

## **2020 SPRING TRYOUTS**

**ALL ATHLETES MUST REGISTER ON APPRYSE  
BEFORE YOU CAN TRY OUT**

Schedules Friarathletics.org

Please note weather can make tryout times and locations change.  
Athletes should check in with their coaches.

### **BADMINTON (All Grades)**

Thur. March 12th 3-5pm

Fri. March 13th 3-5pm

Mon. March 16th 3-5pm

Tued. March 17th 3-5pm

Tryouts will take place in the Gymnasium

Main Contact Head Coach Roveto at [jroveto@stanthonyschools.org](mailto:jroveto@stanthonyschools.org)

### **BASEBALL**

#### **Varsity and JV**

Saturday March 7th at 7:00 am at the varsity baseball field

Main Contact is Assistant Coach Greg Naccari [gnaccari@stanthonyschools.org](mailto:gnaccari@stanthonyschools.org)

#### **Freshmen**

Sunday at 1:00 pm at the varsity baseball Field

Main JVB Contact is Head Coach Zanni

[azanni@stanthonyschools.org](mailto:azanni@stanthonyschools.org)

### **CREW (All Grades)**

Will begin Monday March 9th at Dowling

Main Contact Head Coach Lewis at [@slewis@stanthonyschools.org](mailto:slewis@stanthonyschools.org)



## **BOYS GOLF**

The Range is Heartland in Deer Park

The Course is Eisenhower Park

### **Tryouts (Jrs/Srs) 3:00pm**

Mon March 16th Range

Wed March 18th Course

Mon March 23rd Course

### **Tryouts (Fresh/Soph) 3:00pm**

Tues March 17th Range

Thurs March 19th Course

Mon March 23rd Course

### **Make Up/Call Back Date**

Tues March 24th Course

Main contact Head Coach Koeplin at [ckoeplin@stanthonyshs.org](mailto:ckoeplin@stanthonyshs.org)

## **GIRLS GOLF (All Grades)**

The Range is Heartland in Deer Park

The Course is Eisenhower Park

Wednesday March 4th at 2:45 in room 114 - Team Meeting

March 12th 3:00 pm - at driving range

March 16th 3:00 pm - at the course

March 17th 3:00 pm - at the course

Main Contact Head Coach Nimmo at [Animmo@stanthonyshs.org](mailto:Animmo@stanthonyshs.org)

## **BOYS LACROSSE**

**Varsity** Saturday 8-11 am backfield

Main Contact Head Coach Weiczorek at [kwieczorek@stanthonyshs.org](mailto:kwieczorek@stanthonyshs.org)

**JVA** Saturday 11-2 pm front field

Sunday JVA boys front 12-2:30pm

Main Contact Head Coach Chanenchuk at [expresschanny@gmail.com](mailto:expresschanny@gmail.com)

**Freshmen** Saturday 11-2 pm backfield

Sunday Freshmen boys 2-4:30 pm backfield

Main Contact Coach Weiczorek at [kwieczorek@stanthonyshs.org](mailto:kwieczorek@stanthonyshs.org)

## **GIRLS LACROSSE\***

All levels Saturday 8-11 am front field

### **TUESDAY Front Field**

Varsity 3:00 pm

JVA & JVB 4:45 pm

### **WEDNESDAY Front Field**

Varsity 4:45 pm

JVA 3:00 pm

JVB 3:00 pm

### **THURSDAY Back Field (2mile run)**

Varsity 3:00 pm

JVA 5:00 pm

JVB 5:00 pm

### **FRIDAY**

Varsity Back Field 3:15pm

JVA & JVB Front Field 3:00 pm

Main Contact Varsity Head Coach Mrs. Koepplin at  
[skoepplin@stanthonyshs.org](mailto:skoepplin@stanthonyshs.org)

## **RUGBY**

Please reach out to Head Coach Brendan Clary at  
[bcleary@stanthonyshs.org](mailto:bcleary@stanthonyshs.org) for more details regarding being on the team.

## **SOFTBALL**

Saturday 3/7 tryouts

**Varsity** Softball 9:15-11:30 am main field

**JV** Softball 11:30-1:30 am

Weather permitting

Main contact Mike Massa at [mmass137@hotmail.com](mailto:mmass137@hotmail.com)

## **BOYS TRACK AND FIELD (All Grades)**

Monday March 9th at 2:50pm in the Student Center in the glass door entrance way.

Please have warmups over your running clothes that will allow you to go outside weather permitted.

Main contact Head Coach Dearie at [tdearie@optonline.net](mailto:tdearie@optonline.net)

### **GIRLS TRACK AND FIELD (All Grades)**

Will meet at 2:50pm down stairs in the Student Center in front of the weight.

Please have warm-ups over your running clothes that will allow you to go outside weather permitted

Main contact Coach St. Aude at [Ostaude@stanthonyshs.org](mailto:Ostaude@stanthonyshs.org)

### **BOYS TENNIS (All Grades)**

Tryouts at Terry Farrell Park

Mon. March 9th 3-5 pm

Tues March 10th 3-5 pm

Wed March 11th 3-5 PM

Main Contact Head Coach Mccalla at [curtistennis@yahoo.com](mailto:curtistennis@yahoo.com)

### **BOYS VOLLEYBALL (All Grades)\***

Saturday march 14th from 1pm to 3pm

Monday march 16th from 3pm to 5pm

wear a white tee shirt with your last name on the back

Main Contact Head Coach Newman at [donvolley@aol.com](mailto:donvolley@aol.com)