



Saint Anthony's High School

275 Wolf Hill Road, South Huntington, New York 11747-1394
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14 March 2020

Dear Parents,

During this difficult time, we feel it is imperative that students continue to practice healthy exercise habits. The Physical Education Department will therefore require each student enrolled in a Phys. Ed. class to participate in 30 minutes of exercise daily to maintain a positive mind, body, and spirit.

Students enrolled in Athletics in Society can continue to follow the format assigned on your Course Requirement sheet.

Physical Education students can find their teachers' Google Classroom codes below. Students should join these Google Classrooms by Tuesday morning at 8:00 AM to access their assignment. The assignment will include a Google Form that documents students' daily exercise for the week. All students must submit the Form by 5:00 PM on Friday, March 20th, regardless of when their particular class meets in the academic cycle.

Ms. Conlan's Google Classroom Code: vb4vsp2

Mr. Maratto's Google Classroom Code: z7654lj

Mrs. Mastrodomenico's Google Classroom Code: s3v7hag

Mrs. Schroeder Google Classroom Code: hahaea

Mr. St Aude's Google Classroom Code: a5yp4gi

Any students with illnesses, injuries, etc. that preclude them from participating in this process are asked to email their teacher to inform them of their situation.

Thank you in advance for your cooperation and I wish you all the best,

Sincerely,
Mr. Sal Lagano,
Physical Education Department Chairman