

Fall Sports Tryout Information 2019-2020

Sports Information **Meeting August 13th** in the Auditorium at 7:00pm (Parents Only)
(Information will be provided for All Sports, Fall, Winter, & Spring)

Student Athletes who plan on playing a Fall Sport MUST be enrolled on Appryse before they can try out and/or participate. NO EXCEPTIONS

All information regarding the Appryse enrollment or reenrollment process is available on the St. Anthony's website under Athletics

[Click Here For More Information on Appryse](#)

If you previously enrolled on Appryse, you will need to create a new enrollment for the 2019-2020 school year. All previous information entered will be shown.

All athletes **must place themselves** on the appropriate roster for tryouts

Tryout details found under each team tab on Frairathletics.org

CREW BOYS AND GIRLS

Please reach out to Head Coach Shayne Lewis at slewis@stanthonyshs.org for more information.

CHEERLEADING (all grades)

August 19, 20 and 21 from 2:00PM - 5:00PM in the Student Center.
This tryout is for ALL 3 teams and attendance is mandatory!

GIRLS CROSS COUNTRY (no formal tryouts)

Practice will begin August 19th at 7:45am at Sunken Meadow St. Park

BOYS CROSS COUNTRY (no formal tryouts)

Aug 19th at Sunken Meadow 5:30 p.m. at the cross country starting line (main field before back lot)
5:30pm for 8/20-23 and 8/26-8/29

FOOTBALL

August 16th Varsity and JVA 8am meet in the Student Center
August 19th JVB (freshmen) 8-11am. Meet in the Auditorium at 8am.

KICKLINE (all grades) Tryout details found under announcements

Monday, August 19th, 10am -1pm (IN THE FRONT BREEZEWAY)
Tuesday, August 20th, 10am -1 pm (IN THE DANCE ROOM)
UNTIL FINISHED

GIRLS SOCCER on Cy Donnelly Field

August 19th, 20th and 21st
Varsity 12-1:30 pm
JVA, JVB (freshmen) 1:30 -3:00pm

BOYS SOCCER on Cy Donnelly Field

August 19th, 20th, and 21st
JVB/Freshmen 3:30-5:00pm
JVA 5-7:00pm
Varsity 7-8:30pm

GIRLS SWIMMING

All NEW SWIMMERS

Tuesday September 3rd at 6am @ Half Hollow Hills Natatorium

ALL CURRENT Girls Varsity Swimmers

Tuesday August 27th at 6:00am (regular time)

GIRLS TENNIS (all grade)

TUESDAY Aug 20th

5-8pm - All NEW players plus A and B team players report (no AA players)

WEDNESDAY Aug 21st

5-8pm - ALL PLAYERS REPORT

THURSDAY Aug 22nd

5-8pm - ALL PLAYERS REPORT

*At SPORTIME Syosset Tennis and Multi-Sport Club / John McEnroe Tennis Academy,
Long Island

75 Hasket Dr, Syosset, NY 11791

(516) 364-2727

GIRLS VOLLEYBALL (all grades)

August 19th & 20th 9-11:30am

St. Anthony's Gymnasium