

## **St. Anthony's High School Concussion Protocol**

The following concussion protocol was developed in conjunction with the South Huntington School District:

All St. Anthony's Student Athletes competing in contact sports are required to complete a baseline concussion test with ImPACT Applications. St. Anthony's Student Athletes are required to complete the test every two years.

St. Anthony's uses the Concussion Checklist endorsed by the New York State Public High School Athletic Association and complies with the return to play protocol recommended by the NYSPHSAA.

### [NYSPHSAA Concussion Checklist and Return to Play Protocol](#)

Students who are suspected of having a head injury must follow up with a physician for a diagnosis. If the student is diagnosed with a concussion the following procedures take place:

- Submit diagnosis to the St. Anthony's School Nurse
- Concussion Policy is explained to parents. The policy is:
  - Concussion checklist is completed by the nurse
  - Student is given sports and Physical Education Restrictions
  - Academic restrictions as determined by the diagnosing physician
- When physician clears student from concussion
  - Physician evaluation must be complete
  - Return to play protocols must be completed by an Athletic Trainer or Physical Therapist
- All forms Must be submitted to the St. Anthony's Nurse's Office for final approval by the South Huntington School District Chief Medical Officer