling, Mother of the McKeever Friars: Jennifer '90, Joanna '92, Marybeth '95 and Brendan '99

Peggy McLaughlin, longtime secretary at Saint Anthony's High School. Mother of Kevin '86 and Colleen (ASJ) and wife of the late Friar Coach Charlie McLaughlin.

Robert McManus, Father of Bob '88, Allyson, Karen '94 and Cathy '96.

Maryellen Sanders, Mother of Nancy '87 and Tim '91

Brother Norman Smercak, O.S.F.

Fred Yack, Father to Fred '87 and Chris '90 and father-in-law to Deirdre '90



“*God alone is my strength*”
—St. Paul

**ENROLL FOR
THE BEST CATHOLIC
FRANCISCAN
EDUCATION
ON LONG ISLAND.**



**APPLY
ONLINE!**



**SAINT ANTHONY'S
HIGH SCHOOL**

FRANCISCAN BROTHERS

Apply directly to
Saint Anthony's using our
Admissions Application
— now available on
our school website!

[**HTTPS://WWW.STANTHONYSHS.ORG/**](https://www.stanthonyshs.org/)
[**APPLYING-TO-SAINT-ANTHONY'S/**](https://www.stanthonyshs.org/)

275 WOLF HILL ROAD SOUTH HUNTINGTON, NY 11747
631.271.2020 | [**WWW.STANTHONYSHS.ORG**](https://www.stanthonyshs.org)



Saint Anthony's High School
275 Wolf Hill Road
South Huntington, NY 11747

NON PROFIT ORGANIZATION
U.S. POSTAGE PAID
HUNTINGTON STATION, NY
PERMIT NO. 80



LONG LIVE LONG ISLAND™

**When we see Long Island, before all else, we see you—
every unique, astounding one of you.**

Because it's your rich and vibrant lives that breathe life into our island. So, at every Catholic Health hospital, practice, and care facility, we're able to provide the highest quality, most innovative care for your body because our culture cherishes your humanity.

For more information, visit LongLiveLongIsland.org

